

TRAINING REPORT

To quote the late, great Robin Williams: "Spring is nature's way of saying, let's party!" and with the amazing training we have planned for this Spring and Summer, you will want to do just that!

Whether it's a stand-alone or multi-part workshop, a community of practice, professional networking, or a course, the training team has curated a fantastic variety of high quality professional development opportunities for early learning and child care professionals to continue their educational journeys. These sessions are planned to recognize the many unique learning styles and to reduce barriers by continuing to offer our professional development in person and online.

Thank you all so much for the feedback you have given us on your evaluations! Because of that, we can offer professional development that meets our community's needs, extends their learning, and explores what interests them as early learning and child care professionals.

We look forward to seeing you this spring and summer, through a computer screen or in a physical space and learning alongside you too!

SOCIAL NETWORKING FOR FAMILY CHILD CARE: AN EVENING OF LEARNING, CONNECTING, AND FUN

Monday, May 15 • 6:30 - 8:30 pm • 2 hours • Cost: FREE • Surrey Monday, July 31 • 6:30 - 8:30 pm • 2 hours • Cost: FREE • Surrey

Are you a child care provider who loves learning from others and would like to exchange ideas? Are you missing a connection to other educators and the community? Networking evenings provide opportunities to meet and learn from each other. These sessions include time for questions about your current issues, challenges, and inspiring ideas. Please join us for a fun and informative evening. Visit our website for the topics of each session.

Facilitators: Child Care Options Outreach Consultants

Please Note:

- Certificates for professional development purposes will be issued.
- Light refreshments will be provided.

To register please call our office: 604.572.8032

For family child care providers operating an RLNR, LFCC or IHMA facility in Delta, Surrey or White Rock.

"THIS WORKSHOP HAS GIVEN ME AN ADDITIONAL AND FRESH INSIGHT ON HOW TO LOOK AT THINGS AND HOW IMPORTANT OUR JOB IS IN SERVING EACH CHILD AND FAMILY. THIS INCLUDES SELF-CARE FOR OURSELVES AND RESPECT FOR EACH CHILD AND FAMILY WE CARE FOR. THE INSIGHT I GAINED IS REALLY HELPFUL AND WILL BE REMEMBERED AS I GO TO WORK EACH DAY WITH JOY IN MY HEART. UNDERSTANDING EACH CHILD UNDER OUR CARE IS NOT EASY BUT IF WE GIVE THEM LOVE, WE WILL BOTH BE OKAY."

- PARTICIPANT TESTIMONIAL

EMERGENCY CHILD CARE FIRST AID COURSE

2 Thursdays: May 18 & 25 • 5:30pm – 9:30 pm • Cost: \$110 • Surrey 2 Mondays: July 10 & 17 • 5:30pm – 9:30 pm • Cost: \$110 • Surrey

Facilitator: Pacific First Aid Instructor



To register contact Pacific First Aid 604-644-4709 • www.pacificfirstaid.ca

Suitable for all early learning and child care professionals.

GROUP CHILD CARE CENTRES NETWORK

Thursday, April 6 • 6:30 - 8:30 pm • 2 hours • Cost: FREE • Surrey

Thursday, June 1 • 6:30 - 8:30 pm • 2 hours • Cost: FREE • Surrey

Thursday, August 10 • 6:30 - 8:30 pm • 2 hours • Cost: FREE • Surrey

Join us for a time to connect and engage with others working in group child care settings.

New to networking? These networking groups offer early childhood educators the chance to make connections and foster relationships with other educators who share common goals and interests. Together we'll share our ideas, thoughts, and challenges while providing a safe place for you to share. Visit our website for the topics of each session.

Facilitators: Child Care Options Community Connectors

Please Note:

- Certificates for professional development purposes will be issued.
- Light refreshments will be provided.

To register please call our office: 604.572.8032

For educators working in group child care facilities in Delta, Surrey or White Rock.

REGISTRATION POLICIES AND PROCEDURES

To reserve a space in a workshop, payment must be received at the time of registration. Post-dated cheques will not be accepted. Methods of payment include Visa and MasterCard. Payment by debit, cheque or cash is available for in-person registration. Registrations are accepted by telephone and online with payment.

When you receive your confirmation please verify it with your records.

Please take note of the location of the session you register for.

Please note your workshop dates on your personal calendar as Child Care Options CCRR does not phone participants to remind of workshops.

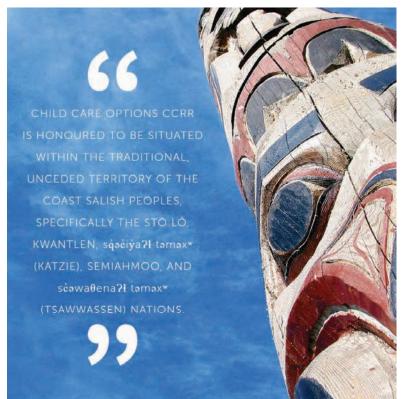
- Refunds will not be issued due to technical difficulties with your equipment.
- No monies will be refunded or credits offered once the workshop, course, or community of practice starts.
- If enrolment for any workshop is insufficient, Child Care Options CCRR may cancel or reschedule the class. In the case of cancellation, payment will be reimbursed or credited.

Workshop cancellations:

Requests for workshop cancellations **MUST** be received at least **48 hours prior** to the scheduled workshop date. Cancellation requests received before this deadline will receive a credit voucher to be used towards future workshops at Child Care Options CCRR. No refunds will be issued, however you can send a substitute in your place. Please call our office to inform of the substitution.

