

CHILD CARE
options
PROFESSIONAL
DEVELOPMENT
CALENDAR
FALL 2024

TRAINING REPORT

Fall reminds us to celebrate endings. You cannot observe new beginnings or relish change without them. For some, we observe the end of the summer holidays. For others, it is an end to a group dynamic as you welcome new children to your program while others move on to new programs or schools.

The theme of transformation followed this season at Child Care Options CCRR as we said goodbye to summer and hello to fall. While we greet the new season we invite you to give a resounding "Hello, nice to meet you!" to our newest addition to the training team, Ellen. We so look forward to the connection you all will create and share.

Fall reminds us, we are all part of nature. Modern life creates the illusion we are separate beings when in reality we're inherently interconnected. Like nature, we too go through cycles or to reference child growth and development - age, phase, and stage. We are excited to welcome Daljit, a long-time Child Care Options CCRR staff member to the training team. Join us in embracing this new cycle or age, phase, and stage with Daljit.

At times, we can become swept up in the frenzy of activity in the warmer months. Fall invites us to approach our time and practice differently. Through our upcoming networking sessions, community of practices, and stand-alone or multi-part workshops - we invite you to tap into your current and future potential. Even with shorter days, through quality professional development, we can observe subtle or major changes in ourselves. Just like the changing leaves.

We look forward to all your continued engagement, and feedback through participation, written evaluations, emails, or verbal comments.

Sincerely,

The Child Care Options CCRR Training Team
Daljit, Ellen, & Tamara



SURREY/WHITE ROCK CHILD CARE PROFESSIONALS NETWORK

Saturday, November 16 • 9:00 - 1:00 pm • 4 hours • Cost: FREE • Surrey

Please join us for fun and informative events. Visit our website for the topics of each session.

Facilitators: Child Care Options CCRR Community Connectors

Please Note:

- Professional development certificates will be issued.
- Light refreshments will be provided.

To register please visit our website childcareoptions.ca

Suitable for early learning and child care professionals who work in Delta, Surrey, or White Rock.

EMERGENCY CHILD CARE FIRST AID COURSE

Saturday, September 7 • 8:00 am – 5:00 pm • 8 hours • Cost: \$105 • Surrey-

Saturday, November 23 • 8:00 am – 5:00 pm • 8 hours • Cost: \$105 • Surrey

Facilitator: PulseCheck First Aid Training



To register contact Jennifer Peter

604-786-0093 • pulsecheck.ca/eccfasurrey

Suitable for all early learning and child care professionals.

DELTA CHILD CARE PROFESSIONALS NETWORK

Wednesday, October 2 • 6:30 - 8:30 pm • 2 hours • Cost: FREE • Delta

Wednesday, December 4 • 6:30 - 8:30 pm • 2 hours • Cost: FREE • Delta

Join us for a time to connect and engage with others who work in the early care and learning field. These networking opportunities will offer you the chance to make connections and foster relationships with other child care providers who share common interests and goals. Together, we will share ideas, challenges, and questions that foster learning and growth in a safe environment.

Facilitators: Child Care Options CCRR Community Connectors

Please Note:

- Professional development certificates will be issued.
- Light refreshments will be provided.

To register please visit our website childcareoptions.ca

Suitable for early learning and child care professionals who work in Delta, Surrey, or White Rock.

REGISTRATION POLICIES AND PROCEDURES

To reserve a space in a workshop, payment must be received at the time of registration. Post-dated cheques will not be accepted. Payment by debit or credit is available for in-person registration. Accepted methods of credit payment include Visa and MasterCard. Registrations are accepted by telephone and online with payment via credit card.

When you receive your confirmation please verify it with your records.

Please take note of the location of the session you register for.

Please note your workshop dates on your personal calendar as Child Care Options CCRR does not phone participants to remind you of workshops you've registered for.

