

TRAINING REPORT

Winter is here, as it is every year. Consistent yet temperamental. It is a time for tradition and routines, novelty and new beginnings.

As educators, we must stand tall in our knowledge, practice, and lived experiences (a strong pedagogical backbone, if you will) while truly valuing and listening to the children and families in our care. Keeping those sentiments in mind, Child Care Options CCRR is debuting Open Studio Time. We believe that by giving educators concrete experience we can enhance our practice and pedagogical choices. This includes the creative materials and tools we use in our programs. Please see page 5 for details.

Just like how winter looks different across the world, we cannot assume everyone has had the same lived experience with art and its various mediums. It is our hope that, through the professional development and networking opportunities we have scheduled this season, you can find the strength to be strong in the image of yourself as an educator while uplifting your children, families, and community.

We hope to see your faces, virtually or in person, soon. May we share a warm beverage and some cheer!

Sincerely,

The Child Care Options CCRR Training Team Daljit, Ellen, & Tamara



SURREY/WHITE ROCK CHILD CARE PROFESSIONALS NETWORK

Monday, January 13 • 6:30 - 8:30 pm • 2 hours • Cost: FREE • Surrey Saturday, March 8th • 9:00 am – 1:00 pm • 4 hours • Cost: FREE • Surrey

Please join us for fun and informative events. Visit our website for the topics of each session.

Facilitators: Child Care Options CCRR Community Connectors

Please Note:

- Professional development certificates will be issued.
- Light refreshments will be provided.

To register please visit our website childcareoptions.ca

Suitable for early learning and child care professionals who work in Delta, Surrey, or White Rock.

EMERGENCY CHILD CARE FIRST AID COURSE

Saturday, January 18 • 9:00 am – 5:00 pm • 8 hours • Cost: \$105 • Surrey Saturday, February 8 • 9:00 am – 5:00 pm • 8 hours • Cost: \$105 • Delta Saturday, March 1 • 9:00 am – 5:00 pm • 8 hours • Cost: \$105 • Surrey

Facilitator: PulseCheck First Aid Training



To register contact Jennifer Peter 604-786-0093 • pulsecheck.ca/eccfasurrey

Suitable for all early learning and child care professionals.

DELTA CHILD CARE PROFESSIONALS NETWORK

Wednesday, February 12 • 6:30 - 8:30 pm • 2 hours • Cost: FREE • Delta

Join us for a time to connect and engage with others who work in the early care and learning field. These networking opportunities will offer you the chance to make connections and foster relationships with other child care providers who share common interests and goals. Together, we will share ideas, challenges, and questions that foster learning and growth in a safe environment.

Facilitators: Child Care Options CCRR Community Connectors

Please Note:

- Professional development certificates will be issued.
- Light refreshments will be provided.

To register please visit our website childcareoptions.ca

Suitable for early learning and child care professionals who work in Delta, Surrey, or White Rock.

REGISTRATION POLICIES AND PROCEDURES

To reserve a space in a workshop, payment must be received at the time of registration. Post-dated cheques will not be accepted. Payment by debit or credit is available for in-person registration. Accepted methods of credit payment include Visa and MasterCard. Registrations are accepted by telephone and online with payment via credit card.

When you receive your confirmation please verify it with your records.

Please take note of the location of the session you register for.

Please note your workshop dates on your personal calendar as Child Care Options CCRR does not phone participants to remind you of workshops you've registered for.

- · Refunds will not be issued due to technical difficulties with your equipment.
- No monies will be refunded or credits offered once the workshop, course, or community of practice starts.
- If enrolment for any workshop is insufficient, Child Care Options CCRR may cancel or reschedule the class. In the case of cancellation, payment will be reimbursed or credited.

Workshop cancellations:

Requests for workshop cancellations **MUST** be received at least **24 hours prior** to the scheduled workshop date. Cancellation requests received before this deadline will receive a credit voucher to be used towards future workshops at Child Care Options CCRR or a refund. You can also send a substitute in your place. Please call our office to inform of the substitution.

