



CHILDREN
the Heart of the
MATTER

JAN 16TH & 17TH

2015





CHILDREN
the Heart of
the MATTER



18th ANNUAL EARLY CARE AND LEARNING CONFERENCE

January 16th & 17th 2015

Bell Performing Arts Centre
6250 144 Street Surrey, BC



WELCOME to conference

Children the Heart of the Matter conference brings together all those involved in the care and education of young children. Our purpose is to raise the awareness and profile of child care and early childhood development services, family resource programs and others through professional development, networking, and sharing of information and resources. Please join us January 16th and 17th, 2015 at the Bell Performing Arts Centre in Surrey!



This conference will be of interest to all those who work with young children and families in child care settings, family resource programs, primary school grades and other community programs. These include family child care providers, early childhood educators, teachers, community health professionals, parents, grandparents, government officials and parks and recreation staff.

Conference Planning COMMITTEE

The conference committee is made up of volunteers from the community working in the field of Early Care and Learning. Committee members put in endless hours to ensure this is a well planned and organized conference. It is because of these hard working individuals that we are able to keep the cost of the conference affordable for all care providers and other professionals working with young children.

2015 CONFERENCE CO-CHAIRS

Sherrie Jamieson, Manager

Reach Child and Youth Development Society

Ruth Beardsley, Senior Manager

Options Community Services

2015 CONFERENCE PLANNING COMMITTEE

Barb Walks	Early Childhood Educator
Colleen Strachan	City of Surrey
Danielle Jimeno	A Place to Grow, Surrey Hospital Community Childcare Society
Erin Balmer	City of Surrey
Gisele Haines	Child Care Options/ Options Community Services
Jennifer Street	The Centre for Child Development
Jennifer Vanderberg	Delta Continuing Education
Katherine MacIntyre	Options Community Services
Karen Came	Langley Child Development Centre
Karen Norman	Options Community Services
Leona Chutskoff	Early Childhood Educator
Michelle Davies	Child Care Options /Options Community Services
Sharlene Wedel	Child Care Options /Options Community Services
Shelby Gordon	Child Care Options /Options Community Services
Dr. Vanessa Lapointe	Surrey Hospital Community Childcare Society

CONFERENCE OVERVIEW

Friday

6:30 pm to 10:00 pm

Marketplace and Community Displays Open

6:30 pm to 7:30 pm

Registration Desk Open

6:30 pm to 7:15 pm

Conference Welcome Reception

7:30 pm to 9:30 pm

Keynote Address by Dr. Laura Markham

WELCOME
RECEPTION

Please join us for our opening reception, Friday January 16th beginning at 6:30 pm. This informal gathering will feature some light appetizers, live music and a chance to catch up with old friends and colleagues as well as meet some new ones. This is a great time to visit our marketplace and community displays as well!

Visit Our Website

<http://www.childcareoptions.ca/>

and click on Children the heart of the matter

Follow Us on Twitter

<http://www.twitter.com/chcareoptions>

Follow Us on Facebook

<http://www.facebook.com/childcareoptionsccrr>

GET
CONFERENCE
UPDATES



Saturday

8:00 am to 3:30 pm

Registration Desk Open

8:00 am to 1:30 pm

Marketplace and Community Displays Open

9:00 am to 9:15 am

Conference Welcome in Theatre

9:15 am to 10:15 am

Keynote Address by Gary Anaka

10:45 am to 12:45 pm

Session A Workshops

12:45 pm to 1:45 pm

Lunch in the Gym

1:45 pm to 3:45 pm

Session P Workshops

3:45 pm

Conference Close

VISIT THE
MARKETPLACE

Be sure to stop by the marketplace for a look at the latest toys, equipment and materials available in the early care and learning field! Please note there is no ATM located on the premises.

VISIT THE
COMMUNITY
DISPLAYS

Visit our community displays and get connected with the resources available in your area.



Friday Keynote

Dr. Laura Markham

Peaceful Parent, Happy Kids: How to Stop Yelling and Start Connecting



Are you tired of battling with your child? Do you wish you knew how to get your child cooperating without yelling and threats? Are you trying to find the sweet spot between spoiling and strict? Dr. Laura Markham gives you practical everyday strategies to help you raise a child who WANTS to cooperate. No parent is peaceful all the time,

but it's completely possible to create a more peaceful home where affection, connection and humour help you resolve conflict happily, and where kids WANT to follow your lead. In this talk, you'll have a chance to ask questions about your own parenting, and you'll learn:

- Why Yelling, Threats and Punishment actually create more misbehavior.
- How children develop self-discipline and learn to regulate their emotions.
- Your secret weapon to get your child cooperating.
- The most important parenting habit to create a peaceful home.
- Strategies to handle your own strong emotions so you can help your child.

