



## PROFESSIONAL DEVELOPMENT CALENDAR

**Fall 2014**

**Training topics included in this session:**

- Grant Writing
- Children and Nature
- Anaphylaxis
- Challenging Behaviours
- The Hurt Child
- Exploring with paint
- And much more!

# Registration Policies and Procedures

- ♦ To reserve a space, payment must be received at the time of registration for the workshop. Registrations will not be processed until payment has been received. Post-dated cheques will not be accepted.
- ♦ Methods of payment: Cheque, Visa and MasterCard are accepted. Payment by debit or cash is available for in-person registration.
- ♦ Registrations are accepted by telephone, by fax or by mail with payment.
- ♦ Mail your workshop selection and payment to:  
Child Care Options Resource & Referral Program  
#100-6846 King George Blvd. Surrey, BC V3W 4Z9
- ♦ **Workshop cancellations.** Requests for workshop cancellations MUST be received at least 48 hours prior to the scheduled workshop date. Cancellation requests received before the 48 hour deadline will receive a credit voucher to be used towards future workshops at Child Care Options. No refunds will be issued.
- ♦ **Course cancellations.** Requests for course cancellations MUST be received at least 72 hours prior to the scheduled course start date. Cancellation requests received before the 72 hour deadline will receive a cheque for the amount of the course minus a \$25.00 administration fee. Cancellation requests received less than 72 hours prior to the scheduled course start date will be issued a credit voucher for the amount of the course minus a \$25.00 administration fee. The credit voucher can be used towards future courses and workshops at Child care Options.
- ♦ **Not feeling well?** If you are registered for a workshop and you have flu-like symptoms such as a fever, cough, aches, and tiredness please do not attend the workshop and risk infecting other participants. If you cannot attend a workshop that you are registered for, we do not offer refunds but you can send a substitute in your place. Please call our office to inform of the substitution.
- ♦ If enrolment for any workshop is insufficient, Child Care Options may cancel or reschedule the class. In the case of cancellation, payment will be reimbursed or credited.

## Workshop locations for Child Care Options training

### Surrey

Child Care Options, Early Years Centre  
#100-6846 King George Blvd, Surrey  
Located directly behind the Pantry Restaurant.  
Please do not park in spots reserved for our  
neighbours.

### Tsawwassen

The Coast Tsawwassen Inn  
1665 56th Street, Delta  
Parking is available at the back of the building  
as well as underground.



Read our blog  
<http://childcareoptions.tumblr.com>



Follow us on Twitter  
<http://twitter.com/chcareoptions>



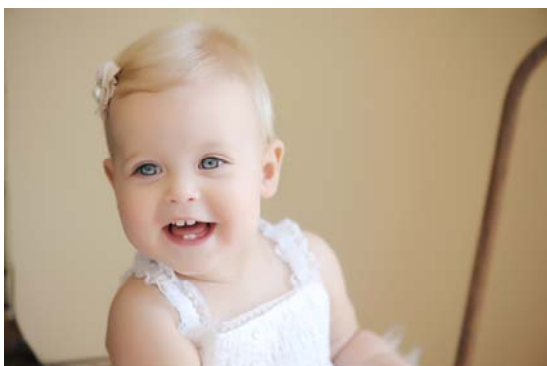
Join us on Facebook  
<http://www.facebook.com/childcareoptionsccrr>



Check us out on Pinterest  
<http://pinterest.com/ccroptions/>

# Training Reminders

- ◆ When you receive your confirmation please verify it with your records.
- ◆ Please note your workshop dates on your personal calendar as Child Care Options **does not** phone participants to remind of workshops.
- ◆ When a workshop has two available dates, please ensure you attend the date and location you have registered for.
- ◆ Training certificates will be issued on the evening of your workshop. To receive a training certificate for the full length of the workshop, you must arrive on time, participate, and stay for the entire session.
- ◆ Late arrivals to a workshop will be admitted at the discretion of the presenter, however, late arrivals will not be admitted into the FoodSafe or First Aid courses. You must arrive on time as the class begins right away and there is a large amount of material to cover.
- ◆ Replacement certificates will be issued for up to one year at a cost of \$10.00 per certificate.
- ◆ Replacement receipts will be issued for up to one year at a cost of \$10.00 per receipt.
- ◆ The Early Years Centre is a 'scent aware' building so please keep the use of colognes, perfumes and other scented personal care products to a minimum.
- ◆ We are unable to accommodate children during a workshop or course.



## Project Nights

Bring your felt stories, big books, folder games or whatever project you're working on for your child care setting, or get started on something new while you're here!

We'll have the laminator, book binder, die-cuts and big books to copy all set up for you to use and we'll be glad to share some patterns and ideas as well.

Project nights are held from 5:30-7:30 pm on the following Thursday evenings:

September 18  
November 20

October 16  
December 18

Cost: This is a free event other than any laminating, copying, or supplies you may purchase while you're here.

