



PROFESSIONAL DEVELOPMENT CALENDAR

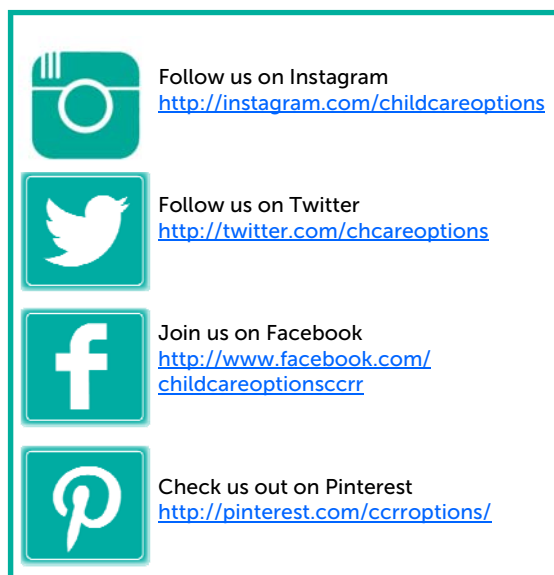
Spring/Summer 2016

Training topics included in this session:

- Bullying Prevention
- Hiring and Supervising Staff
- Music for Young Children
- Risk-Taking in Play
- Working with Gender Variant Children
- Emergency Preparedness
- How Twitter Can Benefit You
- And much more!

Registration Policies and Procedures

- ♦ To reserve a space, payment must be received at the time of registration for the workshop. Registrations will not be processed until payment has been received. Post-dated cheques will not be accepted.
- ♦ Methods of payment: Cheque, Visa and MasterCard are accepted. Payment by debit or cash is available for in-person registration.
- ♦ Registrations are accepted by telephone, by fax or by mail with payment.
- ♦ Mail your workshop selection and payment to:
Child Care Options Resource & Referral Program
#100-6846 King George Blvd. Surrey, BC V3W 4Z9
- ♦ **Workshop cancellations.** Requests for workshop cancellations MUST be received at least 48 hours prior to the scheduled workshop date. Cancellation requests received before the 48 hour deadline will receive a credit voucher to be used towards future workshops at Child Care Options. No refunds will be issued.
- ♦ **Course cancellations.** Requests for course cancellations MUST be received at least 72 hours prior to the scheduled course start date. Cancellation requests received before the 72 hour deadline will receive a cheque for the amount of the course minus a \$25.00 administration fee. Cancellation requests received less than 72 hours prior to the scheduled course start date will be issued a credit voucher for the amount of the course minus a \$25.00 administration fee. The credit voucher can be used towards future courses and workshops at Child care Options.
- ♦ **Not feeling well?** If you are registered for a workshop and you have flu-like symptoms such as a fever, cough, aches, and tiredness please do not attend the workshop and risk infecting other participants. If you cannot attend a workshop that you are registered for, we do not offer refunds but you can send a substitute in your place. Please call our office to inform of the substitution.
- ♦ If enrolment for any workshop is insufficient, Child Care Options may cancel or reschedule the class. In the case of cancellation, payment will be reimbursed or credited.



Workshop locations for Child Care Options training

Surrey

Child Care Options, Early Years Centre
#100-6846 King George Blvd, Surrey
Located directly behind the Pantry Restaurant.
Please do not park in spots reserved for our
neighbours.

Guildford

Guildford Library
15105-105th Avenue, Surrey
The library is across the street from the north Sears
entrance of the Guildford Town Centre. The work-
shop will be held in the meeting room accessed
through the Children's Library.

Ladner

Delta Manor
4750 57 Street, Ladner

Training Reminders

- ◆ When you receive your confirmation please verify it with your records.
- ◆ Please note your workshop dates on your personal calendar as Child Care Options **does not** phone participants to remind of workshops.
- ◆ When a workshop has two available dates, please ensure you attend the date and location you have registered for.
- ◆ Training certificates will be issued on the evening of your workshop. To receive a training certificate for the full length of the workshop, you must arrive on time, participate, and stay for the entire session.
- ◆ Late arrivals to a workshop will be admitted at the discretion of the presenter, however, late arrivals will not be admitted into first aid courses. You must arrive on time as the class begins right away and there is a large amount of material to cover.
- ◆ Replacement certificates will be issued for up to one year at a cost of \$10.00 per certificate.
- ◆ Replacement receipts will be issued for up to one year at a cost of \$10.00 per receipt.
- ◆ The Early Years Centre is a 'scent aware' building so please keep the use of colognes, perfumes and other scented personal care products to a minimum.
- ◆ We are unable to accommodate children during a workshop or course.

Project Nights

Bring your felt stories, big books, folder games or whatever project you're working on for your child care setting, or get started on something new while you're here!

We'll have the laminator, book binder, die-cuts, light box and big books to copy all set up for you to use.