Dr. Laura Markham is the author of *Peaceful Parent, Happy Kids: How to Stop Yelling and Start Connecting*, which continues to rack up five star reviews on Amazon as parents attest to the power of her approach of connection, coaching, and parental self-regulation. As a speaker, she helps parents laugh, cry, and transform their relationships with their children. Dr. Markham includes a long Q and A with every presentation, so her sessions are customized to fit each audience's unique needs. She guarantees that you'll leave energized and inspired, with a plan to create lasting change in your home. Dr. Laura, as her readers call her, is the founding editor of AhaParenting.com, an extensive website

serving up Aha! Moments to parents of babies through teens. She's an expert for Mothering Magazine, Pregnancy.org and a number of other web sites. Over 60,000 parents receive her free posts via email; many more follow her blog and Facebook page.

Dr. Laura says that earning her PhD in clinical psychology at Columbia University was just the beginning of her education as a psychologist. The mother of a teenager and a young adult; she says it was becoming a mother that convinced her that parents need more support. Her aspiration, she says, is to change the world, one child at a time, by supporting parents.

Saturday Keynote

Gary Anaka

How Play Grows The Child's Brain



Playing is the most natural and genuine way the brain learns best. It is the essence of life. Playing is critical to grow and develop a child's brain. Discover how playing literally builds connections in the brain that promote intelligence and establish multiple pathways for learning, experiencing and relating to life. What is the basic ingredient for emotional growth, social growth, intellectual growth, and physical growth? It's play! Play engages the brain for learning.

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Gary Anaka is the number one Brain-based Learning facilitator in BC today. He is a Learning Assistance specialist with over 32 quality years of classroom teaching experience. He has presented professional development workshops to thousands of teachers, caregivers, parents and children all over BC and across Canada since 1997. His energetic and lively sessions model meaningful and practical support for helping children to reach their potential. Gary's sessions are always filled with humour to grow the brain and optimism to support teachers, caregivers and parents to help children to become life long learners. He is a motivational speaker and teacher whose engaging sessions have been called, both professionally and personally, life changing. Gary is the author of two books: *Your Magical Brain How It Learns Best*, a resource book for teachers and parents, and *Brain Wellness The Secrets For Longevity*. The scope of his work can be viewed at www.braincoach.ca.

Workshop OVERVIEW

A1

An Attachment-Based Approach to Challenging Behaviours
– Camille Netherton

A2

Understanding Toddlers and How Their Behaviours Affect Us
– Kim Pender

A3

Deep in the Forest: Cultivating Connections Between Children and Nature – Tricia Edgar

A4

Responding to a Need for Change: Implementing Emergent/Responsive Curriculum in Your Centre
– Lauren OpdenDries & Tara Elston

A5

Hey, My Brain Doesn't Work That Way! Understanding Sensory Processing and Self-Regulation – Marc Landry

A6

Learn, Live and Play by-Heart! Your Amazing Operating System and How to Use it in the Classroom
– Marianna Paulson

A7

Developing Communication Skills
– Amanda Lenk & Karine Tardif

A8

More Great Circle Times
– Amy Ashmore & Susan Andrews

A9

Messy Art – Julie Hansen

A10

Mindfulness for Early Learning Professionals
–Dr. Laura Markham

P1

Bridging the Gaps: Strategies for Challenging Behaviour
– Katy Bigsby

P2

Inviting Sensory Experiences for Infants and Toddlers – Julie Hansen

P3

Educating the Heart Through Nature Art – Marghanita Hughes

P4

Food for Thought: What You Need to Know About Food Allergy
– Laura Bantock

P5

Tips and Tricks to Planning a Successful Day – Kim Pender

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Experience Diversity
– Debra Akhurst & Margret Hanke

P7

Engaging Difficult to Reach Children and Families – Matthew Johnston

P8

Teaching the Hurt Child
– Meagan VanDiermen

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BC Hydro Energy Explorers Program
– Wendy Lorch

P10

Your Brain on the Job
– Gary Anaka

SESSION A WORKSHOP DESCRIPTIONS



A1

An Attachment-Based Approach to Challenging Behaviours

As early childhood educators we understand the importance of attachment in a child's life. We also know how important shaping behaviour is in these early, formative years. But do we know how to shape a child's behaviour in a way that actually strengthens relationships? When you correct a child's behaviour, does that child feel secure and confident in your relationship—do they feel closer to you after the correction? This workshop will give you the tools you need to accomplish this and more.