- **Refunds will not be issued due to technical difficulties with your equipment.**
- **No monies will be refunded or credits offered once the workshop, course, or community of practice starts.**
- **If enrolment for any workshop is insufficient, Child Care Options CCRR may cancel or reschedule the class. In the case of cancellation, payment will be reimbursed or credited.**

Workshop cancellations:

Requests for workshop cancellations **MUST** be received at least **24 hours prior** to the scheduled workshop date. Cancellation requests received before this deadline will receive a credit voucher to be used towards future workshops at Child Care Options CCRR. No refunds will be issued, however you can send a substitute in your place. Please call our office to inform of the substitution.

Course and Community of Practice (CoP) cancellations:

Requests for course and CoP cancellations **MUST** be received at least **72 hours prior** to the scheduled course or CoP start date. Cancellation requests received before the 72 hour deadline will receive a cheque for the amount of the course minus a \$25.00 administration fee. Cancellation requests received after this deadline will be issued a credit voucher for the amount of the course minus a \$25.00 administration fee. The credit voucher can be used towards future courses and workshops at Child Care Options CCRR.

Professional Development Certificates

Replacement certificates will be issued for **up to 5 years** of the date of the workshop. Fees may apply.

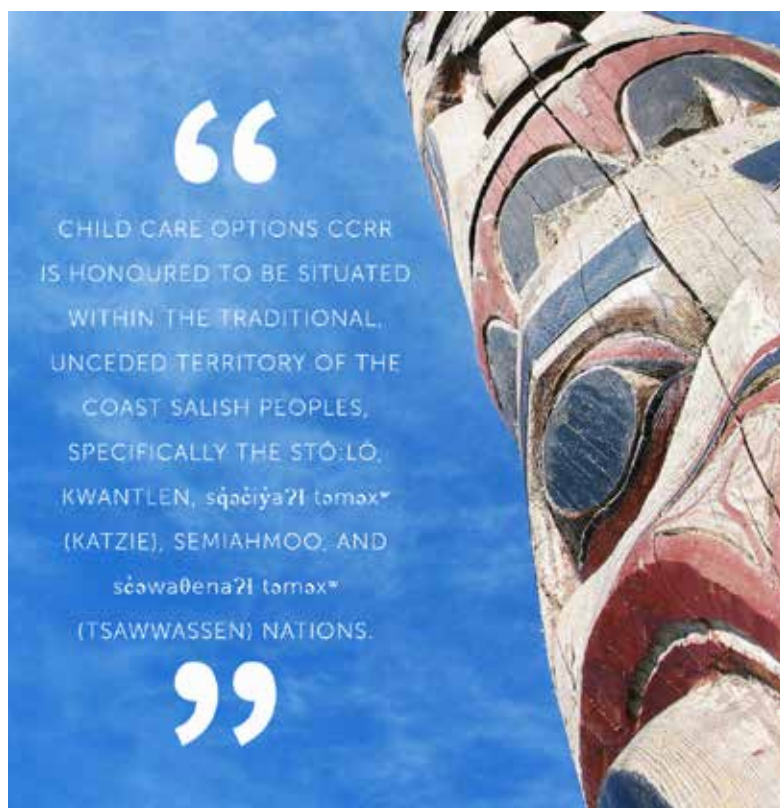
- For replacement certificates for the Good Beginnings and 20 Hour Responsible Adult courses please contact BCFCCA at: office@bcfccca.ca
- Certificates are **not** provided for Parent Education Sessions.

In-person training:

Certificates will be issued **on the evening of your workshop**. To receive a training certificate for the full length of the workshop, you must arrive on time, participate, and stay for the entire session.

Online training:

Certificates will be **emailed within a week** from the date of the workshop. If you have not received your certificate please notify our office within two weeks. If we have not heard from you we will assume you have received your certificate and replacement fees will apply.





Not feeling well?

COVID-19 Precautions For In-Person Training

If you are registered for an in-person training session and you have flu-like or COVID-19 symptoms, please do not attend the workshop as you will not be admitted into the building.