Project nights are held from 5:30-7:30 pm on the following Thursday evenings:

April 21	May 19	June 16
July 21	August 18	September 15

Cost: This is a free event other than any laminating, copying, or supplies you may purchase while you're here.

Note: The laminator is also available on Saturdays when the office is open.



Safe Spaces: Bullying Prevention for Preschool-Aged Children

2 Saturdays, April 2 & 16 + 1 hour pre-reading • 9:00 am - 3:30 pm • Cost: \$150.00 (workbook included) • Surrey • **Registration deadline is March 14, 2016.**

The Safe Spaces program developed by Westcoast Child Care Resource Centre has been updated! Safe Spaces is an evidence based, developmentally appropriate, holistic and integrated approach to teaching young children 3-5 years of age, pro-social and emotional vocabulary as well as skills identified as essential in preventing bullying behaviours. It teaches young children the skills they need to resist and prevent bullying while nurturing their self-esteem and caring about others, establishing a bully free environment.

Requirements:

- Participants must have Early Childhood Education training to register
- Participants must read the pre-reading material that will be emailed prior to the first day of training.

★Suitable for all practicing early childhood educators working with 3-5 year old children

Presenter: Mary Peirce Biagi, ECE, M. Ed

Before working as an Outreach Consultant at Child Care Options from 2001 to 2013 Mary worked in group daycares, preschools, school age care, in infant/ toddler programs and taught ECE and Post Basic ECE in various local colleges. Early in 2014 Mary transferred to the newly opened Bridgeview Child Care Centre as Coordinator. In this position Mary embeds critical thinking opportunities with young children as they thoroughly investigate their world.

There will be a 1/2 hour lunch break; please bring a bag lunch. Also bring a 2" binder for course materials.

Participants will receive a certificate for 13 hours of training (1 hour pre-reading plus 12 hours in-class training).



Photo: Stomping in the Mud www.stompinginthemud.blogspot.com

Emergency Child Care First Aid Course

Saturday, April 2 • 9:00 am - 5:30 pm • Cost: \$90.00 • Surrey

This 8-hour course meets Child Care Licensing regulations and Red Cross standards. Includes obstructed airway procedures, breathing emergencies, CPR for babies, children and youth as well as basic first aid for common injuries. In addition, it has a section on child safety. Participants will receive a manual and a certificate valid for 3 years.

Instructor: Karen Clark

To register for the first aid course please contact Karen at Vital Link 604-644-4709. www.vital-link.ca

Stories From the Forest

Monday, April 4 • 6:30 - 8:30 pm • Cost: \$30.00 • Surrey

Books often make us think about snuggling on the couch, but there are books that can take us far, far away from our homes, out into the forests and mud puddles of our imagination. Learn how to use outdoor storytelling techniques, nature stories, rhymes, and songs to bring nature into the classroom and encourage children to explore outdoors.

★Suitable for all early learning and child care professionals

Presenter: Tricia Edgar

Tricia Edgar is the executive director of Fresh Air Learning, a forest and farm education program for preschool and elementary school children. She's also a writer and a collector of children's books. She loves singing and sharing stories and is always excited to share these loves with fellow educators.

If you wish please bring a nature song, story or storytelling technique to share.

FREE WORKSHOP!

Be Prepared: Emergency Preparedness Workshop

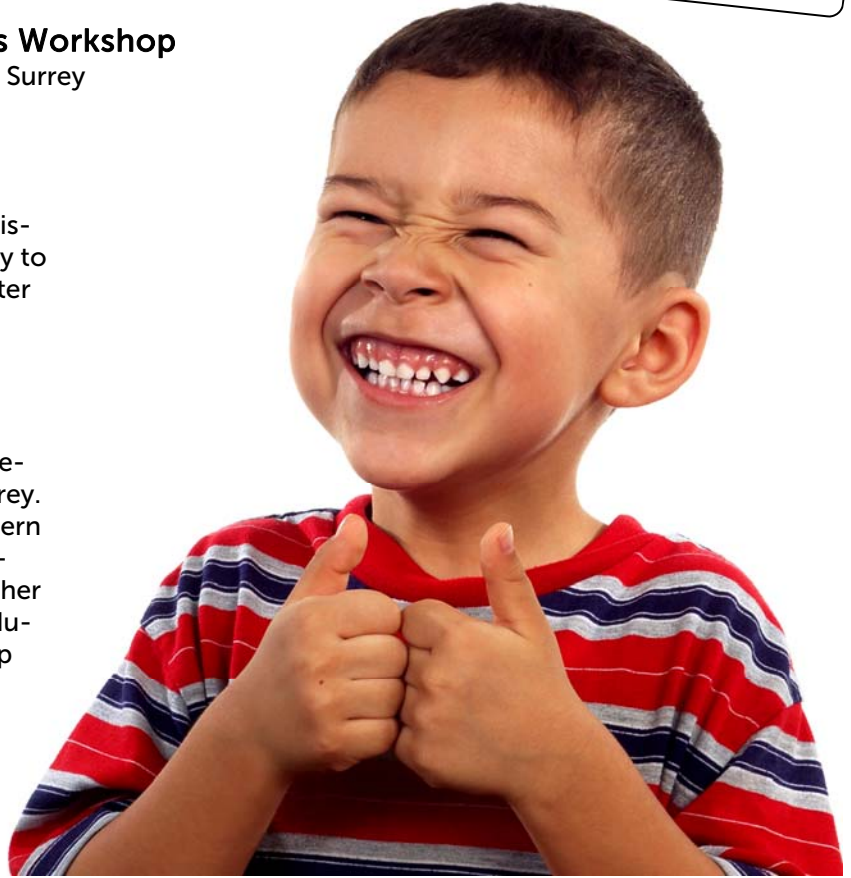
Thursday, April 7 • 6:30 - 8:00 pm • Cost: **FREE** • Surrey