Camille Netherton

Camille is an early childhood educator, a behaviour consultant and key worker who has worked in the field of developmental disability for more than 25 years. She manages two programs for a non-profit society and is a sought-after speaker and workshop facilitator at conferences and professional development days.

A2

Understanding Toddlers and How Their Behaviours Affect Us

In this workshop we will discuss why toddlers behave the way they do. We will look at how to promote positive behaviours and how to deal with problem behaviours. We will share ideas and strategies on how to deal with challenging behaviours and how to remain calm in stressful situations.

Kim Pender

Kim has been working in the child care field for more than 27 years. She has worked with infants, toddlers, special needs children and teenagers who are pregnant and/or parenting. She holds an ECE Diploma and is currently a Program Manager in a Vancouver Child Care Centre.

SESSION A WORKSHOP DESCRIPTIONS



A4

Responding to a Need for Change: Implementing Emergent/Responsive Curriculum in Your Centre

Have you ever thought to yourself “am I doing enough?” or “am I inspiring these children to learn?” Do you feel like you are surrounded by hundreds of toys and the children are constantly not engaged? Where do you go from here? Come ready to be inspired as we help you transform your centre from a plastic toy-filled room to an environment filled with learning potential. We will take you through the hurdles we have experienced, the successes that have come from our methods, and give examples of how we have created a responsive environment. We look forward to hosting you!

Lauren OpdenDries and Tara Elston

Lauren's mission each day is to inspire children to be the best investigators, critical thinkers and above all, empathetic people. She also motivates her team at Bright Eyes Academy, a Reggio-inspired child care centre, to push their comfort limits and raise their standards of early childhood education. Very much an advocate of emergent/responsive curriculum, Lauren is honoured to share her enthusiasm, excitement, and experience.

Tara has worked as an early childhood educator for ten years, beginning in theme-based programs but finding her home in the Reggio-inspired program at Bright Eyes Academy. Through additional schooling, case studies and interviews, she has worked her way into her current management role, and is proud to share her findings and successes, and hopes to be an inspiration in the ECE community.

A3

Deep in the Forest: Cultivating Connections Between Children and Nature

“Nature is not a place to visit. It is home.”

-Poet Gary Snyder

How can we move beyond the excitement of the field trip into a deep, regular connection with outdoor spaces? In a hurried society, one of the most important gifts that a forest school gives to children is the time and space to play freely outdoors, returning to the same place again and again until the children develop a deep relationship to that place. Tending gardens, building forts, and telling stories - in this workshop, you'll practice some of the many ways to cultivate deep connections between children and their local places.

Tricia Edgar

Tricia is the president of Fresh Air Learning, an outdoor program for preschool and elementary-aged children that operates in North Vancouver and Vancouver. In almost 20 years as an outdoor educator, she's watched children get excited about natural places and has also enjoyed seeing them engage in quiet enjoyment of their surroundings. Squishing in muddy puddles is her favourite way to connect with nature.