Course and Community of Practice (CoP) cancellations:

Requests for course and CoP cancellations **MUST** be received at least **72 hours prior** to the scheduled course or CoP start date. Cancellation requests received before the 72 hour deadline will receive a cheque for the amount of the course minus a \$25.00 administration fee. Cancellation requests received after this deadline will be issued a credit voucher for the amount of the course minus a \$25.00 administration fee. The credit voucher can be used towards future courses and workshops at Child Care Options CCRR.

Professional Development Certificates

Replacement certificates will be issued for **up to 5 years** of the date of the workshop. Fees may apply.

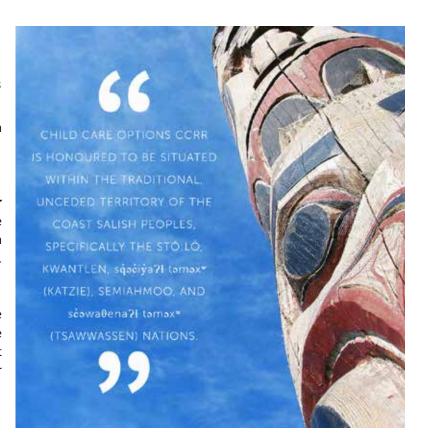
 Certificates are **not** provided for Parent Education Sessions.

In-person training:

Certificates will be issued **on the evening of your workshop.** To receive a training certificate for the full length of the workshop, you must arrive on time, participate, and stay for the entire session.

Online training:

Certificates will be **emailed within a week** from the date of the workshop. If you have not received your certificate please notify our office within two weeks. If we have not heard from you we will assume you have received your certificate and replacement fees will apply.





Illness Precautions For In-Person Training

If you are registered for an in-person training session and you have had diarrhoea, fever, vomiting or any other flu-like symptoms in the last 24 hours before your scheduled workshop, please do not attend.

If you cannot attend a workshop that you are registered for, we offer refunds, Child Care Options CCRR workshop vouchers, and substitutions. Please call our office to inform us who will be taking your spot.

Policies for in-person training

- Workshops start promptly at the time indicated. Late arrivals to a workshop will be admitted at the discretion of the presenter and certificates will be adjusted.
- Late arrivals will not be admitted into first aid courses. You must arrive on time as the class begins right away and there is a large amount of material to cover.
- We are unable to accommodate children during a workshop or course.
- Photographs may be taken during training, either by us or other participants. By registering, you will be giving permission that photos containing your image/likeness may be used.
- Child Care Options CCRR follows current BC public health guidelines for in-person gatherings and events.



Policies for online training

- Online workshops will be held on the Zoom platform. You will need a laptop, computer or smartphone with access to internet, video and audio.
- We highly encourage you to have your camera/video on throughout the workshop.
- Workshops start promptly at the time indicated.
- Participants arriving or logging-in late or leaving early will have their certificates adjusted.
- Photographs may be taken during training, either by us or other participants. By registering, you will be giving permission that photos containing your image/likeness may be used.

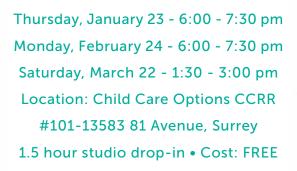




The studio is a creative space where we explore, transform, and investigate materials to help you build a lasting connection with art that inspires children's curiosity.

During these times, you'll be free to experiment with different art forms through open-ended play. We'll discuss ways to enrich early learning environments and inspire children. This space allows you to become comfortable with various materials, empowering you to share them with children for deeper exploration.

Pick a date. stop by, and be ready to be inspired!



This quarter, we'll focus on paint, encouraging everyone to experience its texture and movement on different surfaces. We'll explore techniques like smearing, dabbing, mixing, splattering, and stamping.







POSITIVE BEHAVIOUR MANAGEMENT THROUGH BUILDING POSITIVE RELATIONSHIPS WITH CHILDREN AND CO-WORKERS

Thursday, January 9 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Online

WOW! That is a long title but it's always on our minds!

