



## PROFESSIONAL DEVELOPMENT CALENDAR

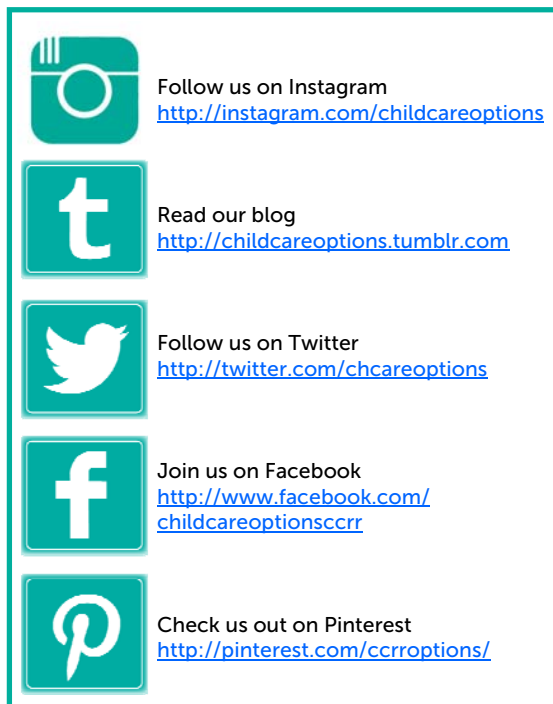
**Winter 2016**

**Training topics included in this session:**

- Understanding Anger
- Supporting Immigrant & Refugee Children
- Inspiring Environments
- Traumatized Children
- Social Skills
- And much more!

# Registration Policies and Procedures

- ◆ To reserve a space, payment must be received at the time of registration for the workshop. Registrations will not be processed until payment has been received. Post-dated cheques will not be accepted.
- ◆ Methods of payment: Cheque, Visa and MasterCard are accepted. Payment by debit or cash is available for in-person registration.
- ◆ Registrations are accepted by telephone, by fax or by mail with payment.
- ◆ Mail your workshop selection and payment to:  
Child Care Options Resource & Referral Program  
#100-6846 King George Blvd. Surrey, BC V3W 4Z9
- ◆ **Workshop cancellations.** Requests for workshop cancellations MUST be received at least 48 hours prior to the scheduled workshop date. Cancellation requests received before the 48 hour deadline will receive a credit voucher to be used towards future workshops at Child Care Options. No refunds will be issued.
- ◆ **Course cancellations.** Requests for course cancellations MUST be received at least 72 hours prior to the scheduled course start date. Cancellation requests received before the 72 hour deadline will receive a cheque for the amount of the course minus a \$25.00 administration fee. Cancellation requests received less than 72 hours prior to the scheduled course start date will be issued a credit voucher for the amount of the course minus a \$25.00 administration fee. The credit voucher can be used towards future courses and workshops at Child care Options.
- ◆ **Not feeling well?** If you are registered for a workshop and you have flu-like symptoms such as a fever, cough, aches, and tiredness please do not attend the workshop and risk infecting other participants. If you cannot attend a workshop that you are registered for, we do not offer refunds but you can send a substitute in your place. Please call our office to inform of the substitution.
- ◆ If enrolment for any workshop is insufficient, Child Care Options may cancel or reschedule the class. In the case of cancellation, payment will be reimbursed or credited.



## Workshop locations for Child Care Options training

### Surrey

Child Care Options, Early Years Centre  
#100-6846 King George Blvd, Surrey  
Located directly behind the Pantry Restaurant.  
Please do not park in spots reserved for our neighbours.

### North Delta

Deltassist  
9097 120th Street, Delta  
Parking is available on site.

# Training Reminders

- ◆ When you receive your confirmation please verify it with your records.
- ◆ Please note your workshop dates on your personal calendar as Child Care Options **does not** phone participants to remind of workshops.
- ◆ When a workshop has two available dates, please ensure you attend the date and location you have registered for.
- ◆ Training certificates will be issued on the evening of your workshop. To receive a training certificate for the full length of the workshop, you must arrive on time, participate, and stay for the entire session.
- ◆ Late arrivals to a workshop will be admitted at the discretion of the presenter, however, late arrivals will not be admitted into First Aid courses. You must arrive on time as the class begins right away and there is a large amount of material to cover.
- ◆ Replacement certificates will be issued for up to one year at a cost of \$10.00 per certificate.
- ◆ Replacement receipts will be issued for up to one year at a cost of \$10.00 per receipt.
- ◆ The Early Years Centre is a 'scent aware' building so please keep the use of colognes, perfumes and other scented personal care products to a minimum.
- ◆ We are unable to accommodate children during a workshop or course.