The west coast is overdue for a high magnitude earthquake. Are you ready for "The Big One"? The Emergency Preparedness Program can help you identify the skills and resources useful in a disaster. Prepare yourself and your child care facility to be self-sufficient for at least 72 hours after disaster strikes.

★**Suitable for all early learning and child care professionals**

Presenter: *Kaylie Streibel*

Kaylie is an on-call firefighter and Emergency Preparedness Program facilitator for the City of Surrey. Passionate about education, Kaylie teaches Modern Languages and Learner Support at Lord Tweedsmuir High School in Cloverdale. She also enjoys her work mentoring teachers who are pursuing graduate work at SFU. In the summer she likes to camp with her family, cycle and travel.



20 Hour Responsible Adult in Child Care Settings Course

Fridays, 8 weeks, April 8, 15, 22, 29, May 6, 13, 20 & 27 • 10:00 am - 12:30 pm • Cost: \$180.00 includes workbook • Surrey

This course meets the requirements for 20 hours of training for "Responsible Adult" as stipulated by the Child Care Regulation to qualify for employment in family child care or school age child care settings.

Through interactive sessions, this course covers basic concepts about child development, child guidance, health, safety, nutrition and programming. Participants must be at least 19 years old to register, attend all sessions and pass all open book quizzes with a satisfactory mark in order to receive a certificate of completion.

For those planning on opening a family child care we offer the Good Beginnings Professional Development for Family Child Care Providers course (30 hours). This course will explore all areas of operating a family child care business in your home. It will also guide you to create the policies and procedures necessary for the child care licensing process. You will meet others exploring family child care and be provided with resources and contacts specific to your family child care business.

★**Suitable for anyone who wants to qualify as a Responsible Adult in a child care setting**

Facilitator: *Shelby Gordon*

Shelby has worked in the early childhood field for over fifteen years. She has worked in three to five, Infant and toddler group centres as well as a LNR home child care. Shelby has worked at Child Care Options for over five years and recently accepted a part time position with the United Way Avenues of Change.—Guildford West.

Please bring a 2" binder to the first class.

For more information or to register for this course please speak with Shelby or Pam 604-572-8032.

Working with Gender Variant Children and LGBTQ Families

Monday, April 11 • 6:30 - 9:00 pm • Cost: \$30.00 • Surrey

Inclusive spaces help children and families thrive. We can help you create those spaces. This informative and interactive workshop provides concrete tools, language and foundational knowledge to support gender variant children of all ages and lesbian, gay, bisexual, trans and queer (LGBTQ) families. The topics covered are applicable to a wide range of ages, and scenarios will be tailored to cover LGBTQ inclusion issues that can affect service providers working with children and youth of all ages.

★Suitable for all early learning and child care professionals

Presenter: *Joel Harnest*

Joel joined QMUNITY with 10 years of experience in outreach, group facilitation and adult education. He is passionate about building positive social change in communities historically underrepresented and underserved in media, politics and other institutions of power. He believes the best way to accomplish this is through the power of stories and creating space for folks from all walks of life to feel comfortable, confident and dignified in sharing their own story. In his role at QMUNITY, Joel is a skilled facilitator who will run over 50 workshops each year with service providers, health care practitioners, educators and business leaders, building their capacity to be queer and trans inclusive in their client services and customer relations.

Good Beginnings Professional Development for Family Child Care Providers (South Asian)

Mondays, April 11, 18, 25, May 2, 9 & 16 • 9:30 am - 3:00 pm • Cost: \$400.00 includes textbook • Surrey

This course addresses the essential elements required for operating a quality home-based child care. It covers everything from child development, guidance, health and safety, to managing the business.