Click on this link to do a symptoms self-check beforehand:

bccdc.ca/health-info/diseases-conditions/covid-19/about-covid-19/symptoms

If you cannot attend a workshop that you are registered for, we do not offer refunds but you can send a substitute in your place. Please call our office to inform of the substitution.

Policies for in-person training

- Workshops start promptly at the time indicated. Late arrivals to a workshop will be admitted at the discretion of the presenter and certificates will be adjusted.
- Late arrivals will not be admitted into first aid courses. You must arrive on time as the class begins right away and there is a large amount of material to cover.
- We are unable to accommodate children during a workshop or course.
- Photographs may be taken during training, either by us or other participants. By registering, you will be giving permission that photos containing your image/likeness may be used.
- Child Care Options CCRR follows current BC public health guidelines for in-person gatherings and events.

Workshop Locations for Child Care Options CCRR Training



SURREY

Child Care Options CCRR
#101-13583 81 Avenue

DELTA

Delta Manor Education Centre
4750 57 Street

ONLINE

Workshops hosted via
the Zoom platform.

Policies for online training

- Online workshops will be held on the Zoom platform. You will need a laptop, computer or smartphone with access to internet, video and audio.
- We highly encourage you to have your camera/video on throughout the workshop.
- Workshops start promptly at the time indicated.
- Participants arriving or logging-in late or leaving early will have their certificates adjusted.
- Photographs may be taken during training, either by us or other participants. By registering, you will be giving permission that photos containing your image/likeness may be used.

EMPOWERING CHILDREN: NURTURING CONSENT, RESPECT, AND AUTONOMY

Thursday, September 12 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Online

In this workshop, participants will have the opportunity to reflect on and better understand their own feelings about children and consent. We will investigate how stories, songs, movies, and other forms of media influence our views about consent in children and how these influences affect children's views of consent. Participants will learn ways in which they can teach children about consent and respect.

Presenter: Karen Le Sage

Karen has 30 years of experience working with children from birth to nineteen years of age in child care and community settings. She is passionate about creating spaces where all people are welcome. She uses yoga, mindfulness and gratitude practices as a platform to help people connect with themselves and others and find their place in the world.

Karen is a licensed Early Childhood Educator, Infant/Toddler Educator and Special Needs Educator, a certified Community Resiliency Model® Teacher, a registered 200-hour Yoga Teacher, a 95-hour Children's Yoga Teacher and a certified Prenatal Yoga Teacher.

This workshop is offered in collaboration with Delta Child Care Options CCRR.

Suitable for all early learning and child care professionals.

COACHING LEADERS: COMMUNICATION AND LEGISLATION

Wednesday, September 18 • 6:30 – 8:30 pm • 2 hours • Cost: Free • Delta

Coaching Leaders aims to empower early childhood program leaders to gain confidence in their skill sets, improving the quality of their programs, and supporting positive relationships with families and staff. This workshop has been created and delivered by Licensing Officers.

This workshop will cover two modules taken from the program:

- Communication: The benefits of clear communication and how it supports compliance.
- Active Supervision: Legislation: Why we have it and how to find sections.

Presenter(s): Licensing Officers

Suitable for all early learning and child care professionals who live or work in Delta, Surrey, or White Rock.

Registration
opens
August 6

PLAYFUL MATHEMATICS IN THE EARLY YEARS: INVESTIGATING CONCEPTS THROUGH LOOSE PARTS

Thursday, September 19 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Surrey

During this session, we will discuss early mathematics concepts such as numbers, patterning, measurement and spatial reasoning and the ways these concepts can be developed using loose parts with added math materials, tools, and items from daily life. Participants will have the opportunity to design playful mathematics experiences to share with the children they learn alongside.

Presenter: Janice Novakowski

Janice is a district teacher consultant in the Richmond School District, learning alongside K-12 teachers and students. She has taught in preschool, kindergarten and primary classrooms. Janice is also an adjunct professor at UBC where she teaches mathematics education courses. Janice facilitates the BC Reggio-Inspired Mathematics Projects and is a member of the BC Numeracy Network and the Indigenous Mathematics Network.

