

TRAINING REPORT

Fall is a season for all senses. Feeling the crisp cool breeze announcing summer's departure. A warm, visually exciting spectrum – reds, oranges, yellows, and browns. The lingering taste of family meals. The pleasant crunch sound from leaves underfoot. Fragrant warm beverages, shared among friends.

It is often seen as a time to get cozy – a signal to hibernate and isolate. We challenge this notion and say fall is the perfect season for rediscovery and community. As early learning and child care professionals, we know our learning journeys are on a continuum. Like the passing of seasons, we too evolve our practice.

The variety of high quality professional development we have planned for this fall is here to support you. To foster a sense of togetherness through networking and community of practices. Stand-alone or multi-part workshops and courses in equal parts to expand your knowledge and affirm your practice. As well as demonstrating our commitment to honouring the many unique learning styles and reducing barriers to educators in the communities we serve.

Without you and your dedication, continued engagement, and feedback through participation, written evaluations, emails, or verbal comments; The professional deleopment wouldn't be as rich. We truly thank you for taking the time to dialogue with us and walk along side us through our learning journey together.

Fall is a time for transitions - Just as the leaves change so can we.

Sincerely,

The Child Care Options CCRR Training Team Ewa Boss, Kayley Bach, & Tamara Jacobs



SOCIAL NETWORKING FOR FAMILY CHILD CARE: EVENTS FULL OF LEARNING, CONNECTING, AND FUN

Monday, September 18 • 6:30 - 8:30 pm • 2 hours • Cost: FREE • Surrey

Saturday, November 18 • 9:30 am – 12:30 pm • 3 hours • Cost: FREE • Surrey

Are you a child care provider who loves learning from others and would like to exchange ideas? Are you missing a connection to other educators and the community? Networking events provide opportunities to meet and learn from each other. These sessions include time for sharing inspiring ideas and questions about your current issues and challenges. Please join us for fun and informative events. Visit our website for the topics of each session.

Facilitators: Child Care Options Outreach Consultants

Please Note:

- Certificates for professional development purposes will be issued.
- Light refreshments will be provided.

To register please call our office: 604.572.8032

For family child care providers operating a RLNR, LFCC, or IHMA facility in Delta, Surrey or White Rock.

EMERGENCY CHILD CARE FIRST AID COURSE

2 Thursdays: September 7 & 14 • 5:30 – 9:30 pm • Cost: \$110 • Surrey Saturday, November 18 • 8:00 am – 5:00 pm • Cost: \$110 • Surrey

Facilitator: Pacific First Aid Instructor



To register contact Pacific First Aid 604-644-4709 • www.pacificfirstaid.ca

Suitable for all early learning and child care professionals.

GROUP CHILD CARE CENTRES NETWORK

Thursday, October 5 • 6:30 - 8:30 pm • 2 hours • Cost: FREE • Surrey

Thursday, December 7 • 6:30 - 8:30 pm • 2 hours • Cost: FREE • Surrey

Join us for a time to connect and engage with others working in group child care settings.

New to networking? These networking groups will offer the chance to make connections and foster relationships with other child care providers who share the same common interests and goals. We hope to provide a safe place so we can, together, share our ideas, challenges, and thoughts.

Facilitators: Child Care Options Community Connectors Please Note:

- Certificates for professional development purposes will be issued.
- Light refreshments will be provided.

To register please call our office: 604.572.8032

For educators working in group child care facilities in Delta, Surrey or White Rock.

REGISTRATION POLICIES AND PROCEDURES

To reserve a space in a workshop, payment must be received at the time of registration. Post-dated cheques will not be accepted. Methods of payment include Visa and MasterCard. Payment by debit, cheque or cash is available for in-person registration. Registrations are accepted by telephone and online with payment.

When you receive your confirmation please verify it with your records.

Please take note of the location of the session you register for.

Please note your workshop dates on your personal calendar as Child Care Options CCRR does not phone participants to remind of workshops.

- . Refunds will not be issued due to technical difficulties with your equipment.
- No monies will be refunded or credits offered once the workshop, course, or community of practice starts.
- If enrolment for any workshop is insufficient, Child Care Options CCRR may cancel or reschedule the class. In the case of cancellation, payment will be reimbursed or credited.

Workshop cancellations:

Requests for workshop cancellations **MUST** be received at least **24 hours prior** to the scheduled workshop date. Cancellation requests received before this deadline will receive a credit voucher to be used towards future workshops at Child Care Options CCRR. No refunds will be issued, however you can send a substitute in your place. Please call our office to inform of the substitution.

Course and Community of Practice (CoP) cancellations:

Requests for course and CoP cancellations **MUST** be received at least **72 hours prior** to the scheduled course or CoP start date. Cancellation requests received before the 72 hour deadline will receive a cheque for the amount of the course minus a \$25.00 administration fee. Cancellation requests received after this deadline will be issued a credit voucher for the amount of the course minus a \$25.00 administration fee. The credit voucher can be used towards future courses and workshops at Child Care Options CCRR.

Professional Development Certificates

Replacement certificates will be issued for **up to 5 years** of the date of the workshop. Fees may apply.