★Suitable for anyone who would like to offer family child care in their home

Presenters: *Rosey Singh*

Rosey started her career in the child care field as the owner/operator of a successful licensed family child care. She started working with OSC in 1994 as an outreach consultant and was a pioneer in teaching the Good Beginnings course in Punjabi. She took a break to raise her family in Seattle, WA in 1999. Rosey resumed her career with Child Care Options in 2009 and since then has had an opportunity to work in various roles as a Good Beginnings facilitator, workshop presenter, child care subsidy support worker and she is currently an outreach consultant.

There will be a 1/2 hour lunch break; please bring a bag lunch. Please bring a 2" binder to the first class.

You will receive a certificate upon successful completion of the parent package.

Teaching Children about Art Appreciation and Famous Artists

Thursday, April 14 • 6:30 - 8:30 pm • Cost: \$30.00 • Surrey

Discussing works of fine art can be fun and meaningful for both educators and children. Works of fine art can be incorporated into a variety of lesson plans from toddlers to school age children. An important step to being able to discuss a work of art is to learn basic information about the artist and the work. You don't need to be an art historian. You just need to be able to answer simple questions to give your students the really important information about the work and then let their imaginations go wild. You will learn about different artists and then draw/paint/color in the same style. Some of the artists we talk about are Henri Rousseau, Georges Seurat, Monet, Michelangelo, Georgia O'Keeffe, Emily Carr and Jackson Pollock. You will also learn about art terminology such as tint and shade, warm and cool colors, and get to explore different mediums.

★Suitable for all early learning and child care professionals

Presenter: *Melody Klassen*

Melody has been working with children for over 16 years. Currently she works as a director of a large child care facility in Langley where she taught her art program for many years. Over the years Melody has worked with all age groups from infants to school age. Melody has her ECE as well as her Lower Elementary Montessori training and has studied art through various schools. Since a young age she has had a passion for fine art and famous artists. A joy of hers is to instill the same love for art in the children she teaches.



Great Circle Times - All New!

Monday, April 18 • 6:30 - 8:30 pm • Cost: \$30.00 • Surrey

Come join us for MORE great circle time ideas! In this interactive workshop, children's staff from Surrey Libraries will share even more secrets for creating fun, easy storytimes, including practical, hands-on activities caregivers can do with children birth to age 6. The workshop will focus on themes of hair, hats and mustaches, movement, beach and ocean, opposites, colors and more!

★Suitable for all early learning and child care professionals

Presenter: Susan Andrews & Yesenia Ricardo

Susan Andrews and Yesenia Ricardo are children's services staff members at the Guildford Branch of Surrey Libraries. They love to sing songs, share rhymes, and engage children of all ages with the silly and wonderful magic of storytelling.

Parent workshop: Growing Hearts in Growing Children: Promoting Socio-Emotional Development in the Young Child

Tuesday, April 19 • 6:30 - 8:30 pm • Cost: \$10.00 • Ladner

Children are born already wired to mature, but much of how development actually unfolds depends on the type of world the child grows up in. As far as growing a child's heart, a child's capacity to relate socially to others, and a child's ability to develop emotional maturity, the conditions around the child must be ideal. It is the responsibility of all the big people in a child's world to ensure that such ideal conditions are indeed provided. As we know from years of research, these ideal conditions centre on children experiencing the right kind of nurturing care. It is in this way that socio-emotional development is championed in the young child. In this workshop we will delve deep into how our practices with children can allow for us to deliver this kind of care, and ultimately grow hearts in all of the children we work with.

★Suitable for parents

Presenter: Dr. Vanessa Lapointe

Dr. Lapointe is the author of

Discipline without Damage: How to get your kids to behave without messing them up! As a registered psychologist who has been supporting families and children for over 15 years, Dr. Vanessa's passion is in walking alongside parents, teachers, care providers, educators, and other big people to really see the world through the child's eyes. Dr. Vanessa believes if we can do this, we are beautifully positioned to grow up children in the best possible way. A regularly invited educator and speaker, and a consultant to research projects and various organizations promoting emotional health and development, Dr. Vanessa seeks to champion children and their big people in giving kids the best chance. Dr. Vanessa is known for being a dynamic speaker who brings a sense of nurturing understanding and humanity to all of her workshops and presentations. As a mother to two growing children, Dr. Vanessa strives not only professionally, but also personally, to view the world through the child's eyes.

Funded by the
**Delta Kids
Committee.**



What Exactly is This Twitter and How Can it Benefit Me?

Thursday, April 21 • 6:30 - 8:30 pm • Cost: \$30.00 • Surrey

While Twitter can let you know where the Kardashians were last seen, it's far more than that. Curious to learn more about the world of Twitter? Come join Karen Lirenman as she shares her story of using twitter professionally and with her students. Learn the "lingo" of twitter, the "dos and don'ts", and how it can be used to find up to date resources. We will set up twitter accounts, explore relevant hashtags, and explore relevant twitter accounts. Who knows maybe you'll send a tweet or two too!