Suitable for all early learning and child care professionals.



HARMONIOUS CLASSROOMS: FOSTERING CONNECTION, COLLABORATION AND PEACE



Saturday, September 21 • 10:00 am – 2:30 pm • 4 hours • Cost: \$40.00 • Surrey

Imagine a classroom where every child feels emotionally supported, where collaborative spirit flourishes, and where every interaction is imbued with empathy and understanding. Envision a teaching team that operates seamlessly, bound by mutual respect and shared goals. Picture a school community where families are not just participants, but partners in a respectful, engaging dialogue about their children's education. This is the vision of "Harmonious Classrooms," a workshop designed to turn these ideals into tangible outcomes through the power of Social-Emotional Learning (SEL) and effective communication.

In this 4-hour workshop, you'll embark on a journey to:

- Foster emotional regulation and collaboration among children: Learn SEL strategies that help children recognize and manage their emotions, leading to improved self-regulation and increased empathy towards others. Discover activities that encourage teamwork, sharing, and a sense of community within the classroom.
- Enhance team dynamics and teacher collaboration: Acquire communication skills crucial for building a cohesive educational team. Explore techniques for giving and receiving feedback, resolving conflicts constructively, and collaborating on shared objectives to create a supportive and productive teaching environment.
- Strengthen family-school partnerships: Master the art of engaging families through respectful, open communication. Learn how to effectively share children's progress, address concerns collaboratively, and invite parental involvement, thereby extending the learning ecosystem beyond the classroom walls.

Presenter: Monica Chan

Monica is a dedicated professional with a rich background in early years education and developmental psychology. With over five years of experience in hosting workshops and seminars throughout British Columbia, she has established herself as a passionate advocate for the development of young children and the empowerment of those who care for them. Monica's approach combines diverse research with practical strategies to support Early Childhood Educators and families in nurturing the potential of every child. Her commitment to fostering understanding and patience among caregivers and educators reflects her belief in the importance of building strong, supportive communities for our youngest learners.

Suitable for all early learning and child care professionals.

FOSTERING INCLUSIVITY THROUGH CULTURAL UNDERSTANDING

Monday, September 23 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Online

In this workshop, Cathy will provide early childhood educators with tools to challenge stereotypes and biases through accurate and positive representations of Indigenous cultures and peoples.

Presenter: Cathy Balatti

Cathy is an Indigenous early learning professional passionate about collaborating with fellow professionals in critical reflection to improve their practice and outcomes for the children in their care. She is completing her Bachelor of Child and Youth Care, deepening her understanding and expertise.

Suitable for all early learning and child care professionals.

A HUNDRED WAYS OF STORY TIME: CONNECTING WITH CHILDREN

Wednesday, September 25 • 6:30 – 8:30 pm • 2 hours • Cost: \$10.00 • Delta

"We are all storytellers. We all live in a network of stories. There isn't a stronger connection between people than storytelling."
- Jimmy Neil Smith

Children make sense of this world through play and stories, exploration, testing their theories and most of all through connections and relationship building. In this interactive and experiential workshop, we will explore ways and secrets of story time that support and embrace our connection with children.

Presenter: Ewa Boss

Ewa has a Master's Degree in Pedagogy of Early Years Education and 25 years in the field as an educator, facilitator, programs and training coordinator, ECE instructor, and practicum facilitator. She believes that learning is an ongoing journey that needs to be walked and shared with others.

Suitable for all early learning and child care professionals.