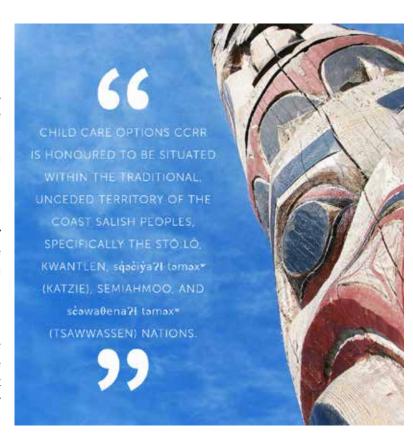
- For replacement certificates for the Good Beginnings and 20 Hour Responsible Adult courses please contact BCFCCA at: office@bcfcca.ca
- Certificates are **not** provided for Parent Education Sessions.

In-person training:

Certificates will be issued **on the evening of your workshop.** To receive a training certificate for the full length of the workshop, you must arrive on time, participate, and stay for the entire session.

Online training:

Certificates will be **emailed within a week** from the date of the workshop. If you have not received your certificate please notify our office within two weeks. If we have not heard from you we will assume you have received your certificate and replacement fees will apply.





COVID-19 Precautions For In-Person Training

If you are registered for an in-person training session and you have flu-like or COVID-19 symptoms, please do not attend the workshop as you will not be admitted into the building.

Click on this link to do a symptoms self-check beforehand: bccdc.ca/health-info/diseases-conditions/covid-19/about-covid-19/symptoms

If you cannot attend a workshop that you are registered for, we do not offer refunds but you can send a substitute in your place. Please call our office to inform of the substitution.

Policies for in-person training

- Workshops start promptly at the time indicated. Late arrivals to a workshop will be admitted at the discretion of the presenter and certificates will be adjusted.
- Late arrivals will not be admitted into first aid courses. You must arrive on time as the class begins right away and there is a large amount of material to cover.
- We are unable to accommodate children during a workshop or course.
- Photographs may be taken during training, either by us or other participants. By registering, you will be giving permission that photos containing your image/likeness may be used.
- Child Care Options CCRR follows current BC public health guidelines for in-person gatherings and events.

Workshop Locations for Child Care Options Training



SURREY

Child Care Options CCRR #100-6846 King George Blvd

DELTA

Delta Manor Education Centre 4750 57 Street, Ladner

ONLINE

Workshops hosted via the Zoom platform.

Policies for online training

- Online workshops will be held on the Zoom platform. You will need a laptop, computer or smartphone with access to internet, video and audio.
- We highly encourage you to have your camera/video on throughout the workshop.
- Workshops start promptly at the time indicated.
- Participants arriving or logging-in late or leaving early will have their certificates adjusted.
- Photographs may be taken during training, either by us or other participants. By registering, you will be giving permission that photos containing your image/likeness may be used.



The GOOD BEGINNINGS courses will not only help you explore various areas of child care, but will also guide you to create the policies and procedures necessary to develop your business, introduce you to a network of family child care providers, and provide you with resources and contacts specific to your family child care business. Participants taking level 1 and level 2 will get a certificate for 30 hours of professional development.

4 Saturdays: September 16 & 23, October 21 & 28 • 10:00 am - 3:30 pm

4 Thursdays: September 28, October 5, 12, & 19 • 6:00 - 8:30 pm

Please note: Bring a 2" binder to the first class.

Location: Surrey • Cost: \$275.00; includes textbook

Upon successful completion of the course, assignments, and parent package, a certificate will be issued by BCFCCA with the hours attended shown.

20 HOUR RESPONSIBLE ADULT LEVEL 1



1/2 Hour Break, Bring Lunch

2 Saturdays: September 16 & 23 • 10:00 am - 3:30 pm 4 Thursdays: September 28, October 5, 12, & 19 • 6:00 - 8:30 pm Location: Surrey • Cost: \$180.00; includes textbook

This course meets the requirements for 20 hours of training for "Responsible Adult" as stipulated by the Child Care Regulation to qualify for employment in family child care or school age child care settings. Through interactive sessions, this course covers basic concepts about child development, child guidance, health, safety, nutrition and programming. Participants must be at least 19 years old to register, attend all sessions and complete all assignments with a satisfactory mark in order to receive a certificate of completion. Participants taking level 1 only will get a certificate for 20 hours of professional development.

Upon successful completion of the course and assignments, a certificate will be issued by BCFCCA with the hours attended shown.

- A minimum of grade 8
 education or a Canadian
 Language Benchmark of
 Level 5 or above.
- Able to read, understand, write, and speak in English.

REGISTRATION:

To register, please call Allie or Farzina at 604.572.8032.

TEXTBOOKS:

Pick up from our office; #100-6846 King George Blvd, Surrey. This curriculum meets the training requirements to qualify individuals to work in child care settings for children from birth to 12 years of age, such as Occasional Licensed Child Care, School-Age Licensed Group Child Care, and Licensed Family Child Care.

USING INDIGENOUS RESOURCES IN YOUR CENTRE: MOTHER EARTH RESOURCE KIT

Thursday, September 7 • 6:30 – 8:30 pm • 2 hours • Cost: FREE • Online

During this workshop, we'll discuss key learning outcomes, teachings, and methods to support

Indigenous children and their families. This presentation will provide participants with a sense of knowledge, skills, and strategies to share the Indigenous cultural kits in their centres.

Note from the presenter:

Please know that this is a great space for you to ask about Indigenous culture. We are all at different levels of learning and with this presentation Brenda hopes everyone will become more comfortable to share Indigenous culture in their classrooms.