## Project Nights

Bring your felt stories, big books, folder games or whatever project you're working on for your child care setting, or get started on something new while you're here!

We'll have the laminator, book binder, die-cuts, light box and big books to copy all set up for you to use.

Project nights are held from 5:30-7:30 pm on the following Thursday evenings:

January 12  
March 17

February 18  
April 21

Cost: This is a free event other than any laminating, copying, or supplies you may purchase while you're here.

Note: The laminator is also available on Saturdays when the office is open.



### Emergency Child Care First Aid Course

Monday, January 11 & 18 • 6:00 - 10:00 pm • Cost: \$90.00 • Surrey

This 8-hour course meets Child Care Licensing regulations and Red Cross standards. Includes obstructed airway procedures, breathing emergencies, CPR for babies, children and youth as well as basic first aid for common injuries. In addition, it has a section on child safety. Participants will receive a manual and a certificate valid for 3 years.

**Instructor:** Karen Clark

Karen, as the owner and operator of The Vital Link, has been teaching Red Cross First Aid and CPR courses for over 20 years. She has taught locally, provincially, nationally and internationally. Karen's background and certification in ECE has made her very sought after in this field.

To register for the first aid course please contact Karen at Vital Link 604-644-4709. [www.vital-link.ca](http://www.vital-link.ca)

### Make & Take Felt Story: The Three Billy Goats Gruff

Thursday, January 21 • 6:30 - 8:30 pm • Cost: \$30.00 • Surrey

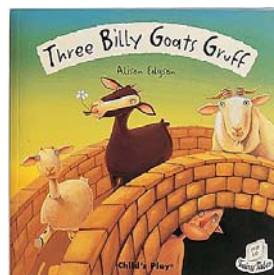
Join us to make a classic felt story that you'll share over and over again with children.

This classic story is a favorite with children, who will cheer on the three clever billy goats who outsmart a mean troll. With plenty of repetition, this adventure is perfect for reading aloud and for joining in, and a satisfying ending provides a reassuring touch.

★Suitable for all early learning and child care professionals

**Presenter:** Vesna Krcmar & Sandy Yip

Vesna and Sandy are experienced Early Childhood Educators and staff members of the Vancouver CCRR at West-coast Child Care Resource Centre. They bring a rich background in working with 0-5 year-old children in both family child care and group care settings in the past 16 years.



Please bring a pair of sharp scissors to cut felt and a ziploc bag to store your felt pieces in.

### Marketing your Child Care Business

Monday, January 25 • 6:30 - 8:30 pm • Cost: \$30.00 • Surrey

This workshop will teach you the basics of managing and marketing your business as well as using the internet and social media to help maximize enrollment and income for your business. As child care providers, the notion of marketing ourselves or our child care setting often makes us feel uncomfortable. Somehow advertising seems out of step with the work we do. The fact is, however, that the ability to market our child care service in tasteful and effective ways is one indicator of a professional child care provider. This workshop teaches you how to identify, articulate, and sell the benefits of your child care program to potential clients using both traditional strategies and technology. Parents are using the internet to find child care providers. This workshop is for a person that wants to understand how to fit all the pieces together.

★Suitable for in-home multi-age and family child care providers who operate their own child care business

**Presenter:** Vicki Lepper

Vicki has been providing licensed child care in Coquitlam since 1989. Vicki is a passionate child care advocate and was a board member for BC Family Child Care Association from 2011-2015. Vicki presents workshops, networks with child care providers and is also actively involved in her community. Vicki has been nominated for many awards and in 2012, she was the "Individual" recipient of "The Tri-Cities Award of Excellence for Working with Young Children" for her exceptional work for making the Tri-Cities a better place for families and children. Vicki strongly believes in quality child care by sharing her knowledge and experience with those who have chosen child care as their profession.





**Good Beginnings Professional Development for Family Child Care Providers (English)**  
Mondays, January 25, February 1, 15, 22, 29 & March 7 • 9:30 am - 3:00 pm • Cost: \$400.00  
includes textbook • Surrey

This course addresses the essential elements required for operating a quality home-based child care. It covers everything from child development, guidance, health and safety, to managing the business.