Whether you are new to the field or feel like you need a refresher, it is always good to look at how others deal with challenging behaviours.

We start by looking at what we believe about children and the people who care for them. We will explore what can cause children to act out in ways that make us uncomfortable. From there, we go on a journey exploring all the aspects of our programs that affect children's behaviour, both positively and negatively, and how we can assist them in growing in their relationships with others and themselves.

Presenter: Cindy Curry

Cindy loves learning and sharing her passion for child-led play. She is energized when she can inspire others along the way. She has dedicated over 35 years to early childhood education and has worked in many types of programs, including group family child care and forest and nature schools.

Currently, Cindy is the director of a rural child care program, instructs at Red River College Polytechnic, facilitates workshops, and advocates for children connecting with nature. In the fall of 2023, she was recognized as an Exchange Leader through the Exchange Leadership Initiative and was published in the summer 2024 edition of Play Outdoors Magazine.





"AANSAAMB AEN KISKAYHTAAMUK" – LEARNING TOGETHER

Saturday, January 11 • 9:00 am – 3:30 pm • 6 hours • Cost: FREE • Delta



In this session, we will provide a brief foundational overview of who the Métis are and why it is important to include Métis content, teachings, and pedagogy in early childhood education. We will introduce the Métis core values related to learning. Through these values, we will address the concept of cultural safety and provide tips on how to create a culturally safe learning environment that supports the well-being of all children. Information on how to use these cultural resources will be provided. This includes a description of the resources and suggested opportunities for learning and investigation. The suggestions offered have been created to align with the B.C. Early Learning Framework. To end our time together and extend the learning beyond this workshop - we will discuss how early learning professionals can collaborate with Métis communities.

Registration opens
December 11
2024

Presenter: Métis Nation British Columbia staff – Coleen Berg & Violeta Savic

Coleen is an Early Childhood Educator and a Childcare Navigator with Métis Nation of BC (MNBC), with 20 years of experience in the Early Learning field. A proud Métis woman and mother to 2 Métis children, Coleen is passionate about sharing her vibrant culture and helping to create culture-rich opportunities for Indigenous children to see themselves in their learning environments.

Violeta is the Child Care Navigation and Support Coordinator for Métis in Fraser Valley and Lower Mainland. She has been working in the Early Childhood Education (ECE) field for nearly 25 years. Her experience working at Métis Nation BC/Ministry of Education has been invaluable in shaping her passion for Indigenous culture and her commitment.

This workshop is offered in partnership with Métis Nation BC.

SENSORY EXPLORERS: CREATE YOUR OWN NATURE BACKPACKS

Wednesday, January 15 • 6:30 – 8:30 pm • 2 hours Cost: \$20.00 • Online

In this workshop, you will learn how to build a science exploration kit (to take with you) to use on your next nature adventure. Wendy will share tried-and-tested sensory activities that young children enjoy. You will come away with the confidence to create simple nature kits (using easily accessible materials) for exploring the forest, park, beach, pond and your own backyard.

Presenter: Wendy Lorch

Wendy has played in nature with young children in a variety of settings including a park, forest and botanical garden where she developed an abundance of nature-based programs and resources. Her passion is helping other educators by sharing ideas for hands-on, experiential learning.

Suitable for all early learning and child care professionals.

TINY CHEFS IN THE KITCHEN: COOKING IN CHILD CARE SETTINGS

Thursday, February 6 • 6:30 – 8:30 pm • 2 hours Cost: \$20.00 • Surrey

Have a class of curious chefs? This workshop looks at cooking with children aged 2-5 in child care settings! We will discuss the benefits of cooking with children, the importance of process over product, risk assessment, conversations on nutrition with children, how to make cooking a child-led experience, and sharing of tips and recipes!

Presenter: Ashleigh Davies

Ashleigh is an early childhood educator with her bachelor's degree in ECCE and has worked with children in a variety of roles over the last decade. She currently is the head co-ordinator of the Burnaby Continuing Education ECE program. Ashleigh presents her workshops throughout Canada, bringing her passion for early childhood care and education into every session.