Presenter: Brenda Redden

Brenda is from ?Esdilagh First Nation in the Chilcotin Territory. She is the coordinator for Many Voices, One Mind (MVOM) and has worked in the early years field since 1993. Working for MVOM has given her the opportunity to combine her early years' experience and knowledge of her culture.

Registration opens July 24!

THIS RESOURCE KIT WILL
BE AVAILABLE TO BORROW
IN OUR LIBRARY. THE KIT
INCLUDES A WIDE RANGE
OF MATERIALS, ACTIVITIES,
AND PROTOCOLS THAT ARE
MEANT TO BE USED IN
CHILD CARE CENTRES.

Suitable for all early learning and child care professionals.

BIG SCIENCE FOR LITTLE HANDS EXPLORING SCIENCE WITH UNDER 5'S: REFLECTIONS AND SHADOWS

Monday, September 11 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Surrey

Research tells us that children are born scientists with their innate ability to be curious, to observe, and to discover things through play. In this hands-on workshop, we will explore ways to engage young children in light and colour play, both indoors and outdoors, using-easy-to access materials. We will tease out the science concepts of each activity to help build your confidence in exploring science with children.

Presenter: Marianna Cavezza

Marianna is an Experiential Learning Specialist at Science World. She is a passionate early childhood advocate with over twenty-five years in the field and has worked in a variety of child care settings in different roles as a Strong Start Facilitator, ECE instructor, and an Early Interventionist.





COMMUNITY OF PRACTICE - REALLY SEEING CHILDREN

7 Thursday evenings: September 14, October 12, November 9, December 14, January 11, February 8, March 14 6:30 - 9:00 pm • 7 sessions total • 17.5 hrs • Cost: \$40.00 (includes a light meal at each session, a copy of Deb Curtis' book 'Really Seeing Children' and the BC Early Learning Framework, and 17.5 hours of professional development) • Surrey

We are excited to invite you to join us as we explore Deb Curtis' book, Really Seeing Children, a collection of teaching and learning stories to inspire an everyday practice of reflection, observation, and joyful presence with children. Together, we'll engage in collaborative dialogue, discussions, and critical reflection on our current practice in relation to the BC Early Learning Framework.

"What I've come to understand is that the most important work I do to see a child in positive ways is within me. I must continually work to transform my own view of children's behaviours, see their points of view, and strive to uncover how what I am seeing revels children's deep desire, eagerness, and capacity for relationships. There is no more important or reviling work than this." – Deb Curtis

This Community of Practice is for anyone working with children, who is looking for new ways to inspire learning and create a community within early childhood education.

Presenters: Child Care Options CCRR Staff, Daljit Dial & Ewa Boss

This initiative is funded through the Canada-British Columbia Early Learning and Child Care (ELCC) Agreement between the Government of Canada and the Province of British Columbia, in partnership with the Westcoast Child Care Resource Centre (WCCRC), the agency responsible for administering the funds.

BUILDING & MAINTAINING PSYCHOLOGICAL RESILIENCE IN CHALLENGING TIMES

Thursday, September 14 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Online

This interactive session will focus on ways to identify and understand the impacts of stress and stress injury. Practical ways to identify and address physical, mental, and emotional stress will be introduced as well as tips and tools to promote a healthy work/life balance.

Presenter: Carolyn Sinclair

Carolyn's professional commitment is to ensure leaders and frontline workers have the courage and tools to maintain psychologically, culturally safe and healthy workplaces. For more than 23, years she has been an instructor with the Justice Institute, teaching in the Emergency Management Division as well as the Centre for Counselling and Community Safety. She started her company, Strategic Business Risks Inc. (SBRI) 24 years ago. One of the services SBRI delivers is customized training and resources for responding to critical incidents, emergencies, and disaster response and recovery.

Suitable for all early learning and child care professionals.



ART AND CRAFT IN PEDAGOGICAL CONTEXT

1/2 HOUR BREAK, BRING LUNCH

Saturday, September 16 • 10:00 am – 2:30 pm 4 hours • Cost: \$40.00 • Surrey

During this workshop, we will try to understand why art and craft have traditionally been placed in opposition to one another, and how this impacts the way we engage children in creative processes. By demonstrating that art and craft are on a non-hierarchical continuum, we will come to appreciate how every creative experimentation, both guided and naturally occurring, has value and potential.

Objectives:

- Identify how our attitudes towards the creative processes may affect how children engage with it.
- Understand different approaches: while some children need a structure to their engagement, others may require a loose, independent approach to their experience of the proposed material.
- Explore how understanding the nature and properties of material informs boundaries for free experimentation.
- Discuss how to facilitate experimentation of material and creative process without stifling creativity.

Presenter: Ana Vojnovic, BA (ECCE)

Ana works as an educator (UBC Child Care), artist, research-based designer, and public speaker. Her pedagogical work is an interdisciplinary response to urban conditions, and questions of how built/designed environments condition human perception, our responses to designed circumstances, and ways in which we relate within the world...



ANTI-RACISM AND ALLYSHIP FROM AN INDIGENOUS PERSPECTIVE

Monday, September 18 • 6:30 – 8:30 pm • 2 hours • Cost: FREE • Online

In this presentation, participants will learn about anti-racism and allyship through an Indigenous lens. What are some of the systems in Canada that have negatively impacted Indigenous peoples? What can we do as childhood educators to decolonize the educational experiences of the families we serve? What does it mean to be an ally? What does it look like?