★Suitable for anyone who would like to offer family child care in their home

**Presenters:** *Nancy Murphy*

Nancy started her career as an English Teacher in Japan for 4 years, where she taught all ages but really loved teaching preschool classes. After she returned to Canada to raise her family, she enrolled her children in a Parent Participation Preschool and was inspired to become an Early Childhood Educator. She has done RLNR child care as well as Licensed Family Child Care and Licensed In-home Multi-age care. She is currently an Outreach Consultant with Child Care Options.

There will be a 1/2 hour lunch break; please bring a bag lunch. Please bring a 2" binder to the first class.

You will receive a certificate upon successful completion of the parent package.

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### **Making Memories Through Movies, Plays, Stories and Books**

Thursday, January 28 • 6:30 - 8:30 pm • Cost: \$30.00 • Surrey

Explore children's learning and creativity through the creation of plays, short films, stories and more. Learn the key elements of storyboarding a film, writing scripts, creating characters and bringing books to life! Digital cameras and other easily transferable media provide opportunities to document children's creativity. Record, edit and play back children's play to enhance learning. Gain confidence and create real results when you document. This form of documentation allows children's thoughts, voices and actions to be captured and archived in new ways.

★Suitable for all early learning and child care professionals

**Presenter:** *Jennifer Ivings*

Jennifer 'grew up' outdoors. Her love for the outdoors lead her to an Outdoor Recreation Leadership Diploma from Columbia Bible College and later a Certificate in ECE from Capilano University. Jennifer works for North Shore Child Care in Deep Cove running three programs: before and after school care, kinder care, and preschool. Her value of nature and love for children inspire outdoor focused programs for all ages.

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### **Observation and Reflection: Practices for Supporting Immigrant and Refugee Children and Families**

Monday, February 1 • 6:30 - 8:30 pm • Cost: \$30.00 • Surrey

Young newcomers, especially newly arrived refugee children, have distinctive needs that must be identified and addressed during settlement. This workshop explores the role of culture in understanding the issues they face, identifies often surprising areas of difference, and suggests how programs for children and their families can respond in positive ways. It acknowledges the challenges of working with newcomers and illustrates how observation and reflection can lead to supportive program practices.

★Suitable for all early learning and child care professionals

**Presenter:** *Judith A. Colbert, PhD*

Judith is a consultant and frequent conference presenter based in Guelph, Ontario. She specializes in issues related to the settlement and health of immigrant and refugee children. She is principal author of requirements for the operation of child care support funded by the Government of Canada for newcomer children whose parents are receiving language and settlement services. Her books, *Welcoming Newcomer Children* and *Child Health Across Cultures*, as well as related e-learning modules, are resources for teachers and others with an interest in supporting the settlement of immigrant and refugee children. Her website is [www.welcomingchildren.ca](http://www.welcomingchildren.ca)



## Photography in Documenting Children's Learning Experiences

Thursday, February 4 • 6:30 - 9:30 pm • Cost: \$30.00 • Surrey

Photographs are an integral part of documenting children's experiences and communicating with the families in our programs. Well-taken photographs will accurately communicate children's ideas and experiences through the progress of their projects or learning activities while at play. Improving photography skills will also improve the clarity of this documentation process. During this interactive workshop, participants will learn the basics of using a camera, photographic composition and how to prepare images. We will explore the purpose of documentation through photography, take photographs and critique them to improve our skills. This workshop is not meant for participants with advanced photography knowledge.

★Suitable for all early learning and child care professionals with NO advanced photography knowledge

**Presenter:** *Alberto Mejia-LeGresley*

Alberto is a Certified Instructor by the Ministry of Advanced Education and has been a freelance photographer for over 20 years. He is an International Award winning Graphic Designer for his photography and design work. He has been a teacher in Seoul South Korea and has taught Design and Photography in Vancouver. Alberto's classes are practical and aimed to inspire participants to explore their creativity.



Bring a digital camera or newer smart phone

We had such a great response to this workshop in October 2015, that we're offering it again!

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## 20 Hour Responsible Adult in Child Care Settings Course

7 weeks, 6 Thursdays & 1 Saturday, February 4, 11, 18, 25, March 3, 10 & Saturday February 20 • Thursdays 6:30 - 9:00 pm • Saturday: 9:30 am - 3:00 pm • Cost: \$180.00 includes workbook • Surrey

This course meets the minimum requirements for 20 hours of training as a "Responsible Adult" as required by the Provincial Child Care Licensing Regulations. Course sessions include child development, guidance, health, safety, nutrition and program planning.