A5

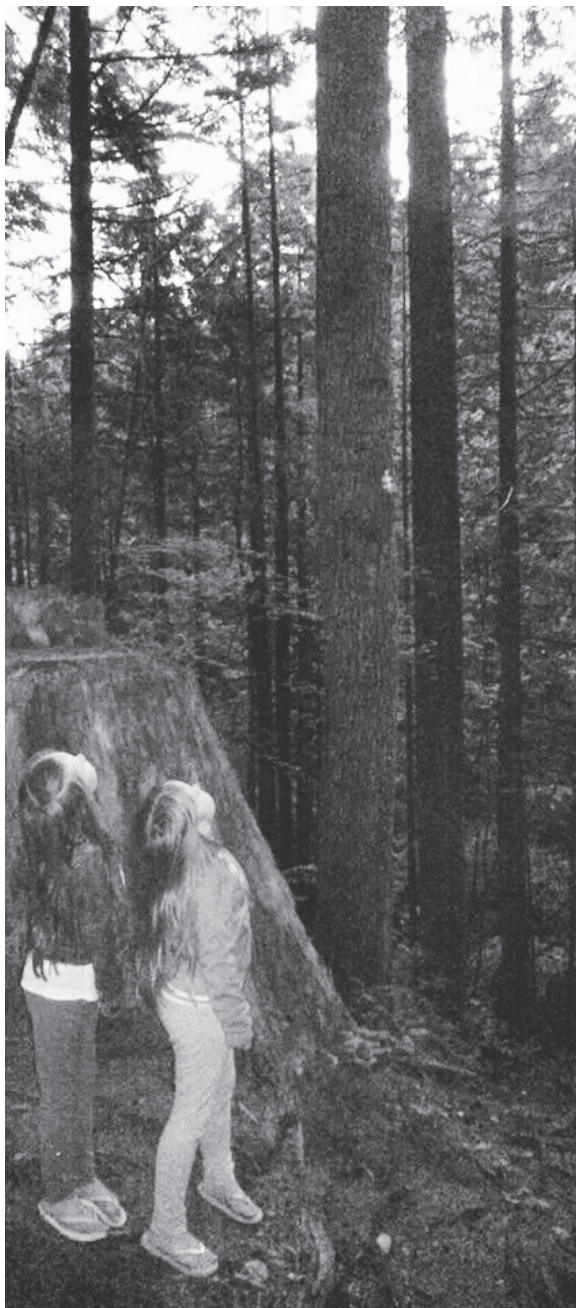
Hey, My Brain Doesn't Work That Way! Understanding Sensory Processing and Self-Regulation

In this session you will learn about four additional senses important to behaviour and learning, and about some of the neurological aspects of sensory processing. You will learn to identify the four quadrants of sensory processing and be able to theorize which quadrant you are in, and which quadrant a child is in. Marc will provide a brief overview of how this information can be used to adjust a sensory diet. This will allow for more supportive sensory input and less offensive sensory input, giving you the ability to adjust this as a child's level of arousal shifts.

Marc Landry

Marc Landry has worked as an occupational therapist for over 28 years. He trained and worked in Connecticut for 13 years before relocating to Vancouver. He has a private practice in and around Vancouver, where he provides OT services, workshops, and consultations. Marc has worked with children in a variety of settings including public schools, preschools, families' homes, daycares, and institutions. Much of his experience has been with children with autism and sensory processing disorders. He most recently worked for Vancouver Coastal Health providing occupational therapy for children in Vancouver schools.

SESSION A WORKSHOP DESCRIPTIONS



A6

Learn, Live and Play – By Heart! Your Amazing Operating System and How to Use it in the Classroom

The heart plays a central role in optimizing the body's cognitive, sensory, hormonal and information processing systems. Children exhibit stress in a number of ways: acting out, withdrawal, depression, feelings of inadequacy and disinterest in life. Self-esteem, motivation and care-to-learn are stifled. Learn the importance of managing emotions through the power of the heart in order to positively impact emotional, mental and physical health. Participate in experiential activities that will teach you how to treat the cause of stress and not just the symptoms.

Marianna Paulson

Marianna is passionately committed to showing stressed-out people how to swim through life with ease and grace. She is a certified teacher and licensed stress coach who has had experience working with children, adults and ESL students. Known amongst her clients and fans as Auntie Stress, Marianna loves word play and is often described as that favourite aunt. She has bundled her trenches and textbook training into a welcome collection of services that deliver the antidote to a life heavily-dressed with stress.

A7

Developing Communication Skills

Amanda and Karine will provide an overview of typical communication development in children and examine at which age and/or developmental stage certain language skills are typically mastered. These include repetitive and expressive language skills, social communication skills, speech-sound production skills, and oral-motor skills. Strategies to facilitate communication skills and when to refer a child on for further assessment if disordered communication is suspected will be discussed. Participants will have the opportunity to ask questions.

Amanda Lenk and Karine Tardif

Amanda graduated from the University of Western Ontario in 2002. She has worked as a speech-language pathologist with children and adults in a variety of settings, including a pediatric treatment centre, hospital and in the private sector before collaborating with Karine Tardif to create Beehive Therapy speech-language pathology services.