Registration opens August 7!

Presenter: Nadine McSpadden

Nadine is from the Secwepemc Nation. Her home community is the Shuswap Band in Invermere, BC. She is a semi-retired teacher with 20+ years of experience working in Indigenous education. She also is an author.

To show our support of the National Day for Truth and Reconciliation, we are offering this workshop at no cost to help you in your learning journey. As a program, Child Care Options CCRR, continues our work in regard to Truth and Reconciliation by embodying the Calls to Action from the Truth and Reconciliation Commission (TRC) and the United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP), adopted by the Government of BC. One of our commitments is to educate ourselves and pass that education on to others.

Suitable for all early learning and child care professionals.

ENGAGING IN NATURE THROUGH THE SENSES

Thursday, September 21 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Surrey

How can you engage children in nature play and exploration this fall, surrounding them with the sights, sounds, smell touch, and even taste of nature? This workshop features hands-on, seasonal activities to help children's senses come alive. You'll leave with new inspirations for fall outdoor learning.

Presenter: Tricia Edgar

Tricia loves to connect people with places. She has worked as a nature educator for nearly 30 years. Tricia enjoys the time and space that children have when they play outside at forest school, and she loves watching children fill with enthusiasm and wonder in nature. Tricia is a co-founder of Fresh Air Learning and an educator at the Lynn Canyon Ecology Centre.

YOGA AND MINDFULNESS FOR SELF-REGULATION: CREATING A MINDFUL CLASSROOM

Monday, September 25 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Surrey

In this workshop, you'll learn a variety of hands-on activities to easily integrate yoga and mindfulness into the home, classroom, or therapeutic environment. Practical tools such as child-friendly breathing techniques, mindful movement activities, games for connection and community, and guided relaxations will be demonstrated in ways that are easy to implement, bringing a joyful connection to children's lives. Children's yoga helps to develop essential tools such as self-regulation, and a strong mind-body connection, and introduces skills that help children to find a sense of inner calm. These tools are gifts that can transform the lives of the children that receive them. Come join us for this fun and interactive introduction to mindful yoga for children.

Please note: Wear comfortable clothing and bring a water bottle.

Presenters: Jennie Abbot

Jennie is the founder and director of Harmony Kids Yoga & Mindfulness Company, the creator of YogaBREAK for Classrooms, Harmony at Home Kits, various parenting and educator workshops, and The My Peaceful Play Game for Kids. She is a Registered Yoga Teacher (RYT) and Registered Children's Yoga Teacher (CYA-CYT) with the Canadian Yoga Alliance teaching over 10,000 children to date. Jennie has worked with children, families, government, non-profit organizations, and educators for over 20 years sharing her passion for bringing happiness and peace into the lives of children through yoga and mindfulness.

Suitable for all early learning and child care professionals.

MATH PROJECTS: MATH CONNECTIONS THROUGH MAKING AND CREATING

Thursday, September 28 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Surrey

In this session, Janice will share several math-making projects using easily accessible materials such as paper, sticks, and recyclables. Participants will engage in projects such as origami, weaving, and box puzzles and through the process will be encouraged to make their own mathematical connections. Janice will highlight connections to the BC mathematics curriculum and provide suggestions for resources to support participants with incorporating these projects into their classrooms, before and after school programs, or child care settings.

Presenter: Janice Novakowski

Janice is a K-12 district teacher consultant (mathematics and numeracy) in the Richmond School District and an Adjunct Professor at UBC. She has taught in preschool, kindergarten, and primary classrooms and has been a learning resource teacher and teacher-librarian. She is a member of the BC Numeracy Network and facilitates the BC Reggio-Inspired Mathematics Project.





PLAYFUL INQUIRY INSTITUTE WITH MATT KARLSEN & SUSAN HARRIS MACKAY

CULTIVATING REFLECTIVE TEACHING PRACTICES TO EMBOLDEN JOY AND MEANING

Our work with young children (and their families, and our colleagues) is complex and messy. Joy results from bringing ourselves fully into that work in all of its (and our) complexity. Practices involving observation, the arts, writing, and collegial inquiry embrace those understandings. Our time together will support your engagement in ongoing processes of listening and sharing. We hope that you'll leave with new commitments, deepening your professionalism and connection to your work and the world.

Hybrid Institute (4 sessions, attendance required at all sessions) • 17.5 hours

Online Sessions: 2 Wednesday evenings • 6:30-8:30pm • October 4 & November 1

<u>In-Person Sessions:</u> 2 sessions with Matt & Susan • Friday & Saturday, October 27 (4:00 – 9:30 pm) & October 28 (8:30am – 4:30pm) • Cost: \$40.00 (\$400 value - includes a light meal at each in-person session, learning resources for each participant, and 17.5 hours of professional development) • Location: Online & the Civic Hotel - 13475 Central Ave., Surrey

Please note:

- Pay parking is available at the hotel (Please access the parkade from University Drive).
- This opportunity is for early care and learning professionals working with children.

This initiative is funded through the Canada-British Columbia Early Learning and Child Care (ELCC) Agreement between the Government of Canada and the Province of British Columbia, in partnership with the Westcoast Child Care Resource Centre (WCCRC), the agency responsible for administering the funds.