For those considering on opening a Family Child Care we offer the Good Beginnings Professional Development for Family Child Care Providers course (30 hours). This course will explore all areas of operating a Family Child Care business in your home. It will also guide you to create the policies and procedures necessary for the child care licensing process. You will meet others exploring family child care and be provided with resources and contacts specific to your family child care business.

★Suitable for anyone who wants to qualify as a Responsible Adult in a child care setting

**Facilitator:** *Pam Mountford*

Pam has been in the child care field for over 35 years. She has facilitated a variety of family child care courses and workshops and has worked for Child Care Options Resource and Referral for the past 20 years, currently in Child Care Referral and Subsidy Support.

Please bring a 2" binder to the first class.



## Inspiring Environments

Thursday, February 11 • 6:30 - 8:30 pm • Cost: \$30.00 • Surrey

Inspirational environments lead to a collaborative and supportive classroom and community. During this workshop you will strengthen your relationships with the children in your care by empowering them to have a voice and presence in the environment. We will look at routines and transitions, documentation, and how the children can lead group time and projects.

★Suitable for all early learning and child care professionals

**Presenter:** *Paula Milbradt*

Paula has over 23 years experience working with children from ages 0 - 18. She is passionate about collaborating with and celebrating each child and person as a unique individual. Paula believes that it takes an engaged community to raise a child. Her passion is fostering self - esteem and belonging. Social emotional intelligence and play are most important to her. Past Instructor at Algonquin College in Ottawa Ontario, leader of various workshops at CHOM, Preschool Promenade, Langley Catholic School Board and Child Care Options.

## Exploring a Pedagogy of Place

Monday, February 15 • 6:30 - 9:00 pm • Cost: \$30.00 • Surrey

In this workshop we will share the ways in which working primarily outdoors has challenged our beliefs and practices as Early Childhood Educators. Employing multiple languages, we will weave together discussions of philosophy and pedagogy; bees and berries; tears and belly laughs. This workshop will be valuable to anyone seeking new perspectives for working with children of all ages, whether indoors or out.

★Suitable for all early learning and child care professionals who work with preschool aged children

**Presenter:** *Kate Dawson & Emily Vera*

Emily spent much of her childhood years exploring the forest behind her rural house, creating elaborate stories of shipwrecked families, forest fairies and witches.

Kate spent her childhood catching frogs, digging for clay and building snow forts in the prairie grasslands of Saskatchewan.

Emily and Kate are the lead educators at Terra Nova Nature School in Richmond, BC.



## Parent workshop: Growing Hearts in Growing Children: Promoting Socio-Emotional Development in the Young Child

Tuesday, February 16 • 6:30 - 8:30 pm • Cost: \$10.00 • North Delta



Funded by the  
Delta Kids  
Committee.

Children are born already wired to mature, but much of how development actually unfolds depends on the type of world the child grows up in. As far as growing a child's heart, a child's capacity to relate socially to others, and a child's ability to develop emotional maturity, the conditions around the child must be ideal. It is the responsibility of all the big people in a child's world to ensure that such ideal conditions are indeed provided. As we know from years of research, these ideal conditions centre on children experiencing the right kind of nurturing care. It is in this way that socio-emotional development is championed in the young child. In this workshop we will delve deep into how our practices with children can allow for us to deliver this kind of care, and ultimately grow hearts in all of the children we work with.

★Suitable for parents

**Presenter:** Dr. Vanessa Lapointe

Dr. Lapointe is the author of *Discipline without Damage: How to get your kids to behave without messing them up!* As a registered psychologist who has been supporting families and children for over 15 years, Dr. Vanessa's passion is in walking alongside parents, teachers, care providers, educators, and other big people to really see the world through the child's eyes. Dr. Vanessa believes if we can do this, we are beautifully positioned to grow up children in the best possible way. A regularly invited educator and speaker, and a consultant to research projects and various organizations promoting emotional health and development, Dr. Vanessa seeks to champion children and their big people in giving kids the best chance. Dr. Vanessa is known for being a dynamic speaker who brings a sense of nurturing understanding and humanity to all of her workshops and presentations. As a mother to two growing children, Dr. Vanessa strives not only professionally, but also personally, to view the world through the child's eyes.