Course and Community of Practice (CoP) cancellations:

Requests for course and CoP cancellations **MUST** be received at least **72 hours prior** to the scheduled course or CoP start date. Cancellation requests received before the 72 hour deadline will receive a cheque for the amount of the course minus a \$25.00 administration fee. Cancellation requests received after this deadline will be issued a credit voucher for the amount of the course minus a \$25.00 administration fee. The credit voucher can be used towards future courses and workshops at Child Care Options CCRR.



Professional Development Certificates

Replacement certificates will be issued for **up to 5 years** of the date of the workshop. Fees may apply.

- For replacement certificates for the Good Beginnings and 20 Hour Responsible Adult courses please contact BCFCCA at: office@bcfcca.ca
- Certificates are **not** provided for Parent Education Sessions.

In-person training:

Certificates will be issued **on the evening of your workshop.** To receive a training certificate for the full length of the workshop, you must arrive on time, participate, and stay for the entire session.

Online training:

Certificates will be **emailed within a week** from the date of the workshop. If you have not received your certificate please notify our office within two weeks. If we have not heard from you we will assume you have received your certificate and replacement fees will apply.

Policies for in-person training

- Workshops start promptly at the time indicated. Late arrivals to a workshop will be admitted at the discretion of the presenter and certificates will be adjusted.
- Late arrivals will not be admitted into first aid courses. You must arrive on time as the class begins right away and there is a large amount of material to cover.
- We are unable to accommodate children during a workshop or course.
- Photographs may be taken during training, either by us or other participants. By registering, you will be giving permission that photos containing your image/likeness may be used.
- Child Care Options CCRR follows current BC public health guidelines for in-person gatherings and events.

Note: Due to COVID-19 and following all public health guidelines, in-person training may be moved online.



COVID-19 Precautions For In-Person Training

If you are registered for an in-person training session and you have flu-like or COVID-19 symptoms, please do not attend the workshop as you will not be admitted into the building.

Click on this link to do a symptoms self-check beforehand:

<u>bccdc.ca/health-info/diseases-conditions/covid-19/about-covid-19/symptoms</u>

If you cannot attend a workshop that you are registered for, we do not offer refunds but you can send a substitute in your place. Please call our office to inform of the substitution.

Policies for online training

- Online workshops will be held on the Zoom platform. You will need a laptop, computer or smartphone with access to internet, video and audio.
- We highly encourage you to have your camera/video on throughout the workshop.
- Workshops start promptly at the time indicated.
- Participants arriving or logging-in late or leaving early will have their certificates adjusted.
- Photographs may be taken during training, either by us or other participants. By registering, you will be giving permission that photos containing your image/likeness may be used.

Workshop Locations for Child Care Options Training



SURREY

Child Care Options CCRR #100-6846 King George Blvd

SOUTH SURREY

Beecher Place 12160 Beecher Street

DELTA

REACH Child and Youth Development Society 5050 47 Ave

ONLINE

Workshops hosted via the Zoom platform.



1/2 HOUR BREAK, BRING LUNch 10:00 am - 3:30 pm • 30 hours • Location: Surrey Cost: \$275.00; includes textbook

The GOOD BEGINNINGS courses will not only help you explore various areas of child care, but will also guide you to create the policies and procedures necessary to develop your business, introduce you to a network of family child care providers, and provide you with resources and contacts specific to your family child care business. Participants taking Good Beginnings will get a certificate for 30 hours of professional development.

Please note: Bring a 2" binder to the first class; the first class (May 6) will start 30 minutes earlier at 9:30 am; and there will be no class on Saturday, May 20 and May 27.

Upon successful completion of the course, assignments and parent package, a certificate will be issued by BCFCCA with the hours attended shown.

20 HOUR RESPONSIBLE ADULT COURSE



Classes: 8 Thursday evenings: April 20, 27, May 4, 11, 18, 25, June 1 & 8 • 6:00-8:30pm • 20 hrs Location: Surrey • Cost: \$180.00; includes textbook

This course meets the requirements for 20 hours of training for "Responsible Adult" as stipulated by the Child Care Regulation to qualify for employment in family child care or school age child care settings. Through interactive sessions, this course covers basic concepts about child development, child guidance, health, safety, nutrition and programming. Participants must be at least 19 years old to register, attend all sessions and complete all assignments with a satisfactory mark in order to receive a certificate of completion. Participants taking this course will get a certificate for 20 hours of professional development.

Upon successful completion of the course and assignments, a certificate will be issued by BCFCCA with the hours attended shown.

STUDENT CRITERIA:

- At least 19 years old.
- A minimum of grade 8 Level 5 or above.
- write, and speak in English.

REGISTRATION:

To register call 604.572.8032.

- Good Beginnings Course,
- ask for Daljit Dial.

TEXTBOOKS:

Pick up from our office; #100-6846 King George Blvd, Surrey. birth to 12 years of age, such as Occasional Licensed Child Group Child Care, and Licensed Family Child Care.

PLACES THAT NURTURE WELL-BEING AND BELONGING

Saturday, April 1 • 10:00 – 2:30 pm • 4 hours • Cost: \$40.00 • Surrey



This practical workshop will illustrate what a long-term project can look like through storytelling, documentation, and examples of invitations and provocations. This workshop explores the concept and contexts of "Homes", offering practitioners the opportunity to critically consider and reflect on the key principles of home, including a sense of well-being and belonging, safety, and care. It challenges practitioners to consider the importance of attachment, well-being, belonging, and connection in terms of their practice. Participants will receive a list of book resources as a handout.

Presenter: Melanie Van Eyk

Melanie's heart, as an ECE of 20 years, is to invite, inspire, and rejuvenate educators in terms of their work with children. Her workshops are deeply reflective and deeply practical to support participants in their daily work.

Suitable for all early learning and child care professionals.