COMMUNITY OF PRACTICE - EXPLORING THE JOY AND WONDER OF PROCESS-BASED ART

7 Thursday evenings: September 26, October 24, November 14, December 12, January 16, February 13 & March 13
6:30 - 9:00 pm • 7 sessions total • 17.5 hrs • Cost: \$40.00 (includes a light meal at each session, art materials and supplies, and 17.5 hours of professional development) • Surrey

"Art is a place for children [and educators] to learn to trust their ideas, themselves, and to explore what is possible."
– MaryAnn F. Kohl

This Community of Practice will be a place to nurture our curiosity, explore our imaginations and to learn to trust our ideas. Through hands-on experiences with a variety of art media and a selection of children's books, we will explore how we, together with the children in our practice, can be artists!

We will not only experience hands-on practical ideas that you can share with the children in your care, but also, having attended all sessions, you will be gifted with the art materials and tools to do so.

Presenters: Child Care Options CCRR Staff, Daljit Dial & Ewa Boss

Suitable for all early learning and child care professionals.

CREATING COMMUNITY WITH YOUR FAMILIES

Saturday, October 5 • 10:00 am – 12:00 pm • 2 hours • Cost: \$20.00 • Online

The goal of this workshop is for care providers to learn and understand that parents and families of the children in their care are important members of their communities. Therefore, it is essential that they feel welcome and honoured in the programs that their children attend. Attendees will learn different ways in which they can ensure their program and program culture reflects this.

Presenter: Kayla Papalia

Kayla is an early childhood educator who has been working in the field for over 10 years. Her passions lie in advocacy; with her good friend and former co-educator, the two started the ECE, Honestly Podcast as a way to bring a voice to the subjects that may not be as openly discussed in the world of ECE. Sometimes that means talking about what is not great about the field, as well as using the podcast and social media account as a platform to help elevate the voices of those educators who feel they are not being heard. Kayla is also the owner of an in-home multi-age child care centre. She was able to take advantage of her privilege and leave working in group child care. She began working for herself while still having the ability to work directly with children and families.

Suitable for all early learning and child care professionals.

EMBRACING THE ORDINARY: UNDERSTANDING AND CREATING PEDAGOGICAL NARRATIONS

Thursday, October 7 • 6:30 – 8:30 pm

2 hours • Cost: 20:00 • Online

Do you feel like you're always running out of time and unsure how to put together a pedagogical narration (PN)? In this workshop participants will look at different ways to present and utilize PN's within the 0-5 setting. We'll address common concerns around how to fit pedagogical narrations into your class schedule and in easy-to-understand methods! The goal of this workshop is that educators will leave feeling more confident in their understanding of the creation and purpose of pedagogical narrations and how they can be used within the classroom setting.

Presenter: Ashleigh Davies

Ashleigh is an early childhood educator with her bachelors in ECCE and has worked with children in a variety of roles over the last decade. Ashleigh has worked as a post-secondary instructor, leading ECE post-basic courses, and currently is North Shore Community Resources CCRR assistant manager and municipal consultant. Ashleigh presents her workshops throughout Canada, bringing her passion for ECE into every session.

Suitable for all early learning and child care professionals.



COACHING LEADERS: REPORTABLE INCIDENTS AND COMPLAINTS

Thursday, October 10 • 6:30 – 8:30 pm • 2 hours • Cost: Free • Surrey

Coaching Leaders aims to empower early childhood program leaders to gain confidence in their skill sets, improving the quality of their programs, and supporting positive relationships with families and staff. This workshop has been created and delivered by Licensing Officers.

This workshop will cover two modules taken from the program:

- Reportable Incidents: Why and how we report and their importance.
- Complaints: How to take a leadership role in responding to all complaints.

Presenter(s): Madhu Gill and Angie Uy, Licensing Officers

Registration
opens
September 5

Suitable for all early learning and child care professionals who live or work in Delta, Surrey, or White Rock.

SHOULD I BE CONCERNED?

Thursday, October 17 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Online

Are you noticing that some of your children are doing things a bit differently? Are they in motion all the time, wriggling about in circle time, playing differently than other children? Are you seeing traits that you think may be attributed to ADHD or Autism? All children's behaviour depends on how safe they feel in themselves, their environment and in their relationship with a caring adult. Let's talk about what you might be seeing and why.