★Suitable for all early learning and child care professionals

Presenter: *Karen Lirenman*

Karen is an award-winning primary teacher who is transforming education by connecting her students with the world using Twitter, blogs, and video conferencing. Her students have choice in how to learn, show, and share their knowledge. In 2015 Karen's professional blog was named aTop Twelve Global Teacher's Blog by Huffington Post. Karen is an Apple Distinguished Educator and a Google Certified Teacher.



Please bring your smart phone, tablet or laptop with a web browser.

Emergency Child Care First Aid Course

Thursday, May 5 & 12 • 6:00 - 10:00 pm • Cost: \$90.00 • Surrey

This 8-hour course meets Child Care Licensing regulations and Red Cross standards. Includes obstructed airway procedures, breathing emergencies, CPR for babies, children and youth as well as basic first aid for common injuries. In addition, it has a section on child safety. Participants will receive a manual and a certificate valid for 3 years.

Instructor: *Karen Clark*

To register for the first aid course please contact Karen at Vital Link 604-644-4709. www.vital-link.ca

Rest-Play-Grow: Making Sense of Young Children

Saturday, May 7 • 10:00 am - 2:30 pm • Cost: \$40.00 • Surrey

No one is more likely to be misunderstood than the young child (aged 2 to 6). They are precocious, brazen, obsessive, endearing, hysterical, impulsive, anxious, delightful, unreflective, generous, unstable, aggressive, resistant, compulsive, and inconsistent but this is how they were meant to be. Based on developmental science, this presentation is for parents and professionals who want more than just strategies for handling problem behaviour and are interested in helping young kids thrive and flourish. It will provide answers to commonly misunderstood preschooler behaviour including resistance, frustration, aggression, attention issues, anxiety, attachment, the need for play, discipline, and impulsiveness. While this presentation is for adults who want to make sense of young children, it is really what kids wished adults understood about them so they could rest, play, and grow.

★Suitable for all early learning and child care professionals

Presenter: *Dr. Deborah MacNamara*

Dr. MacNamara is a counsellor with a private practice in Vancouver and is on faculty at the Neufeld Institute. She works with parents, educators, child-care and mental health professionals in making sense of kids from the inside out. She is the author of the soon to be released 'Rest, Play, Grow: Making Sense of Preschoolers (Or Anyone Who Acts Like One).

There will be a 1/2 hour lunch break; please bring a bag lunch.



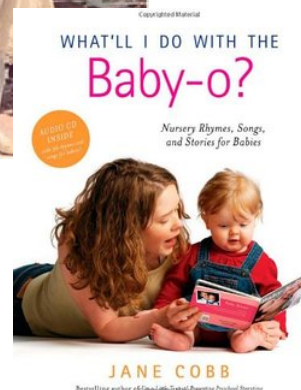
Storytelling for Young Children: Celebrate Spring with Stories and Rhymes
Monday, May 9 • 6:30 - 9:30 pm • Cost: \$30.00 • Surrey

Come and celebrate spring with easy stories you can tell to engage young listeners. There will be songs and rhymes, stories to read-aloud, stories to tell using a felt board, one to draw-and-tell, one to fold-and-tell, and lots to tell by heart (without props). Most will be traditional folk tales from around the world that children love to hear, and participation tales that children can join in on.

★Suitable for all early learning and child care professionals

Presenter: Jane Cobb

Jane is a children's librarian with 30 years experience working with children and their families. She has been Coordinator of Parent-Child Mother Goose Programs for Vancouver Public Library; a Trainer for the Parent-Child Mother Goose Program based in Toronto; an Instructor of Children's Services in the Library Technician Program at Langara College; and is now a freelance teacher, storyteller and consultant. Jane is the author of two popular resources for child care providers: *What'll I Do with the Baby-o* and *I'm a Little Teapot*.



Finding Nature in the City

Thursday, May 12 • 6:30 - 8:30 pm • Cost: \$30.00 • Surrey

This interactive session will give ideas and examples of how we get children from 2-12 years old connected to nature in any environment. Participants will receive Ivings' original compilation, "101 Concrete Ideas for Outdoor Play", ideas to inspire possibilities in all environments. Ivings encourages the group to participate in activities as well as contribute ideas and experiences of children and nature. Remember, "the world is our playground".

★Suitable for all early learning and child care professionals

Presenter: Jennifer Ivings

Jennifer 'grew up' outdoors. Her love for the outdoors led her to an Outdoor Recreation Leadership Diploma from Columbia Bible College and later a Certificate in ECE from Capilano University. Jennifer works for North Shore Child Care in Deep Cove running three programs: before and after school care, kinder care, and preschool. Her value of nature and love for children inspire outdoor focused programs for all ages.