COMMUNITY OF PRACTICE -

PLAY MATTERS: THE IMPORTANCE OF PLAY FOR LEARNING AND WELL-BEING

- 3 Monday evenings April 3, May 1 & 29 6:30 9:00 pm, and
- 2 Saturdays April 15 & June 24 9:30 am 2:30 pm
- 5 sessions total 17.5 hrs Cost: \$40.00 (includes a light meal at each session, 3 books the BC Early Learning Framework, Play Today, and Let's Play, and a copy of the ECEBC Code of Ethics) Surrey

"We don't stop playing because we grow old; we grow old because we stop playing." - George Bernard Shaw

Do you believe in the power of play? Do you value play? Are you seeking experiential learning through play?

Join us to experience a variety of ways to play. Together we will engage in collaborative dialogue, discussion, and critical reflection on our current practices, all with the hopes of finding deeper meaning in our work. Play is crucial in the lives of children and also our lives as adults. Spend time with us exploring the power of play through many different mediums like storytelling walks, being outdoors, utilizing loose parts, messy play, and more!

This Community of Practice is for anyone working with children who is looking for new ways to inspire learning and create a community within early childhood education. So let's play together - everyday and everywhere!

Presenters: Child Care Options CCRR Staff, Tamara Jacobs & Tennille Baboth

This initiative is funded through the Canada-British Columbia Early Learning and Child Care (ELCC) Agreement between the Government of Canada and the Province of British Columbia, in partnership with the Westcoast Child Care Resource Centre (WCCRC), the agency responsible for administering the funds.

Suitable for all early learning and child care professionals.

EXPLORING NATURE WITH CHILDREN IN THE SPRINGTIME

Thursday, April 6 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Surrey

Spring is full of budding flowers and leaves unfurling. Join Tricia to learn about leaves and flowers, as she shares hands-on and open-ended crafts, stories, songs, and other provocations for outdoor play this spring.

Presenter: Tricia Edgar

Tricia is the co-founder and program director of Fresh Air Learning, a forest school in Metro Vancouver. She has over 25 years of experience playing and learning with children outdoors and loves muddy puddles, frogs, and banana slugs!

DIVERGENT THINKING AND IMAGINATIVE EDUCATION

Thursday, April 13 • 6:30 – 8:30 pm • 2 hours

Cost: \$20.00 • Online

This workshop will remind participants of the capacities that children have before they even enter our child care centres; these capacities should be welcomed and nurtured to create a pedagogical context of trust and respect. Annabella will focus on the divergent thinking skills that children possess and will share with educators diverse strategies for keeping these skills ignited while re-igniting their divergent thinking. Participants will also be introduced to the practice of the Imaginative Education theory.

Presenter: Dr. Annabella Cant

Dr. Annabella is an ECCE professor at Capilano University where she received the 2019 Teaching Excellence Award. Annabella has been involved with ECCE as a practitioner since 1994. Her latest book is Unswaddling Pedagogy.

Suitable for all early learning and child care professionals.



BUILDING BRIDGES THROUGH UNDERSTANDING THE VILLAGE

Saturday, April 15 • 9:00 am - 4:30 pm • 7 hours • Cost: \$20.00 • South Surrey

The Building Bridges through Understanding the Village workshop will provide educators with the opportunity to cognitively and emotionally comprehend how colonization affected Indigenous communities throughout generations. The participants will learn how to begin the process of decolonizing the education system to create culturally appropriate early childhood education programs. In her master thesis, Laura Jane Buchanan wrote: "This workshop is geared to solutions rather than recrimination and is a forum in which to ask questions." The training maintains a non-blame and non-shame perspective and is an invitation to participants to become part of the ongoing healing that is already taking place in many Indigenous 'villages.'

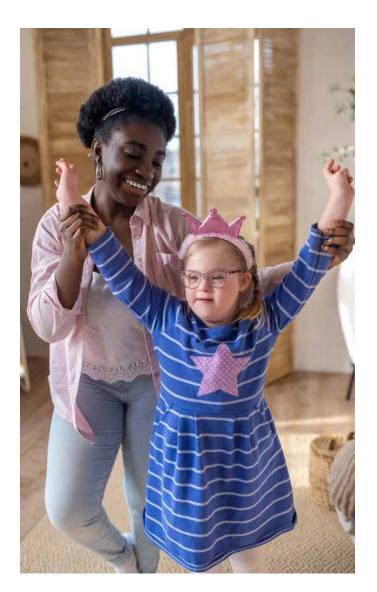
Presenters: Kathi Camilleri

Kathi is an Aboriginal woman who has coordinated healing programs in the Aboriginal Community for 19 years. She has a Master's Degree in Leadership Studies. Kathi works with Aboriginal Mental Health and has her own consulting business. She facilitates strategic planning sessions and experiential workshops regarding Canada's Policy of Assimilation and Colonization with social workers, foster parents, health care workers, church groups, students and educators and frontline workers in communities across Canada. The healing power and personal impact of this work elicit rave reviews. One participant wrote: "Kathi uses humour, kindness and wisdom to hold the space safely for us while we change how we see the world and how we forever interact with those who have Aboriginal Heritage. It is easy to learn because of her gentle ways, and her respect for all people."

Please note:

- This workshop will be addressing Residential Schools and their effects in an in-depth way. Participation may trigger unresolved grief and loss issues for some.
- Each participant will receive a copy of "Speaking Our Truth: A Journey of Reconciliation" by Monique Gray Smith.
- Doors open at 8:30 am.
- Lunch and refreshments will be provided.

This initiative is funded through the Canada-British Columbia Early Learning and Child Care (ELCC) Agreement between the Government of Canada and the Province of British Columbia, in partnership with the Westcoast Child Care Resource Centre (WCCRC), the agency responsible for administering the funds.