Invite them to join you at a workshop! Parents and adult family members are welcome to register and attend any of our workshops.

Please ensure you read the workshop/course cancellation policies and the registration policies on page two.

In our efforts to reduce paper consumption and be environmentally friendly we are emailing our training calendars. If you would like to continue to receive our training calendar please call our subsidy/referral staff to update your file with your email address.

### Grant Writing Tips for Child Care Centres

Thursday, September 11 • 6:30 - 8:30 pm • Cost: \$30.00 • Surrey

Have you ever written a grant proposal before? Not sure where to start? The recently announced grant funding from the Ministry of Children and Family Development for the creation of new licensed child care spaces is offering an opportunity. However, applying for a grant can be a daunting task the first time. To be successful the grant proposal must effectively communicate your future program. Get helpful tips and techniques from experienced grant writer Karen Norman.

★Suitable for all early learning and child care professionals

**Presenter:** *Karen Norman*

Karen has been involved in early childhood, child care and social services program development and delivery since 1968, including 2 years as the owner/operator of a child care centre, 14 years as a family child care provider and a total of 10 years as a director of child care programs, including Shaughnessy Day Care in Vancouver, Y's Choice Emergency Child Care in New Westminster, and the Kolumbia Inn Child Care Centre at Royal Columbian Hospital. From 1990 to 1998 Karen managed both the Delta and Surrey Child Care Resource and Referral Programs. For the past 14 years, Karen has been a Deputy Executive Director at Options Community Services.

Karen has helped to establish local and provincial child care organizations and served as Chairperson for several years with two provincial child care organizations. She currently serves as a Board Member of Westcoast Child Care Resource Centre. Karen has been an adult educator since 1985 and co-developed the GOOD BEGINNINGS Family Child Care Training Program and video series which is delivered provincewide. During her career, Karen has written numerous successful funding and program development proposals.

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### Emergency Child Care First Aid Course

Thursdays, September 11 & 18 • 6:00 - 10:00 pm • Cost: \$90.00 • Surrey

For full write up please see page 11. To register please contact Karen Clark at Vital Link 604-644-4709.

**Instructor:** *Karen Clark*



### Great Circle Times: Rain, Monsters, Colours, Snakes, Bedtime and More!

Monday, September 15 • 6:30 - 8:30 pm • Cost: \$30.00 • Surrey

Come join us for MORE great circle time ideas! In this interactive workshop, children's staff from Surrey Libraries will share even more secrets for creating fun, easy storytimes, including practical, hands-on activities caregivers can do with children birth to age 6. The workshop will focus on themes of rain, monsters, colours, snakes & worms, bedtime, and more!

★Suitable for all early learning and child care professionals

**Presenters:** *Susan Andrews and Amy Ashmore*

Susan and Amy are children's services staff members at the Guildford Branch of Surrey Libraries. They love to sing songs, share rhymes, and engage children of all ages with the silly and wonderful magic of storytelling.

Back by popular  
demand!  
This workshop  
was held in  
January 2014



## **Good Beginnings Professional Development for Family Child Care Providers (Punjabi, Hindi & Urdu)**

Fridays, September 19, 26, October 3, 10, 17, 24, 31, November 7, 14 & 21 • 9:30 am - 12:30 pm • Cost: \$400.00 includes textbook • Surrey

Enhanced for people whose first language is Punjabi, Hindi and Urdu. This course addresses the essential elements required for operating a quality home-based child care. It covers everything from child development, guidance, health and safety, to managing the business.

★Suitable for anyone who would like to offer family child care in their home

**Presenters:** *Angela Garcha and Rosey Singh*

Angela has been with Options Community Services since the year 2000 when she started as a volunteer working on the Crisis Line. In 2002, she received her Early Childhood Education Certification at Kwantlen College and went on to work in child care and preschool programs. She enjoys working with children and helped pioneer the Punjabi Mother Goose program in both Surrey and Delta. She is enjoying her role as Facilitator of the Good Beginnings Program and is looking forward to more teaching opportunities in the future. Angela is currently an outreach consultant at Child Care Options.

Rosey started her career in the child care field as the owner/operator of a successful licensed family child care. She started working with OSC in 1994 as an outreach consultant and was a pioneer in teaching the Good Beginnings course in Punjabi. She took a break to raise her family in Seattle, WA in 1999. Rosey resumed her career with Child Care Options in 2009 and since then has had an opportunity to work in various roles as a Good Beginnings facilitator, workshop presenter, child care subsidy support worker and she is currently an outreach consultant.

## **Positive Behaviour Management for School Age Children**

Saturday, September 20 • 10:00 am - 2:30 pm • Cost: \$40.00 • Surrey

This workshop is designed for both front-line staff and managers and will explore positive behaviour management from the point of view of both environment and relationship building. Participants should be prepared to discuss issues that are relevant in their setting, both with children, or in the case of managers, staff team issues.