Register online at childcareoptions.ca

#100 6846 King George Blvd. Surrey • 604.572.8032







gov.bc.ca/ChildCareResourceReferralCentres

Funding for the CCRR is provided by the Province of British Columbia

CULTIVATING CREATIVITY: HOW TO SUPPORT RICH OPEN-ENDED PLAY

Thursday, October 5 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Surrey

This workshop is designed to support early learning and child care professionals in creating rich play environments. Through pictures and stories, you will enter the world of a vibrant early learning classroom. In this session, you will learn about the dynamic ways that the classroom environment can impact play.

Participants will be provided with examples of ways to enhance the level of play in a responsive manner. We will discuss practical strategies for managing play while allowing for a multitude of possibilities.

Presenter: Amanda Prade

Amanda is a passionate educator and experienced Kindergarten teacher. Her practice is guided by carefully listening to her students, inquiring and interpreting their understandings, and co-constructing the direction of their learning together. Story, drama, play, and inquiry are central in her classroom. Amanda has a Masters of Education degree, in curriculum design with a focus on the connection between imagination and cognition. Her pedagogy is influenced and informed by the educational theories of Loris Malaguzzi, Lev Vygotsky, Vivian Paley, and most importantly, each of her students

Suitable for all early learning and child care professionals.



USING INDIGENOUS RESOURCES FOR YOUR CENTRE: GRANDPARENTS RESOURCE KIT

Thursday, October 12 • 6:30 – 8:30 pm • 2 hours • Cost: FREE • Online

During this workshop, we'll discuss key learning outcomes, teachings, and methods to support Indigenous children and their families. This presentation will provide participants with a sense of knowledge, skills, and strategies to share the Indigenous cultural kits in their centres

Note from the presenter:

Please know that this is a great space for you to ask about Indigenous culture. We are all at different levels of learning and with this presentation Brenda hopes everyone will become more comfortable to share Indigenous culture in their classrooms.

Presenter: Brenda Redden

Please see bio on page 6.

THIS RESOURCE KIT WILL BE AVAILABLE TO BORROW IN OUR LIBRARY. THE KIT INCLUDES A WIDE RANGE OF MATERIALS, ACTIVITIES, AND PROTOCOLS THAT ARE MEANT TO BE USED IN CHILD CARE CENTRES.

August 31!

EMBRACING INCLUSION AND DIVERSITY THROUGH MUSIC AND MOVEMENT

Monday, October 16 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Surrey

This workshop is catered to participants looking to gain insight into how to be fully inclusive within their centers. During this workshop, participants will gain ideas on how to adapt music and movement activities to engage a wide range of abilities ensuring all children are interacting in your classroom – wheelchair/walker/restrictive movement options will be provided. You will learn how to model movements to attract different learning styles that kids have while learning how to connect with your inner child to bring out the best energy in your classroom. Throughout the workshop, you will be guided in different techniques to engage all your children through music and will receive ideas on how to overlap crafts into music time. Participants will have opportunities to engage in movement throughout the workshop so comfy or stretchy clothing would be advised..

Presenter: Hannah Premia-Daudjee

Hannah has been working in the field of inclusion and diversity for over 10 years. Combining both personal and professional experiences, she brings a unique perspective to help bridge the gap between caregivers, educators, and the system. Her focus is on helping students achieve their true potential despite societal barriers.

Suitable for all early learning and child care professionals.

BUILDING BRIDGES THROUGH UNDERSTANDING THE VILLAGE

Saturday, October 21 • 9:00 am - 4:30 pm • 7.5 hours • Cost: \$20.00 • Delta

The Building Bridges through Understanding the Village workshop will provide educators with the opportunity to cognitively and emotionally comprehend how colonization affected Indigenous communities throughout generations. The participants will learn how to begin the process of decolonizing the education system to create culturally appropriate early childhood education programs. In her master thesis, Laura Jane Buchanan wrote: "This workshop is geared to solutions rather than recrimination and is a forum in which to ask questions." The training maintains a non-blame and non-shame perspective and is an invitation to participants to become part of the ongoing healing that is already taking place in many Indigenous 'villages.'

Presenters: Kathi Camilleri

Kathi is an Aboriginal woman who has coordinated healing programs in the Aboriginal Community for 19 years. She has a Master's Degree in Leadership Studies. Kathi works with Aboriginal Mental Health and has her own consulting business. She facilitates strategic planning sessions and experiential workshops regarding Canada's Policy of Assimilation and Colonization with social workers, foster parents, health care workers, church groups, students and educators, and frontline workers in communities across Canada. The healing power and personal impact of this work elicit rave reviews. One participant wrote: "Kathi uses humour, kindness, and wisdom to hold the space safely for us while we change how we see the world and how we forever interact with those who have Aboriginal Heritage. It is easy to learn because of her gentle ways, and her respect for all people."

Please note:

- This workshop will be addressing Residential Schools and their effects in an in-depth way. Participation may trigger unresolved grief and loss issues for some.
- Each participant will receive a copy of "Speaking Our Truth: A Journey of Reconciliation" by Monique Gray Smith.
- Doors open at 8:30 am.
- Lunch and refreshments will be provided.

This workshop is made possible through the ECE Professional Development Bursary Fund and is held in partnership with Delta Continuing Education, Early Childhood Education Department.