RECOGNIZING AND SUPPORTING CHILDREN WITH DIVERSE DEVELOPMENTAL NEEDS

2 Mondays: April 17 & 24 • 6:30 – 8:30 pm • 4 hours

Cost: \$40.00 • Online

Research says that early intervention is beneficial for a child's development, to help overcome challenges and increase a child's success in school and life. Identifying and providing effective early support to children is one of the roles of early childhood educators. This workshop will discuss what developmental delays/disorders are, help identify early warning signs, provide strategies for success as well as for developing effective working relationships with parents. It will also include ideas on making connections and building strong relationships with other community services and child care programs that are available for families.

Presenters: Malgosia Tomanik, M.Ed.

Malgosia, is a Family Consultant who specializes in supporting children from preschool to high school age and their parents/caregivers in a variety of environments, including homes, schools, and child care settings. Malgosia is experienced in addressing concerns associated with the daily challenges of caring for a child/youth who requires support, including helping to make sense of difficult behaviour and supporting the "big people" for each child in finding a way through. Malgosia also works as a Key Worker with the Fraser Valley Child Development Centre. She provides support to caregivers raising children and youth who are living with FASD, from birth to 19 years of age.

Suitable for all early learning and child care professionals.

COACHING LEADERS: COMMUNICATION AND LEGISLATION

Monday, April 17 • 6:30 – 8:30 pm • 2 hours • Cost: FREE • Surrey

Coaching Leaders aims to empower early childhood program leaders in gaining confidence in their skill sets, improve the quality of their programs, and support positive relationships with families and staff.

This workshop will cover two modules taken from the program:

- Communication: The benefits of clear communication and how it supports compliance
- Legislation: Why we have it and how to find sections

Presenters: Angie Uy & Sarah Hussain, Licensing Officers

Angie has been a Licensing Officer for over 15 years. Previously she worked on the floor with infants, toddlers, and 3-5 year olds and was an Assistant Director for a non-profit society. She looks forward to sharing her knowledge and experiences with participants of this workshop.

Sarah has worked in the child care field for over 20 years and as a Licensing Officer for 5 years. Her experience ranges from working in schools as an Educational Assistant (EA), a supervisor in a group child care school age program, and an ECE in various group child care programs. She looks forward to sharing with you her experience, knowledge, and resources to support you in your learning. Subsequently, she hopes this will provide you with the tools to assist and mentor your staff.

To register please call our office: 604.572.8032.

For family child care providers operating a LFCC or IHMA facility in Delta, Surrey or White Rock

MATH PROJECTS: MATH CONNECTIONS THROUGH MAKING AND CREATING

Thursday, April 20 • 6:30 – 8:30 pm • 2 hours Cost: \$20.00 • Surrey

In this session, Janice will share several mathmaking projects using easily accessible materials such as paper, sticks and recyclables. Participants will engage in projects such as origami, weaving, and box puzzles and through the process will be encouraged to make their own mathematical connections. Janice will highlight connections to the BC mathematics curriculum and provide suggestions for resources to support participants with incorporating these projects into their classrooms, before and after school programs or child care settings

Presenter: Janice Novakowski

Janice is a K-12 district teacher consultant (mathematics and numeracy) in the Richmond School District and an Adjunct Professor at UBC. She has taught in preschool, kindergarten and primary classrooms and has been a learning resource teacher and teacher-librarian. She is a member of the BC Numeracy Network and facilitates the BC Reggio-Inspired Mathematics Project.

Suitable for all early learning and child care professionals who work children of ages 4 and up.

FINDING YOUR WHY: REIGNITING YOUR PASSION

Saturday, April 22 • 9:30 am – 3:30 pm • 6 hours Cost: \$20.00 • Surrey

As early care and learning professionals, we know children learn through concrete experiences. We want to bring that knowledge to co-constructing our learning together through the power of story, empathy, and sharing of information. During this experiential workshop, you will explore yourself, your values, and your image of the child and educator. Our hope is that you will leave this workshop feeling seen and see yourself as the pedagogical leader you are and will continue to be.

Presenters: Child Care Options CCRR Staff, Daljit, Ewa, & Tamara

Please note: Lunch and refreshments will be provided.

Thank you to Women and Gender Equality Canada for the funding support and the support from the ECEBC Leading Change program.

This project is independent of the work of ECEBC, WAGE, and SRDC and does not necessarily reflect the views or opinions of ECEBC or the program partners.

Suitable for all early learning and child care professionals.

NURTURING THE NURTURER: AN EMBODIED WORKSHOP FOR EDUCATORS

Monday, May 1 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Online

This workshop supports educators inside and outside the classroom. We will demonstrate mindfulness games and methods to teach children an awareness of the body, thoughts and emotions. These techniques can help improve focus, emotional regulation, resilience and a sense of kindness for oneself as well as others. We will also explore how to incorporate topics such as compassion and fear into the learning curriculum as well as an educator's personal practice. We know that when children have healthy coping skills, the classroom is a happier and more productive environment for the teacher too!

The second half of the workshop is just for you - the educators! We will explore self-care, mindful communication, and self-compassion. This portion will provide soothing ways for educators to nurture themselves throughout the day with breath and supportive therapeutic touch. You will experience a gentle guided meditation to end the session (no previous experience necessary). Participants will also be gifted a recorded meditation guided by Gina to revisit anytime

Presenters: Gina Miller & Lyn Sakari

Gina is an artist, mother of three, certified meditation teacher and group facilitator working in the field of addiction and emotional wellness for Fraser Health Authority. She is passionate about helping others to see and use their strengths to live purposefully. It is her combination of experience and wisdom along with her perspective as an artist that makes her teachings and workshops unique

Lyn is a licensed early childhood educator with twenty years of experience working in the field in a variety of settings including preschool, child care and StrongStart. She became a certified meditation teacher in 2018 after a decade of her practice, witnessing the tremendous benefits it brought. Now she is ecstatic about combining her two passions, sharing mindfulness practices with children and those that love and care for them.