AFRICAN ORAL STORYTELLING

Monday, February 10 • 6:30 – 8:30 pm • 2 hours Cost: \$20.00 • Surrey

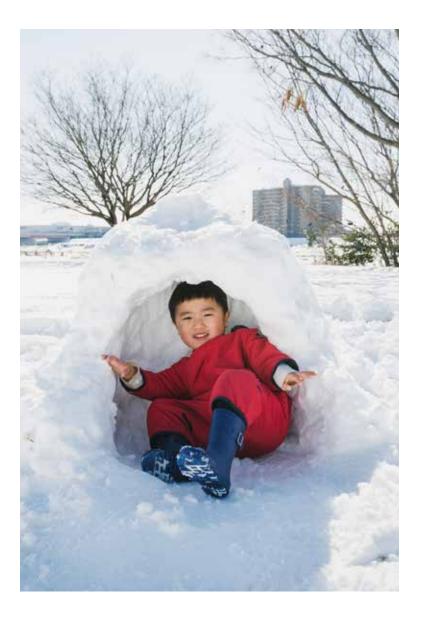
In this workshop, Mekdes will introduce early years professionals to African oral storytelling, emphasizing the power of voice, rhythm, and movement. We'll explore engaging young children through storytelling without visuals by incorporating singing, dancing, and yoga to create a holistic experience that nurtures body and imagination.

Presenter: Mekdes Gete

Mekdes is an early childhood educator and certified Montessori teacher with 26 years of experience in Vancouver and the Lower Mainland. Originally from Ethiopia, she has lived in Canada for 32 years and is married with two daughters. She loves fitness, enjoys activities like hiking and camping, and is a certified fitness instructor and yoga teacher.

Mekdes founded Hibret Cultural School Society to empower Black children and youth by teaching Amharic, traditional cooking, music, and dance, while also supporting educational initiatives in Ethiopia. Her storytelling journey stems from a love for children and a desire to share her heritage. Growing up surrounded by ancestral stories, Mekdes realized their power to connect cultures and foster a sense of shared humanity, helping children appreciate diversity and envision a more inclusive future.

Suitable for all early learning and child care professionals.



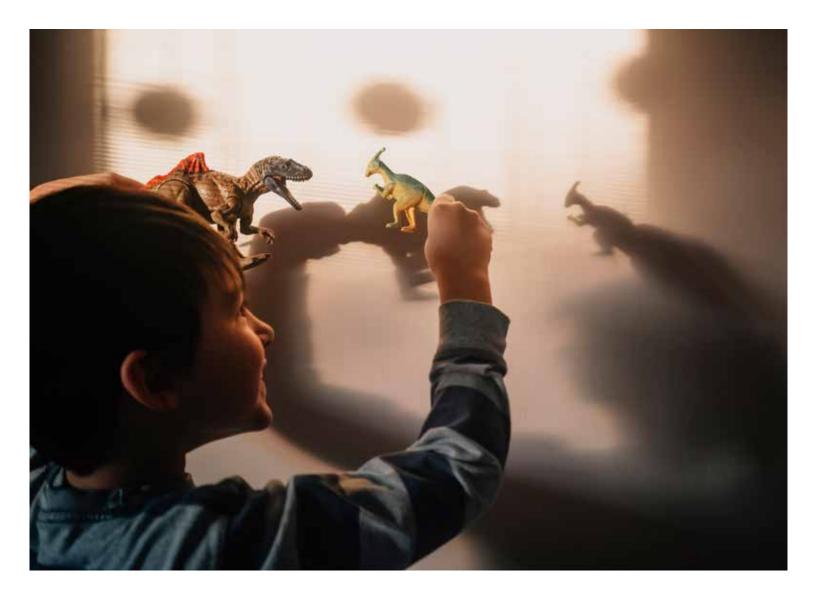
WHAT CONCEPTS LIVE HERE? GOING DEEPER INTO INQUIRY

Thursday, February 20 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Online

This experiential professional development is designed for teachers within emergent or inquiry-based programs: Are you ready to "go deeper" in your inquiries or documentation? That's what Misty loves to do! We'll use documentation from real-life programs to explore how designing for idea-building can help create sustained interest, support deep meaning-making, and grow emergent leadership skills. Expect a practical, hands-on session to empower you and the children you serve, even when budget and time constraints are challenging.