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## Programming on a Shoe String Budget

Saturday, February 20 • 10:00 am - 2:30 pm • Cost: \$40.00 • Surrey

Do you have zero to a few "bucks" to do programming? This workshop shows you how to dig deep into your own creativity (instead of your pockets), connect to free resources and to stretch a buck. Learn to be resourceful, incorporate thematic programming and where to find the deals. This is a workshop about learning and having fun without the funds to program for various types of clientele.

★Suitable for all early learning and child care professionals

**Presenter:** Jeff Willis C. Y.W. / Founder & Principal Consultant of Creative Toolbox

An energetic speaker, facilitator and workshop presenter who has spent over 24 years working with a number of municipalities, child care centres, schools, community programs, camps, and outdoor education centres across Canada. Through carefully crafted training workshops designed to be supportive, innovative, interactive and educational, Jeff provides an "out of the box style" training experience for attendees. Jeff specializes in developing collaborative and functioning staff teams who are working towards a stronger identity, team effectiveness and foundation. Jeff has specific expertise in working with child care staff interested in adding more play to their work and instruction.

There will be a 1/2  
hour lunch break;  
please bring a bag  
lunch.



### Maximize Brain Growth: Movement-Based Education for Preschoolers

Monday, February 22 • 6:30 - 9:30 pm • Cost: \$30.00 • Surrey

Please bring a yoga mat or blanket & dress in comfortable clothes

Development of young children occurs through the inter-relatedness of motor development, perception, cognition and social-emotional domains. Research indicates that early body-mind based education secures motor development which is vital for healthy brain wiring. Using movement-based intervention can also assist in addressing disabilities or delays. In this interactive workshop participants will discover ways to support brain growth in children through an understanding of:

- Neuro-motor movement patterns and their connection to successful learning.
- Key developmental milestones for brain and body.
- Simple and fun ways to create movement-based activities.

★Suitable for all early learning and child care professionals

**Presenter:** *Marcia Wakarchuk Jones*

Marcia is a Certified Movement Analyst, Developmental Movement Educator and founder of Inner Dancer - Creative Movement and Dance. She holds a professional certificate in Integrative Body Psychology and specializes in using movement to enhance early-childhood development. Using experiential teaching methods, her informative and interactive presentations focus on developmental movement patterns and how the infant brain is wired through movement, sensory stimulation and relationships.

### Anger and Eruptions: A Caregiver's Role in Understanding Anger & What to Do About It

Thursday, February 25 • 6:30 - 8:30 pm • Cost: \$30.00 • Surrey

Anger in children is one of those emotions that often takes us by surprise, and indeed provokes interesting responses out of us as caregivers. Where does anger come from? When is it a problem? What does anger have to do with brain development? This workshop will take on the task of helping caregivers understand the NEEDS of children when anger erupts. We will explore the emotional pathways that lead to angry explosions and we will seek to understand how to respond in ways that calm rather than agitate, helping facilitate growth for the developing brain.

★Suitable for all early learning and child care professionals

**Presenter:** *Dr. Rebecca Mitchell*

Rebecca has a Master's Degree in Developmental Psychology and is a Registered Clinical Counsellor. She approaches her work eclectically by incorporating aspects of her post-graduate training in the areas of Attachment, Developmental Trauma, Infant Mental Health and Play Therapy. She has been supporting kids and families for over 20 years and brings a strong sense of compassion to her work, helping the Big People understand and respond to children in ways that promote connected relationships, self-regulation and a positive sense of self. As a mother of two boys herself, Rebecca appreciates the joys and frustrations that come with the role of being that kind of a big person for a child.

### Transition Fun: Making Transitions Fun and Motivating in Early Childhood Environments

Monday, February 29 • 6:30 - 9:00 pm • Cost: \$30.00 • Surrey

Transitions in the daily routine can be challenging for some children and as early childhood educators we must think with intent about how to provide smooth, playful and necessary transitions for young children. This workshop will allow participants to explore how transitions can nurture children's curiosity, provide an opportunity for caregivers to connect with children and inspire caregivers to find different ways to help children adapt to the necessary changes in their day.

★Suitable for all early learning and child care professionals who work with preschool aged children

**Presenter:** *Andrea Dawson*

Andrea has worked with children and families for over 20 years in both inclusive and non-profit centres. Andrea worked as part of the Early Childhood Mental Health team with Vancouver Coastal Health and currently teaches at Langara College in the Early Childhood Education department.