Suitable for all early learning and child care professionals.

9

YOUNG, WILD, AND GROWING: EXPLORING COMMON CHALLENGING BEHAVIOURS AMONG INFANTS. TODDLERS. AND PRESCHOOLERS



3 Thursdays, May 4, 11 & 18 • 6:30 – 9:00 pm • 7.5 hours • Cost: \$60.00 • Online

In group child care settings, early childhood educators deal with behavioural issues every single day. This workshop provides an opportunity to see common challenging behaviours among infants, toddlers, and preschoolers with an early childhood mental health approach. This workshop is not intended to change children directly but change them via our interactions with them.

Presenter: Dr. Minnie Mossop

Dr. Minnie is a passionate infant and toddler specialist with a Ph.D. and MA in Infant and Early Childhood Development and an M.Ed. in Early Childhood Education. Her research interests cover various mental health areas (e.g., attachment, brain development, co-regulation) of young children, especially infants and toddlers. She is a faculty member of the Early Childhood Education Program at Douglas College. She has also supported hundreds of families and ECEs in North America through online/offline consultations and group workshops..

Suitable for all early learning and child care professionals.

CONNECTING AND COLLABORATING WITH THE SCHOOL AGE CHILD

Saturday, May 6 • 9:30 – 12:30 pm • 3 hours • Cost: \$30.00 • Online

Looking for ways to encourage social-emotional well-being and creativity with children aged 4 and up?

This workshop is for you!

During this workshop participants will be inspired to reflect, to enhance their understanding of the school age child and how to communicate with this very powerful age group.

Presenter: Paula Milbradt

Paula celebrates over 27 years in the child care sector, enhancing her skills and collaborating with children, families and the community. She has worked with children of all ages inclusive of 4 foster boys which inspired her vision of her company Empowermil.

Suitable for all early learning and child care professionals who work with children aged 4 and up.





REALLY SEEING CHILDREN WITH DEB CURTIS

Monday, May 8 • 6:30 – 8:30 pm • 2 hours • Cost: FREE • Online

The daily reality of working with a group of young children presents many demands for adults in early childhood programs. There are the ongoing chores of caretaking and cleaning up, planning and providing an engaging curriculum, communicating with families and coworkers, and the ever-growing pressures for outcomes, assessment, and documentation to prove that children are learning when they are with us. These pressures compete for our attention, making it difficult to keep the joy of working with children at the centre of our work. Most of us went to work with young children because we love their view of the world and wanted to share it with them. Yet, with all of these preoccupations and problems, how can we possibly stay truly present at the moment and really see children? Learning to see children takes time and practice, but the effort is worthwhile as it helps us share in their insatiable curiousity, eagerness for relationships, natural competencies and pure delight. Join Deb for stories and approaches that can help you enhance the joy and meaning of your work.

We will consider:

- Noticing and suspending our adult agendas to meet up with children's lively minds rather than their behaviour.
- Seeing and studying the details of children's innate approaches to learning and their natural dispositions and skills for cultivating relationships.
- Understanding schema theory and active play for children's brain development and learning.
- Using a thinking lens to see all the possibilities in the role we can play to enhance the children's and our own daily lives.

Presenters: Deb Curtis

Deb has been a passionate advocate for children and childhood for many, many years working with children and teachers in early childhood programs; observing and studying children and child development. She is an avid "kid watcher" and has a deep respect for children and their amazing abilities for relationships and learning. She is a fierce advocate for equity and anti-bias education practices and protection of the natural world which she brings to all of her work with children and adults.

Currently, Deb works part-time as a mentor/toddler teacher in a child care program in Seattle Washington. Along with teaching children, she also works with educators in programs, seminars, and institutes all over North America. She is the co-author of many books related to working with young children. You can learn more about these resources at redleafpress.org and childcareexchange.com..

THE HUNDRED LANGUAGES OF CHILDREN

Monday, May 29 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Online

In this workshop, we will discuss the image of the child and the role of the educator. We will explore how we can help children to express their ideas in hundred languages. This workshop will also help educators to explore various ways to promote creativity in young children and implement a child-friendly curriculum. We will also discuss the importance of relationships with materials and how to promote inquiry and investigation in the classroom.

Presenter: Pooja Kalsi

Pooja has a Master's degree in Early Childhood Education from the State university of New York. She has 25 years of experience in the early childhood field as a teacher, facilitator, supervisor, director and instructor. She is very passionate about finding ways to promote children's creativity and expression of discovery. She currently teaches at Langara College in the ECE department. She is a mother of two children and believes she continues learning from the world around her..

Suitable for all early learning and child care professionals.

EMBRACING AND NAVIGATING CHALLENGING CONVERSATIONS WITH PRIMARY CAREGIVERS, PARENTS, AND GUARDIANS

Thursday, June 1 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Online

The relationships ECE's and primary caregivers, parents, and guardians create, permeates the work ECE's do with children; this is always the case. Primary caregivers, parents, and guardians and their children in our programs are never independent of each other, they are always a package deal!

We will engage in conversation about times when ECEs' relationships with primary caregivers, parents, and guardians feel strained, challenging, or even scary. How do we navigate these times and these conversations with primary caregivers, parents, and guardians? We will explore practical strategies for framing and working through tough moments and conversations with families with the goal of creating and maintaining respectful, supportive, and joyful connections between some of the most important individuals in a child's life during the child care years.