Presenter: Misty Paterson

Misty is a teacher, mentor, parent, international speaker and certified Concept-Based consultant with over 20 years of teaching experience. As the founder of Pop-Up Studio and author of the best-selling Pop-Up Studio book, Misty champions a creative approach to education. She empowers teachers of all kinds to integrate concepts, inquiry and play into multimodal studio spaces at a kitchen table, around a microscope, under a tree, across a classroom desk-- anywhere really! Spanning dozens of countries and thousands of learners, Misty's research and practice support a global movement to 'pop-up' curriculum with hands-on experiences that inspire meaningful, memorable, and merry learning for all. Visit her at: www.popupstudioed.com, on Twitter @PatersonMisty, and Instagram @popupstudioed.



ILLUMINATE PLAY! USING LIGHT AND SHADOW IN PLAY AND STORYTELLING



Saturday, February 22 • 10:00 am – 2:30 pm • 4 hours • Cost: \$40:00 • Surrey

Illuminate Play is an experiential workshop inviting participants to play and explore the spectrum of possibilities for using light in early learning with children from infancy through middle childhood. Participants will engage hands-on with a broad variety of light sources and materials that will spark imagination, collaboration, and creation that will have tangible and practical applications from provocations to illuminating storytelling. This highly participatory workshop pulls from the wisdom in the room through engaging collaborative activities for the co-creation of new learning.

Presenter: Katelyn Moon

Katelyn is an early childhood educator and holds a master's in Leadership with a health focus. Her career has been at the intersection of health, education, and equity and she has over fifteen years of experience working with children, families, and communities. She is a settler of German, Welsh, and Irish descent, and the primary focus in her work and personal life is a commitment to truth and reconciliation, and advancing cultural safety and humility, anti-racism, and anti-oppression. Her educational practice is grounded in experiential and relational learning and a passion for play.

MEDICINE BAG WORKSHOP

Thursday, February 27 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Surrey

Medicine bags hold significant spiritual and cultural importance to Indigenous Peoples. What is inside the medicine bag depends on the person's traditions or beliefs. Medicine bags are often used for spiritual protection, healing, guidance, and connection to ancestors. You can make medicine bags from leather, fur, or fabric. This evening's workshop will be an introduction to the simple process of making a medicine bag.

Presenter: Jenn Carman

Jenn is a member of the Sq'ewá:lxw (Skawahlook) First Nation. She started beading in the Winter of 2022 as she was searching for a way to connect culturally and for something fun to do. She took a workshop locally and learned the Peyote Stitch. Instantly she felt connected to the process. Jenn found beading to be a way to relax after a busy work day. She loves being able to share her work with others.

Jenn's career is in early childhood education. She manages the early years centre at Stó:lő Service Agency in Chilliwack, which she truly enjoys. Beading and presenting workshops have been a great way for her to be creative.

Suitable for all early learning and child care professionals.

AN EVENING WITH RUTH BEARDSLEY: A READING & SCREENING - MY HEART IN KENYA

Monday, March 3 • 6:30 – 8:30 pm • 2 hours Cost: Free • Surrey

Join us as Ruth Beardsley, former CCRR manager and Options Community Services Senior Manager, shares a screening of this remarkable story of family reunification.

Zeynab had to make an impossible choice. While fleeing with her children to Canada from a Kenyan refugee camp, she was forced to leave the youngest, baby Nasteha, behind. Ruth Beardsley heard this harrowing story while working with Zeynab in the Surrey First Steps Early Years Refugee Program. Ruth decided to do something incredible: Travel to Nairobi and return Nasteha to her mother in Canada.