Please wear clothing suitable to go outside



Mini Musicians: Musical Experiences for Young Children

Thursday, May 19 • 6:30 - 9:30 pm • Cost: \$30.00 • Surrey

This workshop will focus on the developmental sequence of introducing musical experiences to young children, based on the holistic way children learn. Music is the integration of movement and language, dancing, singing, listening, playing percussion instruments, creating, improvising and playing musical games in a social setting. As children become actively involved in creating music, they absorb musical elements such as rhythm, beat, tempo, dynamics and timbre, which lead to musical literacy. All facets of expressing, creating and performing music are integrated into each musical activity.

Feeling safe and comfortable in a musical setting can enhance a child's self-esteem. Through participating and exploring music in an appropriate sequence of experiences, children will develop a lifelong joy and appreciation of music.

★Suitable for all early learning and child care professionals

Presenter: *Kathy Cuthbert*

Music has been a part of Kathy's life as far back as she can remember - from early dance and piano lessons to a degree in Music Education from UBC. She has her ARCT from the Royal Conservatory of Toronto, and has taught piano lessons and music in several schools from Kindergarten to Grade 4 in the Delta School District. This included many concerts and even some musicals. For eleven years she taught at a Fine Arts Preschool where music, dance, drama and art were part of the daily curriculum. But the most amazing musical experiences she has ever had with children was the 15 years teaching "Mini Musicians", an Orff based music program for young children, both in her home studio and at several community centres in Richmond and Delta.

She has been an ECE Instructor at both Langley College and Delta/Richmond Continuing Education and taught the Art and Music: Creative Curriculum course for several years. She has presented music workshops for many preschools, daycares, community centres and school educators, ECE students and parents.



Yoga for Calming Anxiety in Children

Thursday, May 26 • 6:30 - 8:30 pm • Cost: \$30.00 • Surrey

Learn child-oriented and fun ways to share:

- Yoga positions to reduce tension, stress and anxiety
- Calming breathing techniques
- Relaxation, visualization and meditation

This workshop will include practice and information on the principles of these highly effective yoga techniques, and the various ways we can present them in fun, safe, play-based ways to the children in our care. Come ready to be the child and practice the techniques yourself!

★Suitable for all early learning and child care professionals

Presenter: *Jacqui Fownes*

Jacqui Fownes, ARAD, CYA-E-RYT500, is a Certified Yoga Teacher, with extensive study and certification by Sandra Sammartino, in Therapeutic Yoga by Leila Stuart of Centerpoint Yoga Therapy School, and in Kids Yoga by Rosalie Lazaar (2006), as well as study with several other teachers. Jacqui has over 24 years' teaching experience of adults and children, in both yoga and dance arts. She has taught countless ongoing group and private classes, in schools, as a volunteer for Yoga Outreach, as a teacher trainer, corporately, and as a presenter in numerous conferences and workshops. She is currently working in partnership with a Collaborative of the Ministries of Children and Family Development, Education and Health, to present Yoga For Calming Anxiety in Children through partnership with their Child and Youth Mental Health and Substance Abuse Local Action Teams. She is a passionate, experienced and intuitive teacher committed to helping children and families through yoga.

Please wear layered, comfortable clothing and bring a yoga mat and blanket.



Photo: Stomping in the Mud www.stompinginthemud.blogspot.com

Play and the Outdoors: What's New Under the Sun

Thursday, June 2 • 6:30 - 8:30 pm • Cost: \$30.00 • Surrey

Help children have a healthy relationship with the great outdoors. This workshop reminds us of the importance of outdoor play and how to take indoor activities and turn them into outdoor experiences. *Nurture with nature.*

★Suitable for all family child care providers

Presenter: *Nancy Murphy & Rosey Singh*
Nancy and Rosey are outreach consultants at Child Care Options.

There will be a 1/2 hour lunch break; please bring a bag lunch.

Risk-Taking in Play: It's Too Dangerous Not To!

Saturday, June 4 • 9:00 am - 3:30 pm • Cost: \$60.00 • Surrey

Drawing on the latest play-work research and practice from around the world, this interactive workshop will cover the role of physical and emotional risk-taking in child-directed free play. Participants will critically reflect upon the impact our risk-averse society has on these opportunities, including a self-assessment of personal comfort levels. Using risk-benefit assessments, participants will take practical steps to identify where and how children in their care can test their physical and emotional limits, while reducing the likelihood or severity of harm.

★Suitable for all early learning and child care professionals

Presenter: *Sophie Cooper*

Sophie is an education consultant and play-work trainer from the UK currently living in North Vancouver. Sophie started in the play-work profession over 20 years ago as a play ranger. She has been delivering professional workshops and training courses on child-directed free play for 15 years including the ground-breaking 'Play-work: Principles into Practice' or 'P3' course for Play Wales, and currently tutors on Pop-Up Adventure Play's on-line international Play-work Development Course. She holds a Forest School Level 1, an MA in Community Education and a Post-Graduate Diploma in Youth and Community Work. Sophie works to build capacity for rights-respecting, participatory and playful ways of working with children and youth.