Karine graduated from Western Washington University in 2003. She has worked as a speech-language pathologist with children and adults in hospitals, schools and private practice. She offers services in English and French.

SESSION A WORKSHOP DESCRIPTIONS



A8

More Great Circle Times: Monsters, Rain, Snakes, Bedtime and Colours

Come join us for MORE great circle time ideas! In this interactive workshop, staff from Surrey Libraries will share secrets for creating fun, easy, and engaging storytimes, including practical hands-on activities caregivers can do with children from birth to age 6.

- Flannel stories: how to extend stories, encourage group participation, and make your own;
- Picturebooks: how to choose the best of the best that work well in group settings;
- Stretches: practice some easy and fun movement activities that relate to an instructional theme.

Susan Andrews and Amy Ashmore

Amy is a youth services librarian who loves to sing songs and tell stories. A strong advocate for libraries and early literacy, Amy enjoys sharing her love of stories with children and adults alike.

Susan has been presenting library storytimes and festival storytelling to enthralled children for over 20 years. Susan is an in-demand storyteller known for her dynamic style and humour.

A9

Messy Art

Celebrate creativity by exposing children to a variety of mediums, tools and materials through open-ended art activities. Learn how to provide children with experiences that support inclusion, meet diverse developmental needs and foster mentoring opportunities, all through hands-on art experiences. Discover the important role that documentation and display play in our programs for children and families when showcasing art experiences.

Julie Hansen

Julie has been an early childhood educator since 2000. Her experience includes the directorship of a preschool, supervisor of an after-school care, 3-5 care, and presently an infant-toddler program. Julie's first children's book "Jack's Magic Hat" was published in 1994. She continues to write and has had articles reflecting classroom situations published in provincial and national ECE journals. Providing children and families with quality, nurturing, creative learning opportunities and environments inspires Julie as an early childhood educator.

SESSION A WORKSHOP DESCRIPTIONS

A10 Mindfulness for Early Learning Professionals

Working with young children is rewarding, but often challenging. We all know that children will act like children. Their frontal cortex is still developing, and you can count on some stormy weather. Your response to their childish behavior will either escalate the storm, or calm it-and model valuable lessons about emotional self-regulation. In this workshop, you'll learn:

- How emotions work and why we get emotionally triggered.
- How to become aware of your own experience - moods, feelings, triggers and reactions.
- When you get triggered: How to shift your internal state to regain calm in the moment.
- Healing the emotional triggers that create your emotions so you don't get triggered as often.
- Strategies to stay in balance when life doesn't unfold the way you'd like.

Dr. Laura Markham

Please see keynote description for presenter biography.

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SESSION P WORKSHOP DESCRIPTIONS

P1

Bridging the Gaps: Strategies for Challenging Behaviour

This workshop expands toolbox tools for staff when it comes to dealing with children with challenging behaviour. Practical, relevant strategies are discussed and role-played to strengthen an individual's confidence when difficult behaviours arise, and support teams working together.

In the workshop Strategies for Challenging Behaviour, participants will learn how to:

- Take pro-active steps to prevent challenging behaviors
- Address openly defiant behaviours

Katy Bigsby

Katy has worked with children and youth with behavioural issues for the past 20 years. Her formal training is in social work and education. Katy is a partner and a lead consultant for Bigsby Consulting Inc. Her past clients include the University of Toronto, the BC Ministry of Education, the University of Victoria, the Ministry of Sport, Culture and Communication Development and the Directorate of the Agencies for School Health (Dash-BC). Currently, Katy teaches part-time in the Greater Victoria School District and does contracting work in the areas of health and education.

P2

Inviting Sensory Experiences for Infants and Toddlers

Creating diverse sensory experiences for infants and toddlers is an important part of any program's curriculum. Participants will discover new, unique, eye catching sensory situations that promote language and social development, and learn support techniques to assist young children to explore tactile learning opportunities.

Julie Hansen

Julie has been an early childhood educator since 2000. Her experience includes the directorship of a preschool, supervisor of an after-school care, 3-5 care, and presently an infant-toddler program. Julie's first children's book "Jack's Magic Hat" was published in 1994. She continues to write and has had articles reflecting classroom situations published in provincial and national ECE journals. Providing children and families with quality, nurturing, creative learning opportunities and environments inspires Julie as an early childhood educator.