My Heart in Kenya follows Ruth's journey to Kenya as she navigates the seemingly insurmountable barriers that split Zeynab's family apart. The documentary is a rare look at the personal reunification story of a family that has settled in Surrey.





CRAWLING THROUGH CREATIVITY WITH INFANTS & TODDLERS

Wednesday, March 5 • 6:30 – 8:30 pm • 2 hours Cost: \$20.00 • Online

Explore how creativity and art concepts in early learning environments support healthy child development, creative thinking, and kinesthetic learning for infants and toddlers. This workshop will explore the arts not only as literacy reinforcement, but as a support of social-emotional regulation, communication, relationship building, and motor skill development. Build your toolkit with creative project ideas and art-inspiring book examples. This workshop is designed for those working with infants and toddlers.

Presenter: Bookmates Facilitator

Bookmates is a non-profit organization based in Winnipeg with 40 years of experience in supporting early learning educators. Bookmates stays current with emerging research and themes related to healthy child development and uses a literacy lens to share strategies, information, resources, and practical experiences.

Suitable for all early learning and child care professionals who work with Infants and Toddlers.

POSITIVE GUIDANCE

Thursday, March 6 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Online

This workshop will explore ways to guide children's behaviour in a positive way. Educators will learn about self-regulation, reflective behaviour and relationship building. We will also discuss the underlying factors that affect children's emotional health and cause behavioural issues. We will talk about creating a child-centred curriculum and environment to manage these issues. We will also discuss effective conflict resolution.

Presenter: Pooja Kalsi

Pooja has a Master's degree in Early Childhood Education from the State University of New York. She has 26 years of experience in the early childhood field as a teacher, facilitator, supervisor, director, and instructor. Pooja is very passionate about finding ways to promote children's creativity and expression of discovery and make it visible through documentation. She believes in the approach of caring for educators and building powerful ECE teams through resilience. She currently teaches at Langara College in the ECE department. Pooja is a mother of two children and believes that she continues to learn from the world around her.

A HUNDRED WAYS OF STORY TIME: CONNECTING WITH CHILDREN

Wednesday, March 12 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Delta

"We are all storytellers. We all live in a network of stories. There isn't a stronger connection between people than storytelling." - Jimmy Neil Smith

Children make sense of this world through play and stories, exploration, testing their theories and most of all through connections and relationship building. In this interactive and experiential workshop, we will explore ways and secrets of story time that support and embrace our connection with children.

Presenter: Ewa Boss

Ewa has a Master's Degree in Pedagogy of Early Years Education and 25 years in the field as an educator, facilitator, programs and training coordinator, ECE instructor, and practicum facilitator. She believes that learning is an ongoing journey that needs to be walked and shared with others.

Suitable for all early learning and child care professionals.

EXPLORATION OF SOUND, MUSIC, AND MOVEMENT

Saturday, March 15 • 10:00 am – 2:30 pm • 4 hours • Cost: \$40.00 • Surrey



The sense of wonder is one of the most natural and present abilities of all children. The power to explore the world using all senses should always be cherished and fully utilized in child care centres, as the BC Early Learning Framework suggests. Our workshop will engage with the sense of hearing and the power of sound as a learning tool. Sound is a pedagogical material that, even if untouchable, is always present. Children feel, see, and acknowledge sound in a multitude of ways. Through conversation and hands-on provocations, we hope to uncover questions and make discoveries through experiments with sound, music, and movement by applying multiple mediums both conventionally and unconventionally.

Presenters: Dr. Annabella Cant & Violet Jessen

Violet and Dr. Annabella are both professors at Capilano University's School of Education and Childhood Studies. They are both passionate about Early Childhood Care and Education, sharing research, and practices that benefit all educators, children, and families.