### Multi-Age Curriculum: It's Possible

Thursday, March 3 • 6:30 - 8:30 pm • Cost: \$30.00 • Surrey

Many child care providers work with mixed-age groups that include children of many different ages. It can be difficult to plan a child care curriculum that is appropriate (and safe) for infants through school-age. Are you looking for new ideas? This workshop will help you plan a curriculum for a multi-age group that includes creativity and curiosity while supporting a child's imagination.

★Suitable for family child care providers and all who work in multi-age settings

**Presenter:** Vicki Lepper

Vicki has been providing licensed child care in Coquitlam since 1989. Vicki is a passionate child care advocate and was a board member for BC Family Child Care Association from 2011-2015. Vicki presents workshops, networks with child care providers and is also actively involved in her community. Vicki has been nominated for many awards and in 2012, she was the "Individual" recipient of "The Tri-Cities Award of Excellence for Working with Young Children" for her exceptional work for making the Tri-Cities a better place for families and children. Vicki strongly believes in quality child care by sharing her knowledge and experience with those who have chosen child care as their profession.



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### Emergency Child Care First Aid Course

Saturday, March 5 • 9:00 am - 5:30 pm • Cost: \$90.00 • Surrey

Please see page 4  
for more details.

This 8-hour course meets Child Care Licensing regulations and Red Cross standards. Includes obstructed airway procedures, breathing emergencies, CPR for babies, children and youth as well as basic first aid for common injuries. In addition, it has a section on child safety. Participants will receive a manual and a certificate valid for 3 years.

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### Needs and Boundaries - A Perspective Shift in Behaviour Guidance in Child Care, Including School Age Care

Saturday, March 5 • 10:00 am - 2:30 pm • Cost: \$40.00 • Surrey

A continual concern for educators and child-care professionals is an understanding of behaviour and providing relevant resources to shift behaviour towards desired social norms. Our research and in-field experiences have allowed us to develop systems that provide new insight into evaluating the motivations of behaviour. Using 'creative exploration' based games, case studies and psychological research, attendees will discuss concerns relevant to their professional practice. They will develop progressive resources in behaviour evaluation and tracking, as well as new skill sets in creating, adapting and applying emergent behaviour guidance programs that yield positive lasting learning experiences.

Objectives:

- Participants will gain a better understanding on what motivates children (and human) behaviour and how to transfer this knowledge into successful programming.
- To explore how to create pro-active strategies to understand and respond to difficult behaviour, facilitate positive environments and create program "buy-in".
- Participants will gain insights in tracking and documenting behaviour concerns.

★Suitable for early learning and child care professionals working with preschool and school age children

**Presenter:** Tyler Summers and Peter John Prinsloo

Tyler and PJ bring many years of experience as facilitators and in School Age Child Care. Tyler ECE, SACCC, has been working in School Age Care for 22 years. PJ has worked for a variety of child and youth education institutes for 15 years.

There will be a 1/2  
hour lunch break;  
please bring a bag  
lunch.

## Social Skills and the Hidden Curriculum

Thursday, March 10 • 6:30 - 8:30 pm • Cost: \$30.00 • Surrey

Many social skills are based on learning about the unwritten rules that occur in the home, at school and in the community. Children usually learn these rules quite quickly and with little effort. However, many of our children with developmental delays seem to have more difficulty learning about these 'hidden' rules and may commit social errors. Come and learn about these rules and how to help our children understand them.

★Suitable for all early learning and child care professionals

**Presenter:** Pam Collins

Pam is the very proud parent of two very different thinking young adult sons! She is also a Positive Behaviour Support Consultant/Parent Trainer for Reach Child and Youth Development Society. She is a recognized educational speaker for families and teaching staff of exceptional children. She is a co-founder of the Richmond Autism Interagency Committee – a group dedicated to increasing opportunities for people with autism to be accepted and celebrated in their communities.



## Helping Traumatized Children Learn: A Trauma Sensitive Approach to Teaching

Saturday, March 19 • 9:00 am - 3:30 pm • Cost: \$60.00 • Surrey

In this workshop participants discuss the impact trauma has on a child's ability to learn effectively; discuss some strategies to engage the learner and how to assist the child in maximizing their potential.

★Suitable for all early learning and child care professionals

**Presenter:** Lani Billon

Lani is of mixed Cree and Swiss ancestry from the Gordon Reserve north of Regina. She has been working in the child care field for 20 years with the majority of her career spent working with children with differing ability. For 10 years she supervised the first Aboriginal Supported Child Development program in BC at Seabird Island and has since gone on to complete her M.E.d in Curriculum and Instruction. She currently works at BC Aboriginal Child Care Society as an Aboriginal Child Care Advisor and lives in the lower mainland with her husband.

