

PROGRAM MANAGER'S REPORT

Spring is a time of great change, a concept in which our CCRR team is very familiar with. The shift in weather reminds me of how Child Care Options is well acquainted with the concept of transition. This has been a common theme for us the past few years and I am so proud of the work we've been able to accomplish.

We will continue to offer a variety of online and in-person workshops in accordance with the current provincial health orders. Please check our online workshop page https://www.childcareoptions.ca/child-care-providers/training-and-workshops/ to confirm if proof of vaccination is required for any in-person sessions.



We are looking forward to hosting drop-ins in our play studio this spring! We are able to accommodate child care providers caring for 8 or less children on the second and fourth Monday mornings of the month. Licensed group centres caring for 3-5 year olds can book out the space for a field trip on the first and third Monday mornings of the month. Registration is required, please call our front desk for more information.

Looking for ideas to reinvent your space or want a demo of the latest and greatest from our resource library? Our community connector and outreach teams would love to come out for a visit! Give us a call for more information or to book a visit.

It's an exciting time in child care right now and more than ever it's important to keep up with all the changes.

Make sure to visit the ChildCare BC page for the latest information at https://www2.gov.bc.ca/gov/content/family-social-supports/caring-for-young-children and sign up for our weekly child care news e-bulletin on our website.

EMERGENCY CHILD CARE FIRST AID COURSE

Michelle Davies

Cost: \$110.00 • Surrey
2 Thursdays, May 2 & 9 from 5:30 pm – 9:30 pm
Saturday, June 18 from 9:00 am - 6:00 pm
Saturday, August 6 from 9:00 am - 6:00 pm

This 9 hour course includes choking skills, breathing emergencies and CPR for babies and children. The course also covers basic first aid for common injuries. AED certification is also included. This course meets child care licensing regulations.

Facilitator: Bryan Wong



To register please contact Bryan at:
Pacific First Aid or Vital Link • 604-644-4709
www.pacificfirstaid.ca or www.vital-link.ca

Suitable for all early learning and child care professionals.

SOCIAL NETWORKING: AN EVENING OF LEARNING, CONNECTING, AND FUN

Monday, May 16 • 6:30 - 8:30 pm • 2 hours • Cost: \$10.00 • Surrey Monday, June 20 • 6:30 - 8:30 pm • 2 hours • Cost: \$10.00 • Surrey

Are you a child care provider who loves learning from others and would like to exchange ideas? Are you missing a connection to other educators and community? Networking evenings provide an opportunity to meet and learn from each other. These sessions include time for questions about your current issues, challenges, and inspiring ideas. Please join us for a fun and informative evening.

Facilitators: Child Care Options Outreach Consultants

Note: Light refreshments will be provided.

To register please call our office: 604.572.8032

For early learning and child care professionals who care for 8 children or less.

REGISTRATION POLICIES AND PROCEDURES

To reserve a space in a workshop, payment must be received at the time of registration. Post-dated cheques will not be accepted. Methods of payment include Visa and MasterCard. Payment by debit, cheque or cash is available for in-person registration. Registrations are accepted by telephone and online with payment.

When you receive your confirmation please verify it with your records.

Please note your workshop dates on your personal calendar as Child Care Options does not phone participants to remind of workshops.

Workshop cancellations:

Requests for workshop cancellations **MUST** be received at least **48 hours prior** to the scheduled workshop date. Cancellation requests received before this deadline will receive a credit voucher to be used towards future workshops at Child Care Options. No refunds will be issued, however you can send a substitute in your place. Please call our office to inform of the substitution.

Course cancellations:

Requests for course cancellations **MUST** be received at least **72 hours prior** to the scheduled course start date. Cancellation requests received before the 72 hour deadline will receive a cheque for the amount of the course minus a \$25.00 administration fee. Cancellation requests received after this deadline will be issued a credit voucher for the amount of the course minus a \$25.00 administration fee. The credit voucher can be used towards future courses and workshops at Child Care Options CCRR.

- · Refunds will not be issued due to technical difficulties with your equipment.
- No monies will be refunded or credits offered once the workshop or course starts.
- If enrolment for any workshop is insufficient, Child Care Options CCRR may cancel or reschedule the class. In the case of cancellation, payment will be reimbursed or credited.

Professional Development Certificates

Replacement certificates will be issued for **up to 5 years** of the date of the workshop. Fees may apply.

- For replacement certificates for the Good Beginnings and 20
 Hour Responsible Adult courses please contact BCFCCA at:
 office@bcfcca.ca
- Certificates are **not** provided for Parent Education Sessions.

In-person training:

Certificates will be issued **on the evening of your workshop.** To receive a training certificate for the full length of the workshop, you must arrive on time, participate, and stay for the entire session.

Online training:

Certificates will be **emailed within a week** from the date of the workshop. If you have not received your certificate please notify our office within two weeks. If we have not heard from you we will assume you have received your certificate and replacement fees will apply.

Please take note of the location of the session you register for. For this upcoming spring and summer, workshops will be offered either online or in-person.



SURREY

Child Care Options CCRR #100-6846 King George Blvd, Surrey.

GUILDFORD

Guildford Family Resource Program 10310 154 St, Surrey.

ONLINE

Workshops hosted via the Zoom platform.

Policies for in-person training

- Workshops start promptly at the time indicated. Late arrivals to a workshop will be admitted at the discretion of the presenter and certificates will be adjusted. Late arrivals will not be admitted into first aid courses. You must arrive on time as the class begins right away and there is a large amount of material to cover.
- We are unable to accommodate children during a workshop or course.
- Photographs may be taken during training, either by us or other participants. By registering, you will be giving permission that photos containing your image/ likeness may be used.
- Child Care Options CCRR follows current BC public health guidelines for in-person gatherings and events.