Presenter: Etovre Vese

Etovre has enjoyed 30 years in the ECE field working with children, families, community partners, and ECE students in various roles, as an Educator, Post-Secondary ECE Program Coordinator, Union Bargaining Representative, an ECE consultant and more. Currently, she has the immense pleasure of instructing future educators in both Basic and Post-Basic ECE programs and has for 12 years. She views this diversity of experiences as a gift and a true benefit in developing an open and curious attitude working with both children and adults in early childhood education.





FINDING YOUR WHY: REIGNITING YOUR PASSION

Saturday, June 3 • 9:30 am – 3:30 pm • 6 hours

Cost: \$20.00 • Surrey

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Presenters: Child Care Options CCRR Staff, Daljit, Ewa. & Tamara

Please note: Lunch and refreshments will be provided.

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Suitable for all early learning and child care professionals.

PLAY WITH PURPOSE

Monday: June 5 • 6:30 – 8:30 pm • 2 hours

Cost: FREE • Surrey

Registration opens April 17!

Play is one of the most important and impactful ways children learn. In this workshop, we will explore a variety of skills that can develop through play, the different types and stages of play, as well as working through those tricky moments through play. By the end of this presentation, you will have a better understanding and appreciation for play, and more playful tools.

Presenter: Lisa Kaldenbach

Lisa is a registered clinical counsellor in BC and registered as a psychologist in Alberta. She has spent the last ten years working in a variety of child-based settings. She is passionate about supporting families, educators, and caregivers who are experiencing a variety of challenges through a family-centred, attachment-focused, and play-based lens.

To register please call our office: 604.572.8032.

This workshop is presented in partnership with the Centre for Child Development.

Suitable for all early learning and child care professionals who live or work in Delta, Surrey or White Rock.

PROMOTING PRESCHOOLER'S SOCIAL-EMOTIONAL DEVELOPMENT THROUGH PEER INTERACTIONS

Thursday, June 8 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Surrey

Preschool provides a unique environment for children to learn and grow. Social and emotional development is especially enhanced through peer interactions. Through activities such as playing, imitating, problem-solving, and collaborating with each other, children gain the skills necessary to build relationships and develop their social understanding. These skills are essential for a successful transition into kindergarten and life beyond school. Nonetheless, some preschoolers have difficulty engaging in social situations with their peers or making friends. For those children, it is important to provide support and guidance from teachers, parents, or other caregivers in order to help them develop the necessary social and emotional skills. With the right support, children can learn to interact with their peers in meaningful ways and gain the social and emotional development that will last throughout their lives.

In this workshop, we will learn to scaffold young children's peer interactions to help them build the necessary socialemotional skills such as sharing, perspective-taking, entering play, and caring for each other.

Presenter: Monica Chan

Monica is the founder and parent educator at The Imperfect Parent, whose mission is to support families and caregivers with researched-backed resources and a respectful approach to caring for young minds. Together, we can ensure children grow to be authentic humans and caregivers can find joy and fulfilment on their journey alongside children

Suitable for all early learning and child care professionals.



UNDERSTANDING BEHAVIOUR ISSUES BASED ON ATTACHMENT LENS

Monday, June 12 • 6:30 – 8:30 pm • 2 hours

Cost: \$20.00 • Surrey

Studies have confirmed that developing secure attachment relationships is critical for the healthy development of young children, including those in group or family child care settings. However, the relationships between early childhood educators and children differ from those between parents and children, so applying attachment theory in group or family child care settings can be challenging.

This workshop will guide early childhood educators to understand their crucial roles in developing attachment relationships while discussing different kinds of attachment types and starting discussions on strategies for developing attachment relationships with children. Moreover, early childhood educators will have opportunities to connect common misbehaviours with different attachment styles to increase opportunities to apply attachment theory when working with young children.:

Presenter: Dr. Minnie Mossop

See bio on page 10.

COACHING LEADERS: REPORTABLE INCIDENTS AND ACTIVE SUPERVISION

Monday, June 19 • 6:30 – 8:30 pm • 2 hours • Cost: FREE • Delta

Coaching Leaders aims to empower early childhood program leaders in gaining confidence in their skill sets, improve the quality of their programs, and support positive relationships with families and staff.

Registration opens April 17!

This workshop will cover two modules taken from the program:

- Reportable Incidents: Why and how we report and their importance.
- Active Supervision: What is it and how do I support and train my staff in active and positive supervision.

Presenters: Kirsten Inouye & Sarah Hussain, Licensing Officers

Kirsten has been an Early Childhood Educator for over 30 years. Including 5 years as a Licensing Officer, 20 years with Supported Child Development as an administrator, workshop facilitator and consultant, and 8 years on the floor working with children in daycare, preschool and out of school care. Kirsten has a wealth of experience presenting to large and small groups throughout the province of BC and has supported the development of workshops on topics such as Positive Behaviour Supports, Family Centered Practice, Inclusion, and Inclusion in School Age Care Programs.

Sarah Hussain: see bio on page 8.

To register please call our office: 604.572.8032.

Suitable for all early learning and child care professionals.

HOW OUTDOOR EDUCATION PROMOTES THE LIVING INQUIRES OF THE BC EARLY LEARNING FRAMEWORK

Thursday, June 22 • 6:30 – 8:30 pm • 2 hours

Cost: \$20.00 • Online

Living inquiries in the BC Early Learning Framework are used to describe the processes of thinking and learning that happens as children, educators, materials, and ideas interconnect. The term "living" suggests that these processes are ongoing and always evolving. "Inquire" means to pay attention in multiple ways – to study, explore, experiment, and ask questions. Learn how outdoor education fits perfectly into the Living Inquiries of the BC Early Learning Framework in this engaging two hour presentation. Bring your curiousity and your questions!