**There will be a 1/2 hour lunch break; please bring a bag lunch.**

★Suitable for all early learning and child care professionals who work with school aged children

**Presenter:** *Kimberly Barwich & Mackenzie Dean*

Kimberly has been working with children in the social services field for the past 25 years. She has experience both in casual drop-in settings as well as in the development and implementation of licensed school age programs. She believes in creating environments that are developed for the comfort of the children rather than the adults that are supervising them.

Mackenzie has a Masters in Child and Youth Care from University of Victoria and teaches at Douglas College. As the Director of Quality Assurance at the Burnaby Neighbourhood House, Mackenzie is responsible for ensuring that the programs are of the highest quality. She believes that good work with children is dependent on the development of positive relationships with adults.

## **Deep in the Forest: Cultivating Connections Between Children and Natural Places**

Monday, September 22 • 6:30 - 8:30 pm • Cost: \$30.00 • Surrey

*"Nature is not a place to visit. It is home."* Poet Gary Snyder

How can we move beyond the excitement of the field trip into a deep, regular connection with outdoor spaces? In a hurried society, one of the most important gifts that forest school gives to children is the time and space to play freely outdoors, returning to the same place again and again until the children develop a deep relationship to that place.

**Please bring a small plant pot or teacup**

Tending gardens, building forts, and telling stories: in this workshop, you'll practice some of the many ways to cultivate deep connections between children and their local places.

★Suitable for all early learning and child care professionals

**Presenter:** *Tricia Edgar*

Tricia is the president of Fresh Air Learning, an outdoor program for preschool and elementary-aged children that runs in North Vancouver and Vancouver. In almost 20 years as an outdoor educator, she's watched children get excited about natural places and has also enjoyed seeing them engage in quiet enjoyment of their surroundings. Squishing in muddy puddles is her favourite way to connect with nature.

## ABC's of Anaphylaxis

Thursday, September 25 • 6:30 - 8:30 pm • Cost: \$30.00 • Surrey

Anaphylaxis is a serious allergic reaction that can be life threatening. Food is the most common cause of anaphylaxis, but insect stings, medicine, latex, or exercise can also cause a reaction.

Living with Anaphylaxis is like a hidden disability and yet its dangers affect every minute of the lives of those living with it. It is difficult at times knowing how to cope with these daily challenges and our only safeguard against tragedy is knowledge and sharing information.

This presentation is intended to provide an overview of anaphylaxis, including symptoms, common causes, management and avoidance strategies and the recommended emergency response

★Suitable for all early learning and child care professionals

**Presenters:** *Sharlene Wedel and Shelby Gordon*

Sharlene is the Program Manager for Child Care Options Resource and Referral Program. She has been advocating for children with food allergies and anaphylaxis since her son was diagnosed at the age of three with a life threatening peanut allergy.

Shelby has worked in the early childhood field for fifteen years. She has worked in three to five, Infant and toddler group centers as well as a LNR home child care. Shelby has worked at Child Care Options for five years in the library and recently accepted a full-time position as reception and store coordinator.

## Through the Child's Eyes: Worry and Wonder

Saturday, September 27 • Cost: \$25.00 includes breakfast • Tsawwassen • Doors open 8:30 am • Breakfast 9:00 am • workshop 9:30 am - 12:30 pm



The prevalence of anxiety in our children has perhaps never been more prominent than it is currently.

What has happened that our children are so full of worry? And what shifts need to occur for us as adults to be able to turn worry about the uncontrollable into wonder about the possibilities? As parents, teachers, and other 'big people' become increasingly concerned about their children and the functional daily impact of anxiety, our efforts can turn almost frantic as we try to glean helpful, supportive information from the unmanageable amounts available online and elsewhere. Too often this results in 'quick fix' approaches to 'solving' anxiety, rather than inviting a gentle, contemplative approach that is informed by the science of child development. This workshop will focus on making sense of the world of anxiety for children as they experience it. We will discuss the roots of anxiety and use our understanding of such to inform knowledgeable responses and supports for the children we are growing up who might be struggling with too much worry. The goal will be to provide participants with a developmentally sensitive approach to understanding worry and transforming it into wonder.

Funded by the  
Delta ECD  
Committee. This  
training event is  
for child care  
providers living  
or working in the  
community of  
Delta.