RISKY PLAY IS VITAL TO CHILD DEVELOPMENT

Monday, October 23 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Online

Risk and risky play are vital to child development. How do we encourage healthy interactions with risk while setting children up to be relatively safe? In this workshop, attendees will learn how to engage children in risk assessments to support children becoming autonomous risk assessors. Participants will learn essential skills required for supporting children in risky play outside. We will engage in risk-taking activities while walking participants through how we can support children in risky play through risk assessments, site assessments, boundary setting, and mindfulness...

Presenter: TK Hannah

TK Hannah is an early childhood educator with years of experience in forest schools in Ontario and BC. They are a manager at Saplings Outdoor Program and a college instructor at Vancouver Career College. TK is passionate about forest school, risk, and adventure play, LGBTQ inclusion, and rights-based education. Teacher TK strives to create a safe and equitable environment for children (and adults!) where they are free to discuss big ideas, explore, take risks, and have wild adventures. TK is a non-binary transgender person who uses they/them pronouns.

Suitable for all early learning and child care professionals.

PLACES THAT NURTURE WELL-BEING AND BELONGING

2 Thursdays: October 26 & November 2 • 6:30 - 8:30 pm • 4 hours • Cost: \$40.00 • Online

This practical workshop will illustrate what a long-term project can look like through storytelling, documentation, and examples of invitations and provocations. We will imagine our long-term project is "Homes" and how that offers practitioners the opportunity to critically consider and reflect on the key principles of home including a sense of well-being and belonging, safety, and care. It challenges practitioners to consider the importance of attachment, well-being, belonging, and connection in terms of their practice. Participants will receive a list of book resources as a handout.

Presenter: Melanie Van Eyk

Melanie's heart, as an ECE of 20 years, is to invite, inspire, and rejuvenate educators in terms of their work with children. Her workshops are deeply reflective and deeply practical to support participants in their daily work.

Suitable for all early learning and child care professionals.



USING LOOSE PARTS TO CREATE ENGAGING ENVIRONMENTS

Monday, October 30 • 6:30 – 8:30 pm • 2 hours Cost: \$10.00 • Surrey

An environment that is welcoming, supportive, and engaging allows children to thrive. Setting an environment where children can move freely and engage in different types of play, can help children stay involved, promote their creativity and reduce challenging behaviours.

If such environments can support children's development, well-being, and interests, then why are we not doing this? Join us as we share practical ideas to create environments that promote inclusion, builds relationships, and provokes more complex thinking.

Presenters: Child Care Options CCRR Staff



HOW TO USE WHAT BRAIN RESEARCH TELLS US ABOUT LEARNING AND BEHAVIOUR

Saturday, November 4 • 10:00 am – 2:30 pm • 4 hours • Cost: \$40.00 • Surrey

During this workshop, we will examine the main findings on brain development, age-related differences, and the assimilation of boys and girls. After viewing this information, participants will examine strategies to use when working with children, based on brain research. While not all boys are the same or girls all the same, research indicates there are some generalities and patterns that are worth considering. We will touch on this and more throughout this workshop.

Questions we will consider include:

- How can we use what we know about learning styles to best relate to children?
- 70% of learning and behavioural disability designations are boys- what does this tell us?
- Are girls emotionally stronger than boys?
- What is the best way to deal with a child who is upset?

Presenter: Bruce Ivany

Bruce has been an educator for over 45 years including 34 years in the public school system as a teacher, principal, and Assistant Superintendent, in Abbotsford and 11 years preparing future teachers in the School of Education at Trinity Western University. He has presented CCRR workshops in Langley, Abbotsford, Coquitlam, Chilliwack, North Vancouver, and Burnaby. Bruce has a wealth of experience presenting to large and small organizations on a variety of topics as well as presenting over 85 workshops throughout North America on positive youth development.

Suitable for all early learning and child care professionals.

GREAT STORY TIMES: FEELINGS

Monday, November 6 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Surrey

Join us for great story time ideas! In this interactive workshop, staff from Surrey Libraries will share secrets for creating fun and easy story times, including practical, hands-on activities educators can do with children, from birth to age 6.

Presenters: Yesenia Riccardo & Susan Andrews

Yesenia and Susan are children's services staff who work at the Guildford branch of Surrey Libraries. They love to sing songs, share rhymes, and engage children of all ages with the silly and wonderful magic of storytelling.

Suitable for all early learning and child care professionals.

1/2 HOUR BREAK, BRING LUNCH

COMMUNITY OF PRACTICE - BUILDING BRIDGES THROUGH UNDERSTANDING THE VILLAGE

6 Thursdays evenings: November 16, December 7, January 4 & 25, February 15, & March 7 6:30 - 9:00 pm • 6 sessions total • 15 hrs • Cost: \$20.00 (includes a copy of Monique Gray Smith's book 'Speaking Our Truth: A Journey of Reconciliation', and 15 hours of professional development) • Online

In this Community of Practice (CoP) we will explore the opportunity to cognitively and emotionally comprehend how colonization affected Indigenous communities throughout generations. Together, we'll engage in collaborative dialogue, discussions, and critical reflection to learn how to begin the process of decolonizing the education system in order to create culturally appropriate early childhood education programs. This professional development opportunity maintains a non-blame and non-shame perspective and is an invitation to participants to become part of the ongoing healing that is already taking place in many Indigenous 'villages.'

Facilitators: Kathi Camilleri & Ewa Boss

See Kathi's bio on page 13.

Ewa has a Master's Degree in Pedagogy of Early Years Education and 25 years in the field as an educator, facilitator, program coordinator, as well as being an instructor at Delta Continuing Education. She believes that learning is an ongoing journey.