Parent Education Evening: Help My Child is Not Rational - Figuring Out Your Preschooler

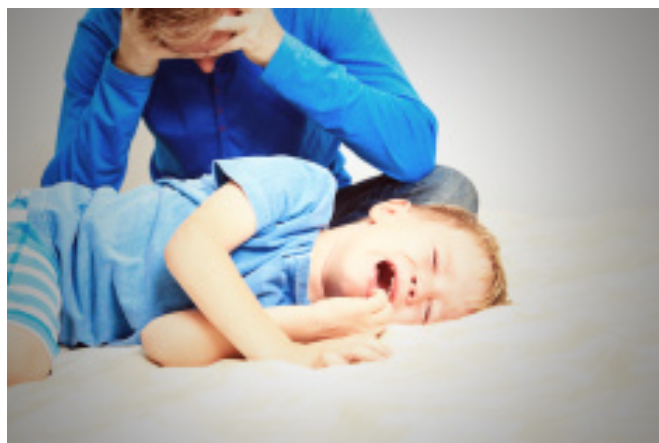
Monday, June 6 • 6:30 - 8:30 pm • Cost: \$20.00 (no certificate) • Surrey

The very important job of growing up children can be challenging at times. The preschool stage in particular can be full of wonder and mystery, leading to joy and at times huge frustration and confusion. This workshop will demystify the preschooler, leaving parents and caregivers better able to understand behavior and respond in ways that promote development and maturity. We will explore the science of connection and its role in the growing up of children who over time, are settled and rational.

★Suitable for parents and early learning and child care professionals

Presenter: *Rebecca Mitchell, MA, RCC*

Rebecca has a Master's Degree in Developmental Psychology and is a Registered Clinical Counsellor. She approaches her work eclectically by incorporating aspects of her post-graduate training in the areas of Attachment, Developmental Trauma, Infant Mental Health, and Play Therapy. She joins The Wishing Star team with over 20 years of experience in supporting kids and families in a variety of settings including community based agencies, child and youth mental health, and private practice. Rebecca brings a strong sense of compassion to her work helping big people understand and respond to children in ways that promote a strong relationship, self-regulation and a positive sense of self. As a mother of two boys herself, Rebecca appreciates both the joys and frustrations (!) that come with the role of being that kind of a big person for a child.



The Importance of Physical Literacy

Thursday, June 9 • 6:30 - 8:30 pm • Cost: \$30.00 • Surrey

This hands-on workshop will offer an opportunity to look at fundamental movement skills, how to collaborate and enhance creativity with the children and to why movement is so important for healthy child development.

★Suitable for all early learning and child care professionals

Presenter: Paula Milbradt

Paula has over 23 years experience working with children from ages 0 - 18. She is passionate about collaborating with and celebrating each child and person as a unique individual. Paula believes that it takes an engaged community to raise a child. Her passion is fostering self - esteem and belonging. Social emotional intelligence and play are most important to her. Past Instructor at Algonquin College in Ottawa Ontario, leader of various workshops at CHOM, Preschool promenade, Langley Catholic School Board and recently at the CCRR.



RBC
Learn to Play
Project

Funded by
RBC Learn to Play
Project

Please wear
comfortable
clothing and
running shoes
and bring a
water bottle.

Exploring Space Beyond the Child Care Environment

Mondays, 4 weeks, June 13, 20, 27, July 4 • 6:30 - 9:00 pm • Cost: \$85.00 • Surrey

Exploring and engaging with places beyond the child care centre allows children to become more aware of the world around them and to become visible participants in their communities. Participants in this course will have the opportunity to explore an environment; observing the special features of that environment using strategies children possess. Participants will have the opportunity to replicate this process with the children with whom they work. This course is inspired by the Reggio Emilia Wonder of Learning project entitled Dialogues with Places.

★Suitable for all early learning and child care professionals

Presenter: Roni Cahen and Bev Superle

Bev and Roni are early childhood instructors who have studied the schools of Reggio Emilia for many years. Their short courses on responsive curriculum and this course are efforts to help participants understand that Reggio inspired practice is doable in our contexts. The content of this course also reflects the vision of the BC Early Learning Framework.

Please wear
clothing suitable
for the weather.

Make & Take Felt Story: The Three Billy Goats Gruff

Thursday, June 16 • 6:30 - 8:30 pm • Cost: \$30.00 • Surrey

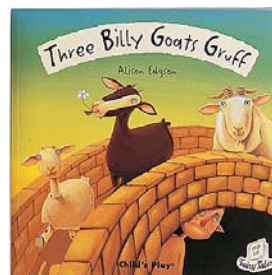
Join us to make a classic felt story that you'll share over and over again with children.