TRYING DIFFERENTLY: A POSITIVE APPROACH TO CHALLENGING BEHAVIOURS

Monday, March 17 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Online

Most professional approaches to challenging behaviours do not recognize brain development and the power of relationships. Instead, interventions often target presenting behaviours for change. Trying differently means expanding our range of options and moving from punishing behaviours to understanding them, and changing the environment and our expectations of the children/youth. This workshop is designed to help professionals shift from changing the child's behaviour to reframing perceptions, changing the way they respond to the behaviour through relationship and strength-based strategies.

Presenter: Malgosia Tomanik, M.Ed.

Malgosia, is a Family Consultant who specializes in supporting children from preschool to high school age and their parents/caregivers in a variety of environments, including homes, schools, and child care settings. Malgosia is experienced in addressing concerns associated with the daily challenges of caring for a child/youth who requires support, helping to make sense of difficult behaviour and supporting the big people for each child in finding a way through.

Malgosia also works as a FASD Key Worker with the Fraser Valley Child Development Centre. In her role as a Key Worker, Malgosia provides support to parents/caregivers raising children and youth who are living with FASD and other neurodevelopmental conditions.

HOW DO WE KNOW CHILDREN ARE LEARNING ACADEMIC CONCEPTS THROUGH PLAY?

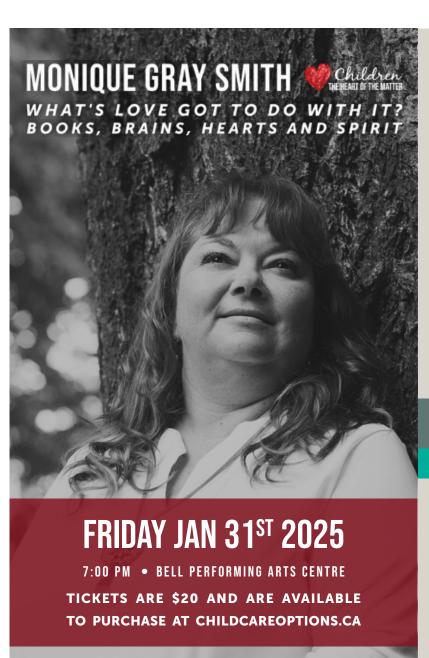
Thursday: March 27 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Online

This workshop identifies common mathematic, scientific, literary and engineering concepts and then explores how educators can recognize this thinking through observing play. There is often emphasis on the desire for children to learn academics, so this workshop highlights how academic concepts are learned through investigative experiences, tying in the importance of play-based programming.

Presenter: Samantha Johnstone

Samantha is a certified Early Childhood Special Needs Educator. She is in her 16th year of practice and has a range of professional experiences, including many years on the floor, private family work, community programs and more. She is a mother of two young children and currently works on the floor in a preschool program and teaches various ECE courses at a Continuing Education Training Institution. Samantha has a passion for the BC Early Learning Framework, loose parts and lifelong learning. She is so happy to share her perspectives through her workshops with all of you!





SURREY OFFICE HOURS

Monday & Thursday: 9:00 am - 8:00 pm

* The Early Childhood Resource Library is open 12:00 - 8:00 pm on Mondays

Tuesday: 9:00 am - 12:00 pm

Wednesday & Friday: 9:00 am - 4:00 pm

Saturday: 9:00 am - 4:00 pm

Office is closed for statutory holidays and long weekends.

DELTA OFFICE HOURS

Monday: CLOSED

Tuesday: 9:00 am - 1:00 pm Wednesday: 12:00 pm - 8:00 pm Thursday & Friday: 9:00 am to 4:00 pm

Saturday: 9:00 am - 1:00 pm

Office is closed statutory holidays and long weekends.

CONTACT US

604.572.8032

CHILDCAREOPTIONS.CA

OFFICE CLOSURES

Holiday Closure
New Year's Day
Children the Heart of
the Matter Conference
Family Day Long Weekend
Child Care Options
CCRR Team Planning Day

December 23 - 28, 2024 January 1, 2025 January 31 & February 1, 2025 February 15 & 17, 2025

March 4, 2025