There will be a 1/2 hour lunch break; please bring a bag lunch.

## How to Create an Effective Parent Package

Thursday, March 31 • 6:30 - 8:30 pm • Cost: \$30.00 • Surrey

Do your policies and procedures reflect your child care philosophy? This workshop will focus on putting together all the required policies and procedures for an impressive parent package for your child care setting. This workshop is suitable for people planning to open a family child care, registered LNR and licensed family child care providers.

★Suitable for family child care providers and those who work in multi-age settings

**Presenters:** Lisa Legazpi, Nancy Murphy & Rosey Singh

Lisa, Nancy and Rosey are Outreach Consultants with Child Care Options Resource and Referral.

Please bring your existing parent package.



# Sneak peek at April...

## **Safe Spaces: Bullying Prevention for Preschool-Aged Children**

2 Saturdays, April 2 & 16 + 1 hour pre-reading • 9:00 am - 3:30 pm • Cost: \$150.00 (workbook included) • Surrey • *Registration deadline is March 14, 2016.*

The Safe Spaces program developed by Westcoast Child Care Resource Centre has been updated! Safe Spaces is an evidence based, developmentally appropriate, holistic and integrated approach to teaching young children 3-5 years of age, pro-social and emotional vocabulary as well as skills identified as essential in preventing bullying behaviours. It teaches young children the skills they need to resist and prevent bullying while nurturing their self-esteem and caring about others, establishing a bully free environment.

Requirements:

- Participants must have Early Childhood Education training to register
- Participants must read the pre-reading material that will be emailed prior to the first day of training.

★Suitable for all practicing early childhood educators working with 3-5 year old children

**Presenter:** Mary Peirce Biagi, ECE, M. Ed

There will be a 1/2 hour lunch break; please bring a bag lunch. Also bring a 2" binder for course materials.

Participants will receive a certificate for 13 hours of training (1 hour pre-reading plus 12 hours in-class training).



## **Stories from the Forest**

Monday, April 4 • 6:30 - 8:30 pm • Cost: \$30.00 • Surrey

Books often make us think about snuggling on the couch, but there are books that can take us far, far away from our homes, out into the forests and mud puddles of our imagination. Learn how to use outdoor storytelling techniques, nature stories, rhymes, and songs to bring nature into the classroom and encourage children to explore outdoors.

**Presenter:** Tricia Edgar

If you wish, please bring a nature song, story or storytelling technique.

## **20 Hour Responsible Adult in Child Care Settings Course**

8 weeks, Fridays, April 8, 15, 22, 29, May 6, 13, 20 & 27 • 10:00 am - 12:30 pm • Cost: \$180.00 • Surrey

This course meets the minimum requirements for 20 hours of training as a "Responsible Adult" as required by the Provincial Child Care Licensing Regulations. Course sessions include child development, guidance, health, safety, nutrition and program planning.

For those planning on opening a Family Child Care we offer the Good Beginnings Professional Development for Family Child Care Providers course (30 hours). This course will explore all areas of operating a Family Child Care business in your home. It will also guide you to create the policies and procedures necessary for the child care licensing process. You will meet others exploring family child care and be provided with resources and contacts specific to your family child care business.

**Facilitator:** Shelby Gordon

Please bring a 2" binder to the first class.

### Working with Gender Variant Children and LGBTQ Families

Monday, April 11 • 6:30 - 9:00 pm • Cost: \$30.00 • Surrey

Inclusive spaces help children and families thrive. We can help you create those spaces. This informative and interactive workshop provides concrete tools, language and foundational knowledge to support gender variant children of all ages and lesbian, gay, bisexual, trans and queer (LGBTQ) families. The topics covered are applicable to a wide range of ages, and scenarios will be tailored to cover LGBTQ inclusion issues that can affect service providers working with children and youth of all ages.

**Presenter:** *Joel Harnest*

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### Good Beginnings Professional Development for Family Child Care Providers (South Asian)

Mondays, April 11, 18, 25, May 2, 9 & 16 • 9:30 am - 3:00 pm • Cost: \$400.00 includes textbook • Surrey

This course addresses the essential elements required for operating a quality home-based child care. It covers everything from child development, guidance, health and safety, to managing the business.