SESSION P WORKSHOP DESCRIPTIONS

P3

Educating the Heart Through Nature Art

Teaching with love and compassion enables the educator to deliver lessons with much greater depth and meaning. In this hands-on workshop we will create soulful and meaningful art from nature. You will learn how to actively engage children with nature through art with a focus on self-expression, creativity, love, compassion and connection. These nature-based activities awaken children's senses, minds and hearts and help them to express their feelings, ideas, thoughts and urges. Providing children with a better understanding of their connection with nature and one another in ways that are fun and encourages them to explore and celebrate their unique sense of creativity.

Marghanita Hughes

Marghanita is the founder of the Let's Go Outside Revolution (non-profit organization), and is the director of Outside with Marghanita. She is the author of "Actively Engaging Children with Nature" and a number of children's picture books focusing on nature. Marghanita runs outdoor nature classes for young children throughout the year and is a member of ARTSTARTS in schools and the ambassador for the Creative Peace Movement in Canada. She believes that children need to be given the opportunity to fall in love with nature. As an enthusiastic workshop presenter, Marghanita has conducted workshops and keynotes nationally and internationally for diverse audiences.

P4

Food for Thought: What You Need to Know About Food Allergy

According to a recent study, approximately 7% of the population, over 2.5 million Canadians, have self-reported at least one food allergy, of which over 300,000 are children. With an increased number of Canadians learning how to manage the daily challenges of living with food allergies, finding the right answers can be daunting. As the leading Canadian patient organization, Anaphylaxis Canada's key areas of focus include education, support, advocacy and research. This workshop session will include the basics of anaphylaxis, common causes, managing risks, and emergency response, including hands-on practice with auto-injector training devices, case study discussions, and a question and answer period.

Laura Bantock

Laura is responsible for Anaphylaxis Canada's western region, providing support to the western provinces and territories. One of her key roles is to work with health care professionals to provide anaphylaxis training and resources. Laura is a registered nurse who has practiced in both the United Kingdom and British Columbia. Her specific career interests have focused on child development and preventative health education. She is also the parent of a daughter with food allergies and asthma. Laura was a member of the BC Provincial Anaphylaxis Advisory Committee which was assigned to assist in the development of a provincial anaphylactic and child safety framework to outline provincial expectations with respect to managing anaphylaxis in school settings. She also served on the BC Provincial Anaphylaxis Evaluation Committee and is a member of the Canadian Society of Allergy and Clinical Immunology, as well as the program lead for the Newly Diagnosed Support Centre.



SESSION P WORKSHOP DESCRIPTIONS



P5

Tips and Tricks to Planning a Successful Day

In this workshop we will reflect on the impact of planning a successful day in your child care centre. We will look at transitions in programs and develop strategies that meet the individual needs of children. We will look at ways of creating a positive social environment through collaborative planning with a focus on children's rights.

Kim Pender

Kim has been working in the child care field for more than 27 years. She has worked with infants, toddlers, special needs children and teenagers who are pregnant and/or parenting. She holds an ECE Diploma and is currently a Program Manager in a Vancouver Child Care Centre.

P6

Experience Diversity

After taking this workshop, participants will be able to define inclusion and will learn the difference between a disability and a handicap. They will understand what a learning disability is, and explore the ways in which the environment can affect how people experience disabilities and handicaps. Workshop participants will also explore ways to set up the environment to encourage children to interact and play.

Debra Akhurst & Margret Hanke

Debra & Margret are consultants with the Richmond Supported Child Development Program.

P7

Engaging Difficult to Reach Children and Families: Practical Strategies and Interventions

How do we work with children and youth who have invisible special needs? Physical and emotional trauma builds up like scar tissue in children and prevents the formation of trusting and caring relationships with community professionals. This workshop will provide participants with a creative toolkit of proven techniques that set out to foster a positive connection with children who have emotional and behavioural challenges.

Matthew Johnston

Matthew is a registered clinical counselor who has been operating a private practice in New Westminster since 2007. In 2008, Matthew created a community-based mental health program for at-risk children and youth ages 4-19 through Keys Housing and Health Solutions. Matthew specializes in providing nature-based counseling interventions, animal-assisted therapy and expressive play therapy for difficult to reach children and youth throughout the lower mainland.