This classic story is a favorite with children, who will cheer on the three clever billy goats who outsmart a mean troll. With plenty of repetition, this adventure is perfect for reading aloud and for joining in, and a satisfying ending provides a reassuring touch.

★Suitable for all early learning and child care professionals

Presenter: Vesna Krcmar & Sandy Yip

Vesna and Sandy are experienced Early Childhood Educators and staff members of the Vancouver CCRR at West-coast Child Care Resource Centre. They bring a rich background in working with 0-5 year-old children in both family child care and group care settings in the past 16 years.



Please bring a pair
of sharp scissors
to cut felt and a
ziploc bag to
store your felt
pieces in.

Emergency Child Care First Aid Course

Mondays, July 11 & 18 • 6:00 - 10:00 pm • Cost: \$90.00 • Surrey

This 8-hour course meets Child Care Licensing regulations and Red Cross standards. Includes obstructed airway procedures, breathing emergencies, CPR for babies, children and youth as well as basic first aid for common injuries. In addition, it has a section on child safety. Participants will receive a manual and a certificate valid for 3 years.

Instructor: Karen Clark

Karen, as the owner and operator of The Vital Link, has been teaching Red Cross First Aid and CPR courses for over 20 years. She has taught locally, provincially, nationally and internationally. Karen's background and certification in ECE has made her very sought after in this field.

To register for the
first aid course
please contact
Karen at Vital Link
604-644-4709.
www.vital-link.ca

Great Circle Times - All New!

Thursday, July 14 • 6:30 - 8:30 pm • Cost: \$30.00 • Guildford

Come join us for MORE great circle time ideas! In this interactive workshop, children's staff from Surrey Libraries will share even more secrets for creating fun, easy storytimes, including practical, hands-on activities caregivers can do with children birth to age 6. The workshop will focus on themes of hair, hats and mustaches, movement, beach and ocean, opposites, colors and more!

This workshop was offered in April 2016.

★Suitable for all early learning and child care professionals

Presenter: Susan Andrews & Yesenia Ricardo

Susan Andrews and Yesenia Ricardo are children's services staff members at the Guildford Branch of Surrey Libraries. They love to sing songs, share rhymes, and engage children of all ages with the silly and wonderful magic of storytelling.



The How's and Why's of Hiring, Supervision and Resolving Staff Issues

Saturday, August 6 • 10:00 am - 2:30 pm • Cost: \$40.00 • Surrey

Our human resources are one of the keys to maintaining quality in child care. During this workshop we will look at practices and methods for finding, developing and keeping quality staff in our programs. This workshop is particularly useful for anyone who is involved in hiring and/or supervision of staff and the development of staff teams.

★Suitable for early learning and child care professionals who work in a group setting.

Presenter: Christine Hibbert

Christine is the Executive Director at Jericho Kids' Club and has worked as a teacher, early childhood educator and adult educator. She has been an administrator in the field of school age care for 17 years.

There will be a 1/2 hour lunch break; please bring a bag lunch.

Bringing Natural Elements into Your Learning Space

Thursday, August 18 • 6:30 - 8:30 pm • Cost: \$30.00 • Surrey

Changing our learning environments to provide children with wonderful, inspiring, natural learning spaces where we can foster connections to nature. In this workshop you will get to examine your current child care space and be encouraged to dream, plan and implement new ways of bringing beautiful things into your space. Come prepared with paper and pen. There will be a lot of hands-on learning examples and brainstorming together. You will walk away with new inspiration!

★Suitable for all early learning and child care professionals

Presenter: Alisha Inch

Alisha graduated with her ECE in 1997 and started working in day-care, out of school care and preschool. In 2000 she left Canada for eight years to work with children overseas. When she returned to Canada she opened her own preschool in the Surrey area.



Contact Us



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WEBSITE: www.childcareoptions.ca

Office Hours


Monday	9:00 am - 8:00 pm
Tuesday	9:00 am - 12:00 pm
Wednesday	9:00 am - 4:00 pm
Thursday	9:00 am - 8:00 pm
Friday	9:00 am - 4:00 pm
Saturday	1st & 3rd of each month 9:00-3:00 pm excluding long week ends

Library Hours


Monday	12:00 pm - 8:00 pm
Tuesday	9:00 am - 12:00 pm
Wednesday	Closed
Thursday	12:00 pm - 8:00 pm
Friday	9:00 am - 4:00 pm
Saturday	1st & 3rd of each month 9:00-3:00 pm excluding long week ends

Office Closures


March 25	Good Friday
March 28	Easter Monday
May 23	Victoria Day
July 1	Canada Day
August 1	BC Day
September 5	Labour Day




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Visit our website in the Fall for information about our 20th annual Children the Heart of the Matter Conference!

Visit: www.childcareoptions.ca

CHILDREN
the **Heart** of the
MATTER



Please share our training calendar with staff and colleagues