Note: Due to COVID-19 and following all public health guidelines, in-person training may be moved online.



COVID-19 Precautions For In-Person Training

If you are registered for an in-person training session and you have flu-like or COVID-19 symptoms, please do not attend the workshop as you will not be admitted into the building.

Click on this link to do a symptoms self-check beforehand: bccdc.ca/health-info/diseases-conditions/covid-19/about-covid-19/symptoms

If you cannot attend a workshop that you are registered for, we do not offer refunds but you can send a substitute in your place. Please call our office to inform of the substitution.

Policies for online training

- Online workshops will be held on the Zoom platform. You will need a laptop, computer or smartphone with access to internet, video and audio.
- We highly encourage to have your video on throughout the workshop.
- Workshops start promptly at the time indicated.
- Participants arriving or logging-in late or leaving early will have their certificates adjusted.
- Photographs may be taken during training, either by us or other participants. By registering, you will be giving permission that photos containing your image/ likeness may be used.





TINKERING AND STEM – WHAT DOES THIS MEAN IN EARLY LEARNING PROGRAMS?

Saturday, April 2 10:00 am – 2:30 pm

1/2 HOUR BREAK, BRING LUNCH

4 hours • Cost: \$40.00 • Surrey

The concept of tinkering is gaining momentum as a driver of creativity and innovation. The tinkering process is about creating ideas and making them through trial and error. Tinkering aligns with how children engage with Science, Technology, Engineering and Math (STEM) concepts and practices. When children engage in tinkering, they are blending tools of science with aesthetics and self-expression. This session will explore how children construct knowledge and express creativity in their play environments. Ideas for promoting tinkering and stem concepts in an array of curriculum areas will be presented.

Presenter: Dr. Beverlie Dietze

Dr. Dietze is the Director of Learning and Applied Research at Okanagan College. She is the lead researcher for both a national and a local research project that is examining strategies to advance children's outdoor play through training and space design. She is the author of seven textbooks related to play and children's programming and has several peer-reviewed articles published on early childhood and adult education topics. She hosts in-person and online workshops, keynote addresses and consultations. Follow her on Twitter @PlayDietze

Suitable for all early learning and child care professionals.

PARTNERING WITH PARENTS, GRANDPARENTS, AND CAREGIVERS

Monday, April 4 • 6:30 - 8:00 pm • 1.5 hours Cost: \$ 20.00 • Online

Children come to us not as fully independent humans, but rather as members of families. Parents are their first teachers, a role they will continue to play even as classroom teachers come and go. For many educators, however, families frequently show up as "challenges." Parents love their children and want what is best for them, but their lack of experience often leads them to make inappropriate demands or have unrealistic expectations. This tendency is becoming more pronounced as developmentally inappropriate and scientifically unsupported early education theories bounce around the internet. Modern definitions of what it means to be a "good" parent are creating undue pressures for children, parents, caregivers, and educators. Teacher Tom discusses how this phenomenon has evolved, how it impacts our work, and what we can do about it as educators. He will show how to improve the lives of the children we work with by educating their parents and turning them into partners and allies.

Presenter: Tom Hobson

Tom "Teacher Tom" Hobson is an early childhood educator, international speaker, education consultant, teacher of teachers, parent educator, and author. He is best known for his namesake blog "Teacher Tom's Blog," http://teachertomsblog.blogspot.com/, where he has posted daily for over a decade.

COMMUNITY OF PRACTICE: LET'S PLAY - EVERY DAY AND EVERYWHERE!

5 Thursdays: April 7, 28, May 19, June 9, 23 • 6:30 - 9:00 pm • 12.5 hours • Surrey

Cost: \$ 40.00 (includes a light meal at each session, 3 books - the BC Early Learning Framework,

Play Today, and Let's Play, and a copy of the ECEBC Code of Ethics).

"We don't stop playing because we grow old; we grow old because we stop playing." - George Bernard Shaw

Do you believe in the power of play? Do you value play? Are you seeking experiential learning through play?

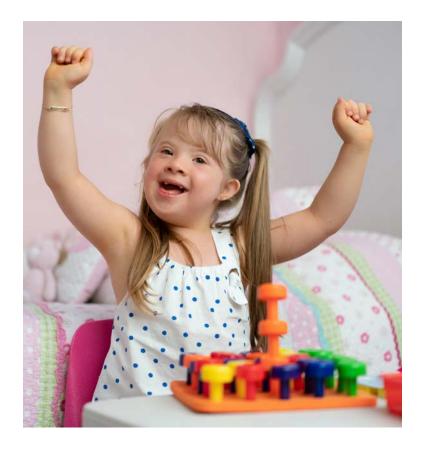
Join us to experience a variety of ways to play. Together we will engage in collaborative dialogue, discussion, and critical reflection of our current practices. All with the hopes of finding deeper meaning in our work. Play is crucial in the lives of the children but also in our lives as adults. Spend time with us exploring the power of play through many different mediums like storytelling walks, being outdoors, utilizing loose parts, messy play, and more!

This Community of Practice is for anyone working with children who is looking for new ways to inspire learning and create a community within early childhood education.

Presenters: CCRR Staff

This initiative is funded through the Canada-British Columbia Early Learning and Child Care (ELCC) Agreement between the Government of Canada and the Province of British Columbia, in partnership with the Westcoast Child Care Resource Centre (WCCRC), the agency responsible for administering the funds.

Suitable for all early learning and child care professionals.