SESSION P WORKSHOP DESCRIPTIONS

P8

Teaching the Hurt Child



This workshop was designed by a therapist specializing in early childhood trauma and attachment and a special education teacher with expertise in working with the most difficult of school based behaviors. The combination of these two areas of specialization has led to a dynamic and practical workshop. You will leave with a new understanding and new vision for educating your most challenging students.

Meagan VanDiermen

Meagan is an educator, therapist and consultant who holds a master's degree in counseling psychology from Trinity Western University. She has specific training in Observed Experiential Integration (OEI), a trauma therapy effective in treating people of all ages, languages and cultures. Meagan is dedicated to the area of anxiety and trauma with a focus on parent-child relationships.

P9

BC Hydro Energy Explorers Program



Energy explorers is a fun, engaging program designed especially for young children. Using the thematic approach, and lots of colourful, hands-on materials, young children are introduced to energy conservation and simple energy-saving actions they can do to help care for the earth.

Wendy Lorch

Wendy Lorch works with BC Hydro's school programs to provide workshops and energy conservation teaching and learning materials to educators throughout British Columbia. Programs are available for all age groups, from preschool to grade twelve.

P10

Your Brain on The Job

Are you living and working in a multi-tasking environment? Is your brain under a constant state of heightened stress? Everything you do requires your brain. In a world of increasing knowledge and technology, you are going to have to use your brain more than ever. Can you expand your thinking capacities and maintain your critical memories? Definitely, YES! Discover what efficient healthy brains need to make your job and life easier. Plus, 15 powerful, working strategies to boost your brain power on the job. No brain, no gain! This presentation is filled with hope and optimism for your future.

Gary Anaka

Please see keynote description for presenter biography.

Register for CONFERENCE

Workshop space and selections are available on a first-come first-served basis. Register early to get your first choice selections. *Registration is only available online.* You can register any time and pay online using your credit card. Visit www.childcareoptions.ca and click on the registration link on the conference page. Please note you must have the billing address of the credit card holder to process your payment.

Changes to workshops after registration has been processed will not be permitted.

All workshop confirmations will be sent by email - you will not receive a confirmation without an email address. Please add childcareoptions@options.bc.ca to your email address book to ensure you receive your confirmation. If you do not receive an email confirmation please contact Child Care Options at 604-572-8032. **Your confirmation is your receipt; there will be a \$10.00 fee for each duplicate receipt requested.**

	EARLY BIRD PRICE	REGULAR PRICE
	Register by 4:00 pm Oct. 31/14	Nov. 1/14— Jan. 9/15
Friday Night Only	\$20.00	\$20.00
Friday & Saturday	\$99.00	\$120.00
Saturday Only	\$95.00	\$115.00

Conference registrations will be accepted until January 9, 2015. Cancellations will be accepted until January 9, 2015 and will be subject to a \$25.00 administration fee. Replacement delegates are welcome with prior notice.

Certificates of attendance will be provided for the completion of each two hour workshop and keynote presentation. **Please note a fee of \$10.00 will be charged for any duplicate certificates issued after the conference.**

Morning and afternoon nutrition breaks and lunch are included in the full conference and Saturday-only conference fees. Vegetarian options will be available. **If you have any food restrictions or allergies, you will be responsible for providing your own food and beverages.**

The views and opinions of the presentations at conference do not necessarily state or reflect those of the CHOM committee.

{CONFERENCE Tips}



Stop at the ATM before conference - there are no bank machines on site in the marketplace.

Consider bringing a wheeled bag for shopping at the marketplace and exhibits.

Be green! Bring a water bottle with you and fill up at the water coolers on site.

Bring extra business cards to exchange with new colleagues you meet.

{ Hotel Accomodations }



Sheraton Vancouver Guildford Hotel
15269 104th Avenue · Surrey, BC V3R 1N5





Parking in the Bell Centre lot is limited. If the main parking lot is full please park in the overflow lot located just south of 64th Avenue and 146th Street. Please arrive early enough to allow time to find parking before the event begins.

Directions

Located at the south-east corner of 64th Avenue and 144th Street.

Coming from the Alex Fraser Bridge/Highway #91, take the 64th Avenue exit East, right on 144th Street.

From the Patullo Bridge/King George Boulevard, turn left on 64th Avenue, right on 144th Street.

From the Port Mann Bridge/Highway #1, take the 152nd exit, turn right on 64th Avenue, turn left on 144th Street.



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