Presenter: Pam Collins

Pam is a late-identified neurodivergent parent to two amazing multiple neurodivergent adult sons. She provides Neurodiverse-Affirming parent coaching, consulting and education services to families and community partners and has been supporting families for over 25 years. She is also a volunteer with the Alliance Against Seclusion and Restraint.

Suitable for all early learning and child care professionals.

PRECIPITATION EDUCATION: TIPS AND STRATEGIES FOR EMBRACING THE RAIN WITH CHILDREN

2 Mondays, October 21 & 28 • 6:30 – 8:30 pm • 4 hours • Cost: \$40.00 • Online

Want to feel more excited about learning and playing outside during the rainy months? Join us for a lighthearted and practical conversation about the opportunities, challenges, and logistics of programming in wet, cold, and soggy situations. We'll talk about how to shift mindsets about the rain, how to dress to stay warm and dry, play invitations involving puddles, potential inquiry studies that may emerge when being in the rain, and more.

Presenter: Karen Begley

Karen supports and empowers educators to feel fantastic about the work they are already doing by making connections between their underlying values, everyday programming, and pedagogical theory. Her playful style makes for interactive workshops that generate new ideas and increase participants' confidence and competency to bring practical and enriching experiences to the children in their care. To learn more about Karen, her work, and her thoughts on childhood, learning, and care, join her monthly newsletter list at www.natureplaystudios.com.

This workshop is offered in collaboration with Delta Child Care Options CCRR.

Suitable for all early learning and child care professionals.

CHALLENGING BEHAVIOUR OR BEHAVIOURS THAT CHALLENGE US?

Saturday, October 26 • 10:00 am – 2:30 pm • 4 hours • Cost: \$40.00 • Surrey

1/2 HOUR BREAK, BRING LUNCH

All behaviour is an attempt to connect, and a way towards regulation. However, regulation is not an act that needs to be taught rather a process that needs to be facilitated through the means of nurturing our capacity to regulate. During this workshop, we will discuss our contemporary understanding of behaviours in people, the messages that those behaviours carry, as well as our capacity to engage with them in a caring and compassionate way rather than against them.

Objectives:

- Self-Care.
- Co-regulation.
- Building a capacity for connection to oneself and others.
- Tools and process towards co-regulation.
- Prevention and Intervention.

Presenter: Ana Vojnovic, MEd (in progress), BA (ECCE)

Ana works as an educator (UBC Child Care), a research-based artist, and a lecturer. Her work is an interdisciplinary response to urban conditions, and questions of how built environments affect/condition human rhythms, our responses to designed circumstances, and ways in which we engage within spatial atmospheres and existing energies.

Suitable for all early learning and child care professionals.

STEM: SCIENCE, TECHNOLOGY, ENGINEERING AND MATH IN EARLY CHILDHOOD EDUCATION

Saturday, November 2 • 10:00 am – 2:30 pm

4 hours • Cost: \$40.00 • Surrey

This workshop will introduce the ideas behind STEM curriculum and why introducing science, technology, engineering and math is so important for our young learners. During the workshop, participants will explore ideas for activities that invite children to explore STEM concepts in a way that is open-ended and encourages children's innovative thinking and creativity. This will be a hands-on workshop where participants will create and invent STEM curriculum experiences that they can later apply in their work with young children.

Presenter: Andrea Dawson

Andrea is the Department Chair of Early Childhood Education and has been an instructor in the basic and post-basic ECE programs at Langara College since 2007. Andrea has worked with young children and their families for the past 30 years and has supervised both non-profit and inclusive early childhood programs. Before teaching at Langara College, Andrea worked as a child care counsellor for Vancouver Coastal Health in the Early Childhood Mental Health team, focusing on supporting children with emotional and behavioural challenges.

Suitable for all early learning and child care professionals.