HELPING PRESCHOOLERS DISCOVER THEIR WORLD

Monday, April 11 • 6:30 - 8:30 pm 2 hours • Cost: \$ 20.00 • Surrey



A preschooler's world is full of new discoveries. What simple things can we do to help children make the most of these discoveries? This workshop will demonstrate a basic approach for creating learning experiences that help children learn about their world. BC's Early Learning Framework will be used to provide guidance and inspiration.

Each participant will receive a learning resource that can help a preschooler learn something about their world.

Presenter: Georg Melzer

Georg is a professor of Early Childhood Education at the University of the Fraser Valley. He has designed many learning resources for the preschool environment.



BEATING ANXIETY AND BRAIN STRESS

Thursday, April 14 • 6:30 - 8:30 pm • 2 hours • Cost: \$ 20.00 • Online

Is your brain under a constant state of heightened stress and anxiety? Are you experiencing worry, troubled thoughts or excessive thinking? Are you under emotional strain? Are you sleep deprived and fatigued? Do you feel threatened in today's global health crisis and pandemic? Excess stress means neurons are dying. Discover how fear and threats high-jack your brain causing these unhealthy realities and what you can do about it. Find out what a stressed out brain needs most. Can you avoid brain burnout and maintain your critical memories? Definitely, YES! Discover solutions for maintaining a healthy and efficient brain. Learn practical, actionable, brain compatible strategies to help you control your brain's destiny. This leading edge knowledge will enhance your life, professionally and personally. This workshop is filled with hope and optimism for your future.

Presenters: Gary Anaka

Gary is a Brain-Based Learning Facilitator with over 34 years of teaching experience in the public school system. He has been presenting motivational keynotes and workshops in the new field of Applied Educational Neuroscience since 1997 to tens of thousands of educators, parents, students, professionals and the general public across Canada. His sessions offer genuine practical help for everyone and he believes in wellness through education to support healthy living for people of all ages. He is well-known for his high energy, fun and totally engaging sessions.

He is the author of four books called the Brain Coach Guides series covering children, teens, adults and seniors. The scope of his work can be viewed at www.braincoach.ca.

Suitable for all early learning and child care professionals.

DEFINING YOURSELF AS A LEADER

Thursday, April 21 • 6:30 - 8:00 pm • 1.5 hours • Cost: \$ 20.00 • Online

What does leadership mean to you? Learn to identify three pillars of leadership and how they are reflected in your daily practise. Gain perspective on your own leadership style, values, standards, vision and ideals. Reflect on mentors or experiences with individuals in leadership positions and how that has impacted who you are as a person, educator and leader. How your views and attitude can unite, cultivate, empower and inspire the team that you oversee.

Presenter: Julie Hansen

Julie became an early childhood educator in 2000. Her primary focus has evolved to encompass team leadership, management training and program development.

GOOD BEGINNINGS PROFESSIONAL DEVELOPMENT FOR CHILD CARE PROVIDERS COURSE

Mandatory oreintation - Friday, April 22, at 10:00 - 11:00 am 6 weeks, Fridays: April 29, May 6, 13, 20, 27 & June 3

10:00 am - 3:30 pm • 30 hours

Cost: \$275.00 (includes textbook) • Surrey

This course addresses the essential elements required for operating a quality home-based child care. It covers everything from child development, guidance, health and safety, to managing the business

PLEASE NOTE:

Registration starts on February 18 and is not available online. Please contact our office at 604.572.8032 to speak with Farzina.

Presenter: Farzina Ali

Farzina is an Outreach Consultant at Child Care Options CCRR



You will receive a certificate upon successful completion of the parent package and the course.

Please bring a 2" binder to the first class.

Suitable for anyone who woud like to offer family child care in their home.

UNDERSTANDING OUR KIDDOS THROUGH A SENSORY AND EMOTIONAL LENS

Monday, April 25 • 6:30 - 8:30 pm • 2 hours

Cost: \$ 20.00 • Surrey

Do you ever wonder about those 'behaviours' that happen right out of the blue? They may not be so mysterious after all. Every day we take information in from the world around us through our sensory systems: hearing, sight, smell, touch and our perceptions of motion, movement and gravity. How we process this information determines how we feel and respond to our social situations. Sensory and emotional regulation is the foundation for cognitive, communicative and other social skills! Come and learn about how to help our children learn to regulate and see if that helps some of those 'challenging' behaviours!

Presenter: Pam Collins

Pam proudly identifies as a neurodivergent parent of two adult neurodivergent sons. She is an Autism/Neurodiversity Support Specialist and Educator for Reach Child and Youth Development Society. She is a co-founder of the Richmond Autism Interagency Committee – a group dedicated to increasing opportunities for people with autism to be accepted and celebrated in their communities.

Suitable for all early learning and child care professionals.

ENGAGING WITH THE EARLY LEARNING FRAMEWORK

2 Mondays: May 2 & 9 • 6:30 - 8:30 pm • 4 hours • Cost: \$ 40.00 • Online

In these sessions participants will be introduced to the Early Learning Framework and to the ideas, language and concepts it sets forth. We will explore how the framework can be a provocation for reflection and collaborative thinking about learning and practice. The intention of these sessions is to provide a starting point for educators to create ongoing, collaborative dialogues that will, "support the creation of rich, joyful early childhood spaces where children, adults, ideas, and materials come together, and where knowledge is constructed about learning and living in ways that are local, inclusive, ethical, and democratic." (British Columbia Early Learning Framework, 2019, p.11).