Please note:

- This CoP will be addressing Residential Schools and their effects in an in-depth way. Participation may trigger unresolved grief and loss issues for some.
- Each participant will receive a copy of "Speaking Our Truth: A Journey of Reconciliation" by Monique Gray Smith. The book will be available for pick up from our office: #100, 6846 King George Blvd, Surrey BC. Shipping will be available for a cost of \$20.00.

To register please call our office: 604.572.8032

As a program, Child Care Options CCRR continues our work regarding Truth and Reconciliation by embodying the Calls to Action from the Truth and Reconciliation Commission (TRC) and the United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP), adopted by the Government of BC. One of our commitments is to educate ourselves and pass that education on to others. Therefore, we are offering this community of practice at a reduced cost.

Suitable for all early learning and child care professionals who work in Delta, Surrey or White Rock.



RHYTHM OF REGULATION: EMBODIED SELF-CARE AND STRESS MANAGEMENT

Saturday, November 18

10:00am - 2:30 pm

4 hours • Cost: \$40.00 • Surrey



Nourish your emotional well-being in this interactive workshop. Using a mind-body approach, participants will explore their own stressors and gain techniques to soothe emotional and physical tension. By learning to consciously embody your daily life, you will identify the rhythm required for personalized self-care.

Presenter: Stefanie Tong

Stefanie has been a dance and early childhood educator for over 15 years, supporting children and families with social and emotional development through the lens of therapeutic play, dance, and movement..

ART AND INQUIRY CO-EXISTING TOGETHER

Monday, November 20 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Surrey

What does open-ended art mean? What role does the educator have in child-directed art? How can we as adults make art engaging without taking over? If you've pondered any of these questions, this workshop is for you! We will explore the role of the educator in child-directed art, connecting art to inquiry, and ways to expand open-ended past the blank paper. Participants will have a chance to engage with a variety of art materials.

Presenter: Ashleigh Davies

Ashleigh is an early childhood educator with a bachelor's in Early Childhood Care and Education and has worked with children in a variety of roles over the last several years. Ashleigh has worked as a post-secondary instructor, leading ECE post-basic courses, and currently is the CAPC Coordinator and Parent Community Liaison with North Shore Community Resources. She runs several workshops throughout BC and in each of her workshops she brings her passion for inclusivity, social justice, and having advocates recognize the importance of early childhood education.

Suitable for all early learning and child care professionals.

REFLECTING ON OUR WORLD VIEW WITH INDIGENOUS PERSPECTIVES

Thursday, November 23 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Surrey

Join Troy to reflect on our world views with Indigenous perspectives. In this insightful, interpersonal workshop we will dialogue on self-awareness, healing, and wellness. Together we will explore how Indigenous teachings, values, and knowledge can support and/or extend our perspectives, our views, and our practice as early childhood educators.

Presenter: Troy Derrick

Troy is the proud father of two children. He is of blended heritage, a proud member and Hereditary Chief of the Gitxsan Nation from his father's side, and English and German from his mother's side. Troy is a Red Seal Chef, a vintage car and motorcycle enthusiast, he passionately refurbishes and repurposes furniture and clothing, and is a lifelong skateboarder. Understanding that our value is not in what we own but in what we can share. Troy continually strives to bring his values into all aspects of his life so that he may deliver consistently, authentically, and respectfully.

Suitable for all early learning and child care professionals.

BUILDING RESILIENCY IN CHILDREN THROUGH MINDFULNESS PRACTICES

Monday, November 27 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Online

Are you a parent, educator, or healthcare professional who is ready to learn how to help children develop resiliency using mindfulness tools? Children in today's world face many challenges and the most crucial skill for being able to move through those challenges and experience growth is resiliency. Inner resilience is not a skill that children are born with, but through regular engagement in mindfulness practices, children will discover that resilience skills can be strengthened over time.

The Building Resiliency in Children through Mindfulness Practices workshop is designed to offer you ways to teach children how to manage their emotions and reframe their responses to failures and mistakes. The resilient child is able to bounce back from challenges, develop confidence and determination, and move through adolescence and adulthood with the ability to grow from life's challenges. Discover the many benefits of resiliency and mindfulness for children and how to incorporate these practices into daily life at home, school, or in the therapeutic setting.

Presenter: Jennie Abbot

Please see bio on page 10.

COACHING LEADERS: REPORTABLE INCIDENTS AND COMPLAINTS

Thursday, November 30 • 6:30 – 8:30 pm • 2 hours • Cost: FREE • Surrey

Coaching Leaders aims to empower early childhood program leaders in gaining confidence in their skill sets, improve the quality of their programs, and support positive relationships with families and staff.

This workshop will cover two modules taken from the program:

- Reportable Incidents: Why and how we report and their importance.
- Complaints: How to take a leadership role in responding to all complaints.

Presenters: Oana Nistor & Rosey Singh, Licensing Officers in the Fraser Region

Oana has been a Licensing Officer with Fraser Health since 2020. Previous to being a Licensing Officer she worked in the ECE field for over 20 years in various positions – from ECE classroom assistant to manager of large corporations. In her position as a Program Coordinator, she had the opportunity of communicating with parents, staff, and management on a daily basis. She has worked with children with challenging behaviours and created care plans in cooperation with parents, staff, and any other relevant parties. She holds an ECE certificate, a Montessori Diploma, a PIDP, and a BA in Leadership.