GREAT CIRCLE TIMES: USING PROPS IN STORYTIME

Monday, November 4 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Surrey

Come join us for great circle time ideas! In this interactive workshop, children's staff from Surrey Libraries will share secrets for creating fun, easy, and engaging story times using a variety of props like balls, shakers, scarves, parachutes, and more! This workshop will include practical, hands-on activities caregivers can do with children from birth to age 6.

Presenters: Yesenia Ricardo and Susan Andrews

Yesenia and Susan are children's services staff who work at the Guildford Branch of Surrey Libraries. They love to sing songs, share rhymes, and engage children of all ages with the silly and wonderful magic of storytelling.

Suitable for all early learning and child care professionals.

HELPING CHILDREN COPE WITH STRESS

2 Thursdays: November 7 & 14 • 6:30 – 8:30 pm • 4 hours • Cost: \$40.00 • Online

Stress is a part of life and can be found all around us. Child care is no exception. Child care providers should be aware of the stressors each child is experiencing and should be active in helping children in their child care programs manage and cope with stress. Child care providers can teach appropriate stress management. This workshop will not only help you recognize childhood stress, but provide you with many helpful resources to use in your child care environment when working and caring for children.

Presenter: Vicki Lepper

Vicki provided licensed family child care in Coquitlam from 1989-2018, is a passionate child care advocate and has received many awards. Vicki presents many workshops for CCRRs across the Province and at ECE conferences. Vicki is a facilitator of BC Family Child Care Association's - professional development courses and was on the board of BCFCCA. Vicki was also a facilitator/master trainer for the "Kids Have Stress" program for The Psychology Foundation of Canada. Vicki believes in sharing her knowledge with those who have chosen a career working with children.

This workshop is offered in collaboration with Delta Child Care Options CCRR.

Suitable for all early learning and child care professionals.

THE POWER OF ROUTINE THAT SUPPORTS CHILDREN'S BEHAVIOURS

Wednesday, November 13 • 6:30 – 8:30 pm

2 hours • Cost: \$20.00 • Delta

Are you noticing challenging behaviours with children, specifically at certain times of the day? Humans strive for predictability, especially children. Children develop a sense of safety and security through consistency and the environment around them. Together, we will explore tools that can be used to assist with routines, such as visual cue cards/ picture exchange.

Presenter: Prab Gill

Prab is passionate about shaping the next generation and generations to come. She has a regulatory role as a Child Care Licensing Officer in the lower mainland. She also teaches ECE basic and post-basic for local colleges. Prab enjoys connecting with others and sharing her knowledge of child development.



Suitable for all early learning and child care professionals.

HEALTHY MOVEMENT FOR ECES

Thursday, November 21 • 6:30 – 9:00 pm • 2.5 hours • Cost: \$20.00 • Surrey

Self-regulation starts with the physical body: moving, stillness, touch through human connection, environment, and objects, and more importantly breath. As educators, we model these practices.

In this workshop, discover healthy means of supporting your adult body. Explore new ways to move down to the ground and back up to standing and to uplift yourself physically. Sprinkle movement into your lesson plans so that it becomes a daily practice. Learn to integrate voice warm-ups and breathing routines directly into your teaching, as games and activities.

Presenters: Julie Lebel and Sarah Gallos

Foolish Operations is a contemporary dance company based in the lower mainland. Foolish Operations creates dance experiences that welcome babies, toddlers and their families in performances and workshops filled with irresistible invitations to participate. We collaborate with artists, educators and specialists to spark inspiration between communities, disciplines and fields of knowledge, using play in art-making as the glue.

Julie is a francophone choreographer invested in community-engaged dance and interactions between public space and community with a body of work spanning 24 years. She is the Artistic Director of Foolish Operations.

Sarah is a dance theatre artist and facilitator who has been with Foolish Operations since 2016. Improvisation through play sparks joy in her, especially when performing with and for the very youngest audiences.

Suitable for all early learning and child care professionals.