Presenter: Kim Atkinson

Kim is an early childhood educator and writer who has worked in the early years field for over 40 years. She has travelled throughout BC facilitating dialogue and workshops for ECE's, teachers, instructors and administrators. In her role as a pedagogist Kim supported educators to engage in dialogue on new ideas about quality care and education. Kim was the lead writer for the 2019 Early Learning Framework.

20 HOUR RESPONSIBLE ADULT COURSE

8 weeks, May 4, 11, 18, 25, June 1, 8, 15 & 22

10:00 am - 12:30 pm • 20 hours

Cost: \$180.00 (includes textbook) • Surrey

This course meets the requirements for 20 hours of training for "Responsible Adult" as stipulated by the Child Care Regulation to qualify for employment in family child care or school age care settings. Through interactive sessions, this course covers basic concepts about child development, child guidance, health, safety, nutrition and programming. Participants must be at least 19 years old to register.

For more information or to register for this course please speak with Merinda at 604-572-8032.

Presenter: Merinda Lester

Merinda is a Child Care Consultant at Child Care Options CCRR.

Suitable for anyone who wants to qualify as a Responsible Adult in a child care setting.

MULTI-AGE CURRICULUM: IT'S POSSIBLE!

Thursday, May 5 • 6:30 - 8:30 pm • 2 hours

Cost: \$ 20.00 • Surrey

Many child care providers work with mixed-age groups that include children of many different ages. It can be difficult to plan child care curriculum that is appropriate (and safe) for infants through school-age. Are you looking for new ideas? This workshop will help you plan a curriculum for a multi-age group that includes creativity and curiosity while supporting a child's imagination.

Presenter: Vicki Lepper

Vicki was providing licensed family child care in Coquitlam from 1989 to 2018 and is a passionate child care advocate. Vicki presents many workshops and believes in sharing her knowledge with those who have chosen a career working with children.

Suitable for all early learning and child care professionals.



DESIGNING RESPONSIVE EDUCATIONAL SPACES

Saturday, May 7 • 10:00 am – 2:30 pm • 4 hours • Cost: \$40.00 • Surrey



During this lecture we will examine both concrete and abstract aspects of generic interior-spatial design of educational spaces for young children and the effects of design on pedagogical practices. We will look closely at the elements of the educational spaces, discuss the effects of spatial design on individual experiences and group dynamics, and ways of designing educational circumstances that facilitate relational ways of being.

- What does relational pedagogy mean and how does it look like in practice?
- Develop ways of working with educational spaces that is responsive to the culture and intentions of our programs.
- Understand ways in which elements of design play a role in daily child care experiences and affect the well-being of people.
- Look at the elements of the interior spaces such as light, texture, colour.
- Discuss the effects of physical flow on individual experiences and group dynamics.
- Discuss the importance of positive and negative spaces and how they can enhance the flow, and ways of designing circumstances that facilitate relational ways of being.

Presenter: Ana Voinovic

Ana works as an educator (UBC Child Care), artist, research-based designer and a lecturer. Her pedagogical and creative practices are an integrated interdisciplinary response to basic questions of how built/designed environments affect and condition human perception, communication, learning, and socialization.

CHILD CARE PROVIDER APPRECIATION EVENING:

THE SIX HEARTS OF EARLY CHILDHOOD CARE AND EDUCATION

Thursday, May 12 • 6:30 - 8:30 pm • 2 hours • Cost: FREE • Online

In recognition of May as Child Care Month, Child Care Options CCRR would like to thank you for all that you do for children, families and our community. Please join us for this free workshop 'The Six Hearts of ECCE' with Dr. Annabella Cant. who will share the six hearts of the ECE field.

Annabella will share many lessons she has learned from children as an educator and from her students as a university professor. She will disclose to the world that our field has six hearts and will describe each of them through a new lens she calls "Unswaddling Pedagogy." Her dynamic talk will invite everyone to participate whole-bodily and to reflect wholeheartedly on early childhood education. Be ready to be unswaddled!

Presenter: Dr. Annabella Cant

Dr. Annabella is an ECCE professor at Capilano University where she received the 2019 Teaching Excellence Award. Annabella has been involved with ECCE as a practitioner since 1994. Her latest book is Unswaddling Pedagogy.

Suitable for all early learning and child care professionals.

GOING BEYOND THE SHELF: OUR JOURNEY INTO LOOSE PARTS

Thursday, May 26 • 6:30 - 8:30 pm • 2 hours • Cost: \$ 20.00 • Surrey

It started with a basket and thus an evolution within our program was born. We want to show you how loose parts can not only change your physical environment, they can change the way you engage with the children in your care; a shift in environment will have an impact in your pedagogy. Come along as we share how we went from a program of donated toys and plastic bins to a program filled with engaging materials (loose parts). Where do you start? How do you continue? How can loose parts change your centre? How can loose parts change you? Join us as we share not only the journey of a change in the environment but the journey of us changing our practice!

Presenters: Tara Hansson & Lauren Creed

For over a decade, Tara has worked as an early child care educator, stemming from theme based programs but finding her home in a Reggio-Inspired program in Delta, BC. In the early stages of her career, Tara experienced that dittos and pre-planned activities were not an effective tool to inspire learning and set out on a journey to become the teacher she dreamed she'd be. Through additional schooling, case studies and interviews, she has worked her way into her current management role, and is proud to share her findings and successes, and hopes to be an inspiration in the ECE community.

Lauren is currently the leader of 25 educators of a multi-site Reggio-Inspired, emergent program in Delta BC, for children 0-12. Lauren's mission each day is to inspire and motivate children to go beyond the status quo, to inspire programs that advocate for critical thinking and above all empathy and compassion for one another. Not only does Lauren strive to inspire the children each day she also motivates her fast-growing team to not be satisfied with the "same old, same old" and push their comforts and limits to raise their standard of early childhood education. She is an advocate for working intentionally with children and believes that Early Childhood Educators have a vital role in creating a better world.