Rosey is a Licensing Officer in the Fraser Region based in the Abbotsford office. Before her current role, she gathered varied experiences in the child care field, ranging from Program Director for BC Family Child Care Association as an Outreach Consultant and a Good Beginnings Facilitator for more than fifteen years with Surrey CCRR. She is happy to share her knowledge and experiences with you and support you in your learning. She looks forward to connecting with you.

To register please call our office: 604.572.8032.

Suitable for all early learning and child care professionals who live or work in Delta, Surrey or White Rock.



CREATING A HEALTHY SOCIAL-EMOTIONAL ENVIRONMENT IN AN EARLY CHILDHOOD PROGRAM

Saturday, December 2 10:00 am – 2:30 pm

4 hours • Cost: \$40.00 • Surrey



Registration

opens

October 19!

In this workshop, we'll discuss the causes of mental stress for children and early childhood educators. We'll learn about self-regulation, reflective behaviour, and relationship building. We will explore a strength-based approach that focuses on what we can do vs. stigmatizing children and adults who are struggling. We will also discuss the underlying factors that affect children's emotional health and how to heal using bibliotherapy. We will talk about creating a child-centred curriculum and environment to manage these issues. We will also discuss self-care for educators and how to prevent burn-out and learn about important resources to continue learning about mental health.

Presenter: Pooja Kalsi

Pooja has a Master's degree in early childhood education from the State University of New York. She has 25 years of experience in the early childhood field as a teacher, facilitator, supervisor, director, and instructor. She is very passionate about finding ways to promote children's creativity and expression of discovery and make it visible through documentation. She currently teaches at Langara College in the ECE department. She is a mother of two children and believes that she continues to learn from the world around her.

HOW IMAGINATION CAN INFORM INCLUSION (STRATEGIES FOR INCLUSIVE ECCE)

Monday, December 4 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Online

Inclusion is a difficult concept and an even more difficult reality. Early childhood educators do struggle with "applying", "adapting", "designing" inclusion in their classrooms. Sometimes this struggle comes from feelings of helplessness, loneliness, and lack of self-confidence. These feelings are fueled by the lack of time, lack of resources, and mostly stress.

This workshop will walk participants through a multitude of practical and theoretical aspects of inclusion that will try to shift some of the usual misconceptions and fears around this complex aspect of the ECCE everyday pedagogy. Annabella will introduce the participants to the theory of Imaginative Education and will demonstrate and invite the audience to practice, along with her, some applications of the somatic cognitive tools. These tools will help teachers see inclusion in a new way Be ready to move, create rhythms, build some tools, and have a lot of fun!

Presenter: Dr. Annabella Cant

Dr. Annabella is an ECCE professor at Capilano University where she received the 2019 Teaching Excellence Award. Annabella has been involved with ECCE as a practitioner since 1994. Her latest book is Unswaddling Pedagogy.

Suitable for all early learning and child care professionals.

GENDER IN THE CLASSROOM

Monday, December 11 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Online

This workshop looks at discussing how we represent gender in the classroom in an inclusive environment. We'll critically reflect on the power that books hold on children's images of gender through representation. We will also address how we as educators may be influenced by our ideas of gender roles and how they become portrayed in the classroom, discussing ways to make our classrooms inclusive for all children, regardless of gender. This session will also touch on the topics of pronouns and trans and non-binary families and children.

Presenter: Ashleigh Davies

Please see bio on page 17.

Suitable for all early learning and child care professionals.

BUILDING RESILIENCE IN CHILDREN AND ADULTS

Saturday, December 16 • 10:00 am – 2:30 pm • 4 hours • Cost: \$40.00 • Online

1/2 HOUR BREAK FOR LUNCH

Participants will learn how they can support children who have experienced adversity and help all children build resilience to past, present, and future adverse experiences.

Participants will learn:

- To recognize symptoms of trauma and resilience.
- How to offer immediate support to children if they become upset and dysregulated, using the wellness skills of the Community Resiliency Model(CRM)®.
- How to have their own self-care practices to build their resilience and prevent compassion fatigue.

Presenter: Karen LeSage

Karen has over 25 years of experience working with children from birth to 19 years of age in child care and community settings. Throughout her career, her focus has been on inclusion for all children. She is a licensed early childhood educator, infant/toddler educator, and special needs educator. She is a registered 200-hour Yoga Teacher, a 95-hour Children's Yoga Teacher, a certified Kidding Around Yoga Instructor, a certified Perinatal Yoga teacher, and has been trained in the Mindful Schools Curriculum.



604.572.8032

CHILDCAREOPTIONS.CA

Monday & Thursday: 9:00 am - 8:00 pm

Tuesday: 9:00 am - 12:00 pm

Wednesday & Friday: 9:00 am - 4:00 pm 1st & 3rd Saturday: 9:00 am - 4:00 pm

Office is closed for statutory holidays and long weekends.

OFFICE CLOSURES

BC Day long weekend

Labour Day long weekend

Staff Training day

National Day for Truth and Reconciliation

Thanksgiving

Remembrance Day

Holiday Closure

New Year's Day

August 5 & 7, 2023

September 2 & 4, 2023

September 26, 2023

September 30, 2023

October 7 & 9, 2023

November 13, 2023

December 25 & 26, 2023

January 1, 2024