★Suitable for anyone who would like to offer family child care in their home

**Presenters:** *Rosey Singh*

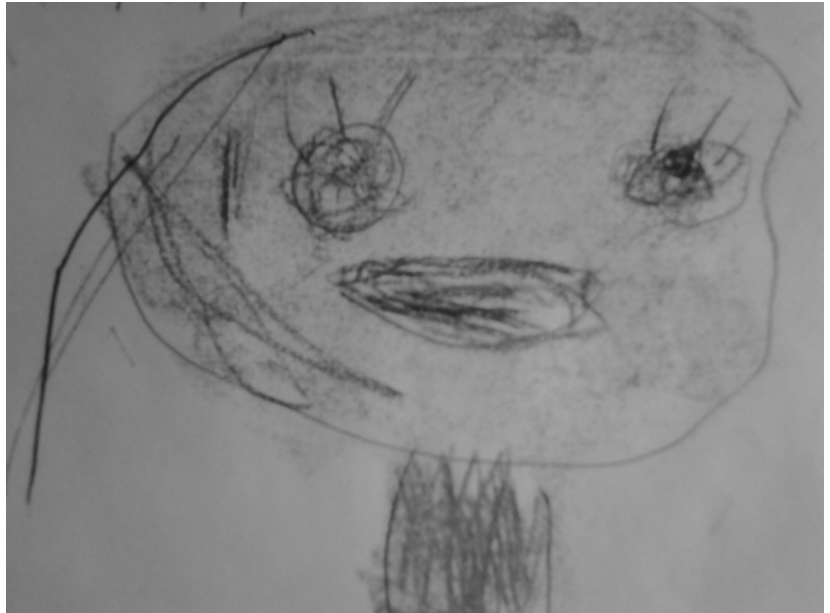
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Please bring a 2" binder to the first class.

### Teaching Children about Art Appreciation and Famous Artists

Thursday April 14 • 6:30 - 8:30 pm • Cost: \$30.00 • Surrey

Discussing works of fine art can be fun and meaningful for both educators and children. Works of fine art can be incorporated into a variety of lesson plans for toddlers to school age children. An important step to being able to discuss a work of art is to learn basic information about the artist and the work. You don't need to be an art historian. You just need to be able to answer simple questions to give your students the really important information about the work and then let their imaginations go wild. You will learn about different artists and then draw/paint/color in the same style. Some of the artists we talk about are Henri Rousseau, Georges Seurat, Monet, Michelangelo, Georgia O'Keeffe, Emily Carr and Jackson Pollock. You will also learn about art terminology such as tint and shade, warm and cool colors, and get to explore different mediums.



**Presenter:** *Melody Klassen*

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### What Exactly is This Twitter and How Can it Benefit Me?

Thursday, April 21 • 6:30 - 8:30 pm • Cost: \$30.00 • Surrey

While Twitter can let you know where the Kardashians were last seen, it's far more than that. Curious to learn more about the world of Twitter? Come join Karen Lirenman as she shares her story of using twitter professionally and with her students. Learn the "lingo" of twitter, the "dos and don'ts", and how it can be used to find up to date resources. We will set up twitter accounts, explore relevant hashtags, and explore relevant twitter accounts. Who knows maybe you'll send a tweet or two too!

**Presenter:** *Karen Lirenman*

Please bring your smart phone, tablet or laptop with a web browser.

# Contact Us



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## Office Hours

Monday	9:00 am - 8:00 pm
Tuesday	9:00 am - 12:00 pm
Wednesday	9:00 am - 4:00 pm
Thursday	9:00 am - 8:00 pm
Friday	9:00 am - 4:00 pm
Saturday	1st & 3rd of each month 9:00-3:00 pm excluding long week ends

## Library Hours

Monday	12:00 pm - 8:00 pm
Tuesday	9:00 am - 12:00 pm
Wednesday	Closed
Thursday	12:00 pm - 8:00 pm
Friday	9:00 am - 4:00 pm
Saturday	1st & 3rd of each month 9:00-3:00 pm excluding long week ends

## Office Closures

December 24	at noon to Christmas break
January 3, 2016	
January 15 & 16	Conference
February 8	Family Day
March 25	Good Friday
March 28	Easter Monday



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CHILDREN  
the **Heart** of the  
MATTER

There's still time to register for the Children the Heart of the Matter Conference coming up on January 15th & 16th, 2016.

The brochure can be found on our website at:  
[www.childcareoptions.ca](http://www.childcareoptions.ca)



Please share our training calendar with staff and colleagues