EXPLORING INCLUSIVE PRACTICES DAY TO DAY IN CHILD CARE

Monday, May 30 • 6:30 - 8:30 pm • 2 hours • Cost: FREE • Surrey

Inclusion is a word used a lot these days. What does it actually mean for the day-to-day practice in child care and preschool programs? How can I as an educator take an inclusive approach to my practice?

This interactive workshop will be an opportunity to look at the spirit of inclusive practice in early childhood programs and discuss some practical ideas and strategies an educator can use to ensure child care/preschool programs are as inclusive as possible. There will also be an overview about Supported Child Development and how they can support you in your programs.

Presenters: Supported Child Development Consultants from the Centre for Child Development

This workshop is presented in partnership with the Centre for Child Development.

Please note this session is for educators who live or work in Delta, Surrey or White Rock. Registration available by phone at 604-572-8032.

Suitable for all early learning and child care professionals.

OUTSIDE PLAY: BRINGING BACK THE FUN INTO NATURAL PLAY

Thursday, June 2 • 6:30 - 9:30 pm • 3 hours • Cost: \$ 30.00 • Guildford

Do we really need to read another statistic about how much time children spend inside or how much screen time they are getting? Come and enjoy a three hour workshop completely based on outside learning and play (fresh air learning principles). The "inside" traditional classroom is small and simple compared to the expansive "outside" classroom where kids learn hands-on through experiential learning techniques, play and by sometimes getting a little dirty. You will learn a ton of games, activities and ideas that are transferable to the home, centre or school.

Presenter: Jeff Willis

As an energetic facilitator, Jeff has spent nearly 30 years working with various organizations using supportive, innovative and experiential techniques to improve team collaboration and staff effectiveness. His passion to develop Creative Toolbox stemmed from his experiences of being an experiential educational consultant, travelling abroad, working as a professional child and youth worker and his roles within the outdoor recreation industry."

Notes:

- This workshop will be held outdoors, rain or shine.
- Please dress for the weather.
- For your own comfort please bring a lawn chair.
- There is parking on-site with additional parking at the Guildford Heights Park, intersection of 102A and 154 Street.



MOVE AND GROOVE: INCORPORATING DANCE AND MOVEMENT INTO YOUR PLAY SPACES

Saturday, June 4

10:00 am - 2:30 pm

1/2 HOUR BREAK, BRING LUNCH

4 hours • Cost: \$40.00 • Surrey

Come ready to "move and groove" and leave with a repertoire of dance invitations to use in your child care settings. This is an introduction to experiential dance through freestyle and choreographed experiences. Educators will learn how to foster movement opportunities and gain confidence facilitating a child's innate sense to move.

Presenter: Stefanie Tong

Stefanie has been a dance and early childhood educator for over 15 years, supporting children and families with social and emotional development through the lens of therapeutic play, dance, and movement.

Participants will be moving for the majority of this workshop. Please wear active, comfortable clothes and running shoes, bring a water bottle.

Suitable for all early learning and child care professionals.

BUILDING A FOUNDATION TO EMOTIONAL REGULATION

Monday, June 6 • 6:30 - 8:30 pm • 2 hours • Cost: \$ 20.00 • Online

Emotional regulation is vital to the healthy development of young children. A balanced and regulated child can play, collaborate, explore, initiate, take risk, and more. They are at rest and open to discovering the world around them. Yet, a calm, curious, and eager to learn child is not the only picture we conjure in our minds when we think about children. We also happen to think of those times of dysregulation: a boiling over of emotions that lead to outbursts, tears, meltdowns, and more. While we want children to feel and express all emotions, one might wonder how they are to help build a path to emotional regulation. What is the road map to strengthening the child's ability to ride those waves of emotion?

This workshop provides information for caregivers and professionals about the latest research on emotional regulation for children as well as practical ways to support children to find that emotional balance with increasing ease.

Presenter: Monica Chan

Monica is the founder and parent educator at The Imperfect Parent, which supports families and caregivers with researched-backed resources and a respectful approach to being alongside children so that each child may grow to be authentic humans and each caregiver may find joy and wonder on this journey.

BRINGING BACK THE VILLAGE: THE FIRST PEOPLES PRINCIPLES OF LEARNING

Monday, June 13 • 6:30 - 8:30 pm • 2 hours Cost: \$ 20.00 • Online

During this workshop we will dive into: The First Peoples Principles of Learning from the Early Learning Framework (ELF); discuss the impact colonization has had on the way we educate our children; ways to challenge the colonial structure that has been placed on education and explore ways to decolonize our practices, our classroom and our selves.

The time that we will spend together exploring the shift in perspectives and working to move away from colonial practices, will allow us to disrupt and challenge how we teach the various truths in the classroom and outside the classroom. It is important to identify who plays what role in a child's life, and why each role must be supported to create a healthy community.

Presenter: Jade Brass

Jade is a member of The Key First Nation on Treaty Four Territory and she is Anishinaabe (Saulteaux) and Néhiyaw (Swampy Cree). She is an aunty, a sister, and an educator. She wants to educate all those who will listen and build connections with other educators.

Suitable for all early learning and child care professionals.

TALKING WITH FAMILIES ABOUT DEVELOPMENTAL CONCERNS

Thursday, June 16 • 6:30 - 8:30 pm • 2 hours

Cost: Free • Surrey

The focus of this workshop is to provide child care providers with some tools to be able to respectfully and confidently approach families when they have concerns about a child's development

Participants will go away with:

- Strategies on how to set up meetings, communicate effectively, and follow-up in a timely manner.
- Information to support families.
- The when and how to refer to other professionals.