EXPLORING REGGIO EMILIA - THEIR PHILOSOPHIES AND APPROACHES

Saturday, November 30 • 9:30 am – 12:30 pm • 3 hours • Cost: \$30.00 • Online

The educational approaches used in Reggio Emilia have long been a source of inspiration for educators around the world. Their work is rooted in relationships, inquiry, and their image of the child. We will explore the foundations of this approach in order to understand how their educators collaborate with children, families, and each other. We will also examine and discuss inspirations, interpretations, and applications from Reggio that have been used in international settings.

Presenter: Susan Stacey

Susan has been engaged with young children and early childhood students in many ways over the last 35 years, from classroom work to teaching in college settings. She develops and teaches courses on Emergent Curriculum, Pedagogical Documentation, Reflective Practices, and Inquiry, and writes frequently on these topics. She provides professional learning experiences for educators across Canada and the U.S.

Suitable for all early learning and child care professionals.



UNDERSTANDING CREATIVE EXPRESSION WITH INFANTS AND TODDLERS

Thursday, December 5 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Online

This workshop reminds us that very young children are creative individuals who are worthy of having their ideas recognized. Participants will explore examples of infants' and toddlers' art and mark-making and learn about why these early forms of artistic expression are important for creative and cognitive development. Participants in this workshop will learn practical ways to implement meaningful and creative artistic opportunities in early childhood programs for children under the age of 3.

Presenter: Andrea Dawson

Please see bio on page 11.

Suitable for all early learning and child care professionals working with children ages 0-3.



MOVING THROUGH EARLY CHILDHOOD ANXIETY: A BODY-BASED APPROACH TO SUPPORTING ANXIETY



Saturday, December 7 • 10:00 am – 2:30 pm • 4 hours • Cost: \$40.00 • Surrey

Gain strategies to support early childhood anxiety and learn how family systems contribute to childhood anxiety. Explore movement exercises that support nervous system regulation while increasing understanding for non-verbal behaviour. Learn to recognize internal and external characteristics of anxiety and increase skills to support social-emotional learning.

Presenter: Stefanie Tong

Stefanie is a family therapist who joins clients to explore the experiential qualities of embodied emotions to support change in their lives. As a Canadian Certified Counsellor, she holds a master's degree in marriage and family therapy with additional training in play therapy and dance/movement therapy. Stefanie has worked with children and families for over 20 years and is co-owner of Embody Wellness Collaborative Therapies in Richmond, BC.

Suitable for all early learning and child care professionals.

BEHAVIOUR THROUGH A DIFFERENT LENS

2 Wednesdays: December 11 & 18 • 6:30 – 8:30 pm • 4 hours • Cost: \$40.00 • Surrey

Participants will explore the traditional ways in which behaviour has been viewed and explore a new way to look at a child's behaviour and what it communicates. What is co-regulation and how does it develop? Participants will explore stressors and how they affect how we care for children with challenging behaviours. How can we best support children to succeed and feel heard? Participants will reflect on their own stressors and learn how to support themselves so that they can better support the children in their care.

Presenter: Karen LeSage

Please see bio on page 5. .

Suitable for all early learning and child care professionals.



CONTACT US

604.572.8032 CHILD CAREOPTIONS.CA

OFFICE HOURS

Monday & Thursday: 9:00 am – 8:00 pm
** The Early Childhood Resource Library is open 12:00 - 8:00 pm on Mondays*
 Tuesday: 9:00 am – 12:00 pm
 Wednesday & Friday: 9:00 am – 4:00 pm
 Saturday: 9:00 am – 4:00 pm
 Office is closed for statutory holidays and long weekends.

OFFICE CLOSURES

Labour Day long weekend	August 31 & September 2, 2024
National Day for Truth and Reconciliation long weekend	September 28 & 30, 2024
Thanksgiving long weekend	October 12 & 14, 2024
Remembrance Day long weekend	November 9 & 11, 2024
Holiday Closure	December 24 - 28, 2024
New Year's Day	January 1, 2025

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