Presenter: Belva Stone

Belva has been a certified Early Childhood Educator for 13 years, and 8 of those years have been teaching as an outdoor educator. She currently owns and operates Muddy Boot Prints, an unlicensed outdoor early learning program that operates out of public parks in Vancouver BC. Since 2016, Belva has been a part of an advocacy group that has been working towards licensing outdoor education in British Columbia. Belva is a part of the non-profit OELA (Outdoor Early Learning Association of BC) which supports outdoor educators in British Columbia, as well as assisting in getting outdoor education licensed.

Suitable for all early learning and child care professionals.

OPEN A BOOK, OPEN THE WORLD: EARLY LITERACY RESOURCES THAT PROMOTE DIVERSITY

Monday, June 26 • 6:30 – 8:30 pm • 2 hours •

Cost: \$20.00 • Online

This workshop is focused on sharing early literacy resources that promote diversity including race, creed, gender, culture, family structures and abilities.

Content includes:

- Exploring concepts to strengthen, support and enhance the fundamentals of literacy while celebrating diverse communities
- Sharing a variety of children's books and related handson literacy extension activities that can be integrated into our current environments. These resources will be primarily geared toward children ages 2-6 years of age.

Presenter: Nancy Tovell

As part of the team at Bookmates, Nancy has a wide range of experience in facilitating workshops with a focus on sharing early literacy strategies, tools and resources to support those working with families and young children. Prior to joining Bookmates, she was a contractor for a division of Scholastic Canada called "Books On Tour" and subsequently founded "The Book Girl", a company providing books to schools and child care centres in Winnipeg.



GROWING LEADERS: PLANTING SEEDS FOR CONNECTION, BRAVERY, AND LEADERSHIP

Thursday, July 6 • 6:30 – 8:30 pm • 2 hours Cost: \$20.00 • Online

What do children need to be successful in life? Research has found that emotional intelligence (EQ) is four times more likely to predict a person's success than IQ. Katelyn believes the best way to prepare children to have successful lives as adults is to foster leadership skills from a young age. This two hour workshop will explore what leadership is and how leadership skills can be learned at an early age through connection, emotional intelligence, creativity and opportunities for bravery.

Presenter: Katelyn Moon

Katelyn is a white settler of mixed European descent who resides on the unceded territory of the Stó:lö peoples (Chilliwack BC). Katelyn has been an early childhood educator since 2007; she has been highly regarded for her work focused on child-led learning and social-emotional development. Over the last several years Katelyn has worked in community and regional child and youth roles supporting Indigenous peoples. Katelyn is a student in the Master of Arts in Leadership with a health focus at Royal Roads University.

Suitable for all early learning and child care professionals.

CONNECTING FIRST PEOPLES PRINCIPLES OF LEARNING TO OUR PRACTICE

2 Mondays, July 10 & 17 • 6:30 – 8:30 pm • 4 hours • Cost: \$40.00 • Online

In the first session, we will begin to explore the First Peoples Principles of Learning. What do they mean and how should they impact our work? Before we can dive deep into the principles, it's important to talk about reconciliation. Reconciliation starts with examining the true history of Canada and understanding the impact the colonial system has had on the Indigenous Peoples of Canada. When we understand this truth, we can begin to look at how Indigenous ways of knowing and relating to Indigenous pedagogies. The First Peoples Principles of Learning provides a framework that reflects the values of Indigenous Peoples.

In part two we will revisit the First Peoples Principles of Learning and unpack any questions that have come up since our previous sessions. We will then explore how these principles guide us in planning our programs, how they guide us in resource selection and help us make connections to place-based activities.

If time permits, we will discuss the Ministry of Education's Action Plan related to Anti-Racism.

Presenter: Nadine McSpadden

Nadine is a member of the Shuswap Band in Invermere, BC. She has worked in Indigenous Education for 20 + years. She is an author and chose to write because she sees the importance of Indigenous children seeing themselves, their culture, their values, and their ways of being in the curriculum. She continues to learn and participate in cultural events that the Secwepemc Nation offers as well as participating in her communities events when she can.

She recently retired from teaching and feels honoured to be one of the consultants for Len Pierre Consulting.

PROMOTING STEM IN EARLY CHILDHOOD ENVIRONMENTS WITH LOOSE PARTS.



Saturday, July 15 • 10:00 am – 2:30 pm • 4 hours • Cost: \$40.00 • Surrey

STEM teaching is an interdisciplinary approach to learning where children learn and apply concepts in science, technology, engineering, and mathematics. Inspired by the BC Early Learning Framework in this workshop the participants will learn how to plan provocations that invite children to observe, explore, investigate, problem-solve, experiment, and design. We will explore ways to integrate STEM language throughout the day to help children think like scientists. This workshop will help educators to understand the importance of loose parts and how to use them in various ways to promote STEM learning with young children and implement a child friendly curriculum that will prepare children for the 21st century.

Presenter: Pooja Kalsi

See bio on page 12.

Please note: Please bring a selection of 5-7 loose parts/natural materials and your enthusiasm.

Suitable for all early learning and child care professionals.

TRYING DIFFERENTLY: A RELATIONSHIP APPROACH TO CHALLENGING BEHAVIOURS

Thursday, July 27 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Surrey

Most parenting and professional approaches to challenging behaviours do not recognize brain development and the power of relationships. Instead, interventions often target presenting behaviours for change. Trying differently means expanding our range of options and moving from punishing behaviours to understanding them, and changing the environment and our expectations of the children. This workshop is designed to help professionals and parents shift from changing the child's behaviour to reframing perceptions, changing the way they respond to the behaviour and developing appropriate and effective support strategies. We will also explore the key role of relationships in addressing challenging behaviour.

Presenter: Malgosia Tomanik, M.Ed.

See bio on page 8.

Suitable for all early learning and child care professionals.

MAGIC OF STORYTELLING TOPICS: FALL, SAFETY AND PETS

Thursday, August 10 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Surrey

This workshop will bring stories and story times magically to life by using simple magic tricks, science, and props.

Objectives:

- To learn simple magic tricks and science to use while telling rhymes, songs, and stories.
- To explore how combining magic with stories is sure to hold the children's attention during story time.

Magic stories that will be explored include fall story ideas, pets, safety, rainbows, colours, water, colours, snow, and glow in the dark science.

Presenter: Susan Andrews

Susan's magical story times have motivated, inspired, and entertained Surrey's children in hundreds of libraries, schools, and festivals every year for the past 25+ years. Her knowledge and passion for children's stories and the gift to share are infectious for children, teachers, and parents alike!



PROJECTS ARE SPUN FROM AUTHENTIC INQUIRY - INVESTIGATING INQUIRY-BASED LEARNING

Monday, August 14 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Online

Would you like to learn more about Inquiry-Based Learning?

In this workshop, we will demonstrate the multiple ways children learn when their inquiries are sparked by their authentic interests. To do this we will take a deep dive into a project that was ignited by the children's and our curiosity about bugs and spiders which ignited a long-term investigation. Whether you refer to it as responsive or emergent curriculum or inquiry-based learning, join us to discover how an ordinary moment has the potential to evolve into a long-term project.

Presenters: Sue Woodward & Caren Eigenmann

Sue and Caren are the co-owners of Childgarden Preschool & Discoveries in Port Moody, BC, which opened in 2007. Their image of the child aligns with one of the underlying principles of Reggio Emilia, in which they see the child as 'rich in potential, strong, powerful, competent, and most of all connected to adults and other children' (Malaguzzi, 1993, p. 10). Educators work alongside the children and their natural curiosity to observe and develop in-depth investigations that reflect and are built upon the authentic interests of the children, making their preschool experience fun, exciting and relevant to them and their world. Educators extend and expand these interests to create deep, meaningful learning opportunities which lay the foundation for future learning. Both Sue and Caren are recipients of the Prime Minister's Award of Excellence in Early Childhood Education, in 2012 and 2017 respectively.

Suitable for all early learning and child care professionals.

LET THEM PLAY!

Saturday, August 19 • 10:00 – 2:30 pm • 4 hours • Cost: \$40.00 • Surrey



We have all been taught that children learn through play and we use it as our philosophy when we are caring for children. But what really is play? What does it look like? What is our role as educators in children's play? In this workshop, we are going to explore the humongous, beautiful topic of PLAY! Let's explore the impact on children's development, routines in our programs that enhance or take away from play, provocations, loose parts and much more!

Presenter: Alisha Inch

Alisha has worked with children of all ages and situations but has a huge passion for preschool and preschool-aged children! She also really enjoys connecting and sharing her passion for the ECE field with her peers through workshops. She currently runs her own preschool in Cloverdale.

PROFESSIONALISM AND PARTNERING WITH FAMILIES

Monday, August 21 • 6:30 – 8:30 pm • 2 hours Cost: \$20.00 • Online

As child care providers we are often the parents first line of information about child development, behaviours, and community resources. As well, we are sometimes a sounding board for the stresses they feel in their lives. In this workshop, we will look at who are the parents of the children we care for, how we get to know them and the power of good old-fashioned conversation. By understanding of culture, we will be better able to work with each child and their family. We will also look at how to maintain your professionalism from the time you have first contact on the telephone to the final day of attendance of the child at your centre.

Presenter: Vicki Lepper

Vicki operated a licensed child care in Coquitlam for over 30 years and is a passionate child care advocate, was a board member of the BC Family Child Care Association (BCFCCA), presents her own workshops, is a "Good Beginnings: Professional Development for Child Care Providers" – Facilitator for BCFCCA, a member of the Tri-Cities ECD Committee and networks with child care providers. Vicki received many awards and loves connecting and sharing resources with those who have chosen a career working with children and families.

Suitable for all early learning and child care professionals.



NATURE AS THE THIRD TEACHER AND FRIEND

Monday, August 31 • 6:30 – 8:30 pm • 2 hours • Cost: \$20.00 • Surrey

Early Learning refers to the environment as the third teacher and this workshop will explore how natural outdoor spaces invite children to learn more about themselves and the world around them. Participants are invited to dialogue and explore how nature supports cognitive, emotional, social, physical, and spiritual development in young children. However, nature can also be a companion and friend and participants can playfully consider what this might look like for themselves and the children in their care. Participants will receive a handout with ideas for open-ended play in nature.

Presenter: Melanie Van Eyk

See bio on page 6.



MAY IS CHILD CARE PROVIDER APPRECIATION MONTH!

Keep your eyes peeled for special events to celebrate the child care providers in our lives and the community.



CONTACT US

604.572.8032

CHILDCAREOPTIONS.CA

FICE HOURS

Monday & Thursday: 9:00 am - 8:00 pm

Tuesday: 9:00 am - 12:00 pm

Wednesday & Friday: 9:00 am - 4:00 pm1st & 3rd Saturdays: 9:00 am - 4:00 pm

Office is closed for statutory holidays and long weekends.

OFFICE CLOSURES

Good Friday Easter Monday Victoria Day Canada Day BC Day April 7, 2023 April 10, 2023 May 22, 2023 July 1, 2023 August 7, 2023