Presenter: Sarah Garnham

Sarah works as the Coordinator for the Aboriginal and Supported Child Development Program at Reach Child and Youth Development Society. She has been an SCD Consultant for over 10 years and she is passionate about empowering child care providers to build and maintain positive relationships with the families they serve.

This workshop is presented in partnership with Reach Child and Youth Development Society.

Please note this session is for educators who live or work in Delta, Surrey or White Rock. Registration available by phone at 604-572-8032.

Suitable for all early learning and child care professionals.

WHEN WE UNDERSTAND WHY AND HOW BEHAVIOURS OCCUR, WE CAN TRULY MAKE A DIFFERENCE IN A CHILD'S LIFE

Saturday, June 18 • 9:30 am – 12:30 pm • 3 hours • Cost: \$30.00 • Online

Participants will gain a deeper connection to understanding "behaviour" and how social and emotional development impacts the lives and architecture of a child's development. Children need to be nurtured, encouraged and acknowledged to support their holistic development. "Challenging behaviours" are an invitation to support the child's emerging ability to express, identify both positive and "negative" emotions, and secure healthy attachments. How and why they should actively explore the environment to enhance the child's self esteem, trust in themselves and one another will be the focus of this workshop.

Presenter: Paula Milbradt

Paula celebrates over 27 years in the child care sector, enhancing her skills and collaborating with children, family and community. She has worked with children of all ages inclusive of 4 foster boys that inspired her vision of her company Empowermil.



THE MEANING OF LANGUAGE IN PEDAGOGICAL PRACTICE – LANGUAGE WE LIVE BY, THROUGH REFLECTION AND RECONNECTION

Monday, June 20 • 6:30 - 8:30 pm • 2 hours • Cost: \$ 20.00 • Online

Our practice is grounded in the use of common language, designed to make situations and designed circumstances predictable, manageable, and devoid of difference-attentive mode of thinking.

Today, more than ever, we are called to take an active role in reflecting on the meaning of language that connects us and governs our ways of engaging in practice, and it is only through this process of interrogation and re-thinking of the language we live by that we'll be able to create possibilities for creative and unexpected outcomes.

Presenter: Ana Vojnovic

See bio on page 9.

Suitable for all early learning and child care professionals.

RISK IN PLAY

Monday, June 27 • 6:30 - 8:30 pm • 2 hours Cost: \$ 20.00 • Surrey

This workshop looks at what risk is in children's play, what it can look like, how we as adults should respond to children when they are engaging in risky play and what is the purpose of it. We will also look at our own fears and biases as adults that interfere with children as they engage in risk.

Presenter: Alisha Inch

Alisha has been working in the ECE field for over 20 years with children of all ages. Her passion is working with preschool children! She has worked all over the world with children and currently runs her own preschool in Cloverdale.

Suitable for all early learning and child care professionals.

BIG SCIENCE FOR LITTLE HANDS ROCKIN' ROCKS/SALT & FRESH WATER

Thursday, July 7 • 6:30 - 8:30 pm • 2 hours

Cost: \$ 20.00 • Surrey

Investigate the properties of rocks, salt and fresh water and how they are connected to the natural world through a variety of handson science investigations, including explorations into density!

Presenter: Wendy Lorch

Wendy is the Early Learning Specialist at Science World, responsible for The Wonder Gallery; a space dedicated to under 5s, Preschool Curiosity Club; a parent-participation program, Big Science for Little Hands, and professional development workshops for early educators. She has a background in early learning, Kindergarten and primary grades, science program development and adult workshop facilitation, having delivered a wealth of educator workshops across B.C.

EMERGENCY PREPAREDNESS FOR CHILD CARE PROVIDERS

Monday, July 11 • 6:30 - 8:30 pm • 2 hours • Cost: \$ 20.00 • Online

This workshop will introduce tips and tools for planning, preparing and responding to critical incidents and emergencies within individual sites and community. Participants will apply their learning by partaking in a tabletop exercise and scenario that introduces Shelter in Place and Psychological First Aid.

Presenter: Carolyn Sinclair

Carolyn is the Manager for the Provincial Overdose Mobile Response Team (MRT) for Health Emergency Management BC (HEMBC).

Suitable for all early learning and child care professionals.

KIDS AT RISK HOPE

Saturday, July 16 • 10:00 am - 2:30 pm • 4 hours • Cost: \$ 40.00 • Surrey



If the first five years of a child's life sets the tone for the rest of their life, what happens when children are developing under stress? Kids at Hope is an invitation to better understand the complexities of early childhood development and how, as care providers, we can create barriers to reduce the impacts of stress and trauma which often present as challenging behaviours. This workshop will engage child care providers in learning about research such as the Adverse Childhood Experiences Study (ACES) and the social determinants of health. We will identify opportunities for hope even when early life starts with challenges and develop tools that are within the scope of practice and capability of child care providers.

Presenter: Katelyn Moon

Katelyn is a white settler of mixed European decent who resides in the unceded territory of the Sto:lo peoples (Chilliwack BC). Katelyn has been an early childhood educator since 2007; she has been highly regarded for her work focused on child-led learning and social emotional development. Over the last several years Katelyn has worked in community and regional child and youth roles supporting indigenous peoples. Katelyn is a student in the Master of Arts in Leadership with a health focus at Royal Roads University.