**Presenter:** *Rebecca Mitchell*

Rebecca has a Master's Degree in Developmental Psychology and is a Registered Clinical Counsellor. She approaches her work eclectically by incorporating aspects of her post-graduate training in the areas of Attachment, Developmental Trauma, Infant Mental Health, and Play Therapy. She joins The Wishing Star team with over 19 years of experience in supporting kids and families in a variety of settings including community based agencies, child and youth mental health, and private practice. Rebecca cherishes the opportunity to work together with both parents and children in addressing challenges related to anxiety, behavior, early trauma and mood difficulties, maintaining a focus of enhancing and strengthening parent-child relationships. Rebecca brings a strong sense of compassion to her work helping big people understand and respond to children in ways that promote a strong relationship, self-regulation and a positive sense of self. As a mother of two boys herself, Rebecca appreciates both the joys and frustrations (!) that come with the role of being that kind of a big person for a child.

## Save the date and share with all your families! The Lost Art of Play: Helping Children Grow Up



In partnership with the Delta Early Childhood Development committee we are pleased to announce that we will be hosting a parent evening with Dr. Deborah MacNamara on Tuesday, October 28.

Watch our website for location and more details!

[www.childcareoptions.ca](http://www.childcareoptions.ca)

## **The Heart of Growing up Children: What is essential, what can go wrong, and how do we make it right?**

4 week course, Thursday evenings October 2, 9, 16 & 23 • 6:30 - 9:30 pm • Cost: \$85.00 • Surrey

This 4-part series will address key concepts from the science of child development to help adults navigate the wonderfully complex journey of raising a child. Course content will be suitable for any "big person" who has an important role in the life of a child – parent, caregiver, educator, grandparent, early interventionist, etc. The course will begin with a thorough look at what is essential for healthy child development, including key concepts with respect to brain growth, as well as the role of the attachment relationship between big people and little people. We will focus on ways to best cultivate relationship and foster brain growth, and discuss challenging "bumps" in the developmental journey, including oppositionality, aggression, anxiety, and "the alpha child." We will also explore how children grow up - what nature's role is in that, and what the role of the "big people" is. Included will be a focus on how big people are needed to cultivate conditions in the child's world so that the process of development can unfold naturally and so that children can be appropriately protected from the negative impact of different things that might throw their development off course. An understanding of behavioural challenges as well as approaches to discipline will be addressed as related to the various topics being discussed throughout the course.

★Suitable for parents and all early learning and child care professionals

**Presenter:** *Dr. Vanessa Lapointe*

Dr. Lapointe is a registered psychologist who has been supporting families and children for 15 years. She presently works in private practice and has previous experience in a variety of settings, including the British Columbia Ministry of Children and Family Development and the school system.

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## **Beyond Primary Colours: Painting with Different Medium**

Monday, October 6 • 6:30 - 8:30 pm • Cost: \$30.00 • Surrey

Painting is a rich medium to draw out creativity and problem-solving. We will explore various types of paint and paper as well as ways to explore paint as one of the 100 languages to express curiosity, theories and understandings,

★Suitable for all early learning and child care professionals

**Presenter:** *Elaine Beltran-Sellitti*

Elaine is an Early Childhood Educator, registered primary teacher and is currently completing a Masters of Arts in the Education Department of Simon Fraser University. Her area of research is long-term investigations in child care centres and the role of the teacher in negotiating curriculum with children. Elaine coordinates the Burnaby School District Early Childhood Education program and instructs ECE art courses as well as ECE practicums.

## **Teaching the Hurt Child: Preschool Implications for Understanding and Responding to Difficult Behaviours**

Saturday, October 4 • 9:00 am - 3:00 pm • Cost: \$50.00 • Surrey

This workshop focuses on the relationship between Trauma, Attachment and Learning. New research demonstrates the significant impact trauma and attachment have on classroom behaviour, socialization and learning. This workshop was designed by a therapist specializing in early childhood trauma and attachment and a special education teacher with expertise in working with the most difficult of school based behaviors. The combination of these two areas of specialization has led to a dynamic and practical workshop. You will leave with a new understanding and new vision for educating your most challenging students.

★Suitable for all early learning and child care professionals

**Presenter:** *Meagan VanDierman* MA, RCC

Consultant, Educator and Therapist, Meagan holds a Masters Degree in Counselling Psychology. Meagan is dedicated to the area of anxiety and trauma with a focus on parent child relationships. She is effectively able to work with parents to find a greater understanding of their child's experience, to make sense of difficult behaviors and implement strategies that reduce anxiety. Meagan also has a passion for teaching caregivers how to understand and meet the needs of young children so that they are able to develop to their fullest potential.

There will be a 1/2 hour lunch break; please bring a bag lunch.





## Hey, My Brain Doesn't Work That Way! Understanding Brain Differences and Sensory Processing, Supporting Self Regulation and Stress Management

Saturday, October 18 • 9:00 am - 3:00 pm • Cost: \$50.00 • Surrey

In this full day session with Occupational Therapist, Marc Landry, we'll be covering:

- Science and your body - How toxins and medicines are damaging our species
- Review brain function and brain differences
- How to make learning friendlier to all or "Teaching to the Brain"
- Understand more of the