THE VALUE OF FOREST EDUCATION IN THE EARLY YEARS

Thursday, July 21 • 6:30 - 8:30 pm • 2 hours • Cost: \$ 20.00 • Surrey

Children today are spending more and more time on screens, both in academic and leisure activities leaving them disconnected from themselves and nature. We seek to support the growth of the whole child but how can this be achieved when academic fluency is the only focus? Are we helping to educate the next generation to be creative, imaginative, inquisitive and inclusive? Forest Education is not a new concept but one that has not received enough understanding and discussion in North America. This workshop will explore and explain in-depth the core values of connecting with nature and how this connection will lead to a child who is more self-aware and self-confident. By establishing these core needs, academic milestones will be achieved more easily and with an inner-desire to learn. Join us as we work together to let the forest be our guide and teach us how outdoor education is the way of the future.

Presenter: Erin McDougall & Brittney Hennessey

Erin has been an early childhood educator for nearly 20 years with extensive experience working with children from infancy to age six. She has managed and operated daycares and pre-schools as well as worked in the Independent School System for almost a decade as an Educational Assistant. Connecting children to nature and themselves is her passion and she seeks to support all children to develop a love for learning, creativity and to be inquisitive as they explore, play and grow.

Brittney has spent most of her career as an early childhood educator with the YMCA, operating their early emergent program for children aged 3-5 for 10 years. She is well versed in inquiry-based curriculum and has married that experience with her love of the outdoors. She seeks to include children of all abilities and skill levels to have an opportunity to experience a forest space and allow the outdoors to guide their learning.

Suitable for all early learning and child care professionals.



SOCIAL-EMOTIONAL LEARNING IN NATURE

Monday, July 25 • 6:30 - 8:30 pm • 2 hours Cost: \$ 20.00 • Surrey

There are numerous benefits to playing, learning and teaching outdoors. In this workshop we will investigate the connection between nature and social-emotional learning. How can our outdoor learning spaces develop, support and nurture our social-emotional development?

Presenter: Lauren MacLean

Lauren is the author of Me and My Sit Spot and host of the Mentoring Nature Connections podcast. She is a mentoring support teacher for the Coquitlam district and you will often find her presenting workshops on how nature routines support deeper connections with the outdoors. You will often find Lauren out on the forest trails with her two little kids and loving dog.

Note: We will be going for a short walk, please dress for the weather (hat, sunscreen, rain pants). Also, have a journal to take notes and observations.

USING LEARNING STORIES: MAKING THE LEARNING VISIBLE

Thursday, August 4 • 6:30 - 8:30 pm • 2 hours

Cost: \$ 20.00 • Online

This workshop will help educators to understand the importance of documentation through learning stories and how to use them in various ways to promote the emergent curriculum cycle. In this workshop we will discuss the image of the child and the role of the educator in the making of learning stories and its connection to the Early Learning Framework. We will also explore the importance of relationships with families and how to make the learning visible with authentic observation and assessment.

Presenter: Pooja Kalsi

Pooja has a Master's degree in Early Childhood Education from State university of New York. She has 23 years of experience in the early childhood field as a teacher, facilitator, supervisor, director and instructor. She is very passionate about finding ways to promote children's creativity and expression of discovery. She currently teaches at Langara College in the ECE department. She is a mother of two children and believes that she continues to learn from the world around her.

Suitable for all early learning and child care professionals.



FOUNDATIONS AND INSPIRATIONS FROM REGGIO EMILIA

Saturday, August 6 • 9:30 - 12:30 pm • 3 hours • Cost: \$ 30.00 • Online

The approaches used in Reggio Emilia have long been a source of inspiration for educators around the world. Their work is rooted in democracy, relationship, and deep reflection. We will explore the foundations and history of this approach in order to understand how their educators collaborate with children. We will also examine and discuss inspirations, interpretations, and applications from Reggio Emilia that have been used in international settings.

Presenter: Susan Stacey

Susan has been engaged with young children and their educators in many ways over the last 30 years, as an Early Childhood Educator, Director, Practicum Supervisor, and Teacher Educator. She teaches curriculum courses at the Nova Scotia College of Early Childhood Education, and provides professional learning experiences for educators across Canada and the U.S.

Susan's practices and writing are based on inquiry-based, emergent approaches, and she presents frequently on emergent curriculum and documentation, reflective practices, and inquiry. She is the author of 'Emergent Curriculum in Early Childhood Settings'; 'Unscripted: Emergent Curriculum in Action'; 'Pedagogical Documentation in Early Childhood'; and 'Inquiry-Based Early Learning Environments', all published by Redleaf Press.

FEARS AND WORRIES OF CHILDREN IN OUR CARE

Thursday, August 11 • 6:30 - 8:30 pm • 2 hours Cost: \$ 20.00 • Surrey

All children feel anxious at times. Preschoolers are often frightened of strangers, imagery creatures or the dark. Many school-age children worry about school performance or illness. An important part of a child's growth involves learning how to cope with common fears of childhood. Caregivers, including ECE teachers can play a crucial role in helping children develop skills for managing feelings and coping with fear and anxiety. For children to learn to manage these feelings effectively, they need adult support and guidance. Strong relationships with children build resilience and coping strategies.

Presenter: Malgosia Tomanik, M. Ed.

Malgosia is a Family Consultant who specializes in supporting children from preschool to high school age and their parents/ caregivers in a variety of environments, including homes, school, and child care settings. Malgosia is experienced in addressing concerns associated with the daily challenges of caring for a child/youth who requires support, including helping to make sense of difficult behaviour and supporting the "big people" for each child in finding a way through. Malgosia also works as a Key Worker with the Fraser Valley Child Development Centre. She provides support to caregivers raising children and youth who are living with FASD, from birth to 19 years of age

Suitable for all early learning and child care professionals.

DEVELOPMENTALLY APPROPRIATE CIRCLE TIME: TIPS AND TRICKS FOR A FUN CIRCLE TIME FOR EVERY LEARNER IN YOUR GROUP

Monday, August 15 • 6:30 - 8:30 pm • 2 hours Cost: \$ 10.00 • Surrey

Circle time is a special time in every child care program. It is a time for the group to get together and share experiences, learn to take turns, learn to be together, and a time for teachers to shine at what they do best. However, circle time is not for everyone and some of our little people have a hard time sitting for any period of time. This workshop is designed for caregivers to understand the purpose of circle time and how it can add to your program if it appeals to all learners. We will explore some developmentally appropriate themes for each age, what circle time should look like and, some fun and easy circle time activities that you can take away to your centres.

Presenter: Pia Evans

Having worked in infant/toddler, preschool, group care and, running her own family daycare, Pia has been creating relationships with children, families and other child care providers for over 25 years. Currently Pia works as a Supported Child Development Consultant with Reach, helping to support child care providers in Delta integrate children with special needs into their centres. Her passion is children with challenges and how early relationships those children create with others can frame their learning and growth in the future.

This workshop is presented in partnership with Reach Child and Youth Development Society.

Please note this session is for educators who live or work in Delta, Surrey or White Rock. Registration available by phone at 604-572-8032

Suitable for all early learning and child care professionals.

DEVELOPMENT, RED FLAGS AND DIFFICULT CONVERSATIONS

Saturday, August 20 • 10:00 am - 2:30 pm • 4 hours • Cost: \$ 40.00 • Surrey



Participants will further explore developmental milestones and will learn how to identify red flags. We'll discuss and practice objective documentation and how to have those difficult conversations with families once a concern is identified. Also, we'll discuss how to develop partnerships with families by exploring their priorities, values, and backgrounds.

Presenter: Karen LeSage

Karen has 25 years of experience working with children and youth in child care and community settings. Throughout her career her focus has been on inclusion for all children. She is a licensed early childhood educator, infant/toddler educator and special needs educator. She has worked as a supported child development consultant for the past 16 years. Karen is a certified 95 hour Children's Yoga Teacher and has been trained in the Mindful Schools Curriculum.

Suitable for all early learning and child care professionals.

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COLLABORATING WITH FAMILIES:

A JOURNEY CO-CREATING SUPPORTIVE RELATIONSHIPS WITH FAMILIES

Monday, August 22 • 6:30 - 8:30 pm • 2 hours • Cost: \$ 20.00 • Surrey

Early childhood educators interact daily with primary caregivers, parents, grandparents and guardians. These interactions increase our capacity to understand and meet the needs of individual children in our care and provide opportunities to build supportive relationships with families. Engaging with parents can feel daunting particularly if there is conflict, it can also feel inspiring and fulfilling knowing you are having a positive impact in the life of a family. We will explore the value of partnering with families; discuss internal and external influences on these relationships and practice strategies for cocreating supportive partnerships with families.

Presenter: Etovre Vese

Etovre has enjoyed 25+ years in the ECE field working with children, families, community partners and ECE students. She currently instructs future educators in both Basic and Post-Basic ECE programs and has for the past 9 years. She has worked in several roles over the course of her career in ECE as an Educator, ECE Program Coordinator in a post secondary institution, Union Bargaining Representative, and an ECE consultant to name a few. This diversity of experiences has been a gift and benefit in developing an open and curious attitude working with both children and adults in early childhood education.

Suitable for all early learning and child care professionals.

IT'S ALL ABOUT YOU - THE CAREGIVER

Monday, August 24 • 6:30 - 8:30 pm • 2 hours • Cost: \$ 20.00 • Online

This interactive, two hour online workshop provides caregivers with the tools to create confidence and connection in every interaction with the children they support.

- Discover the science of developmental trauma.
- Understand the impact of attachment and connection on learning.
- Develop skills for empowered non-verbal communication.
- Find the 'magic' with co-regulation AKA 'Therapeutic Use of Self'.
- Enhance your professional (or parenting) capacity with self-care and compassion.

Presenter: Michelle Riddle

Michelle is a Pediatric Occupational Therapist, Holistic Nutrition Consultant, Faculty Member with Vancouver Island University, and Adviser with University of Alberta's Neurosciences Division. She has more than 25 years community based pediatric experience. She is a Queen's University graduate and internationally acclaimed speaker. She develops client-centered programs that target the roots of function to empower mental, physical, and emotional balance for the children she serves. She collaborates with leading international scientists to reverse the rising tide of chronic neurodevelopmental conditions experienced by our children



CHILD CARE PROVIDER APPRECIATION

Presents Dr. Annabella Cant

May 12th, 2022

THE SIX HEARTS OF ECCE

CONTACT US

604.572.8032

CHILDCAREOPTIONS.CA

OFFICE HOURS

Monday & Thursday: 9:00 am - 8:00 pm

Tuesday: 9:00 am - 12:00 pm

Wednesday & Friday: 9:00 am - 4:00 pm1st & 3rd Saturdays: 9:00 am - 4:00 pm

Office is closed for statutory holidays and long weekends.

Due to COVID-19, office hours are subject to change. Please call our office for up-to-date information.

OFFICE CLOSURES

Staff Planning Day Good Friday Easter Monday Victoria Day Canada Day BC Day March 29, 2022 April 15, 2022 April 18, 2022 May 23, 2022 July 1, 2022 August 1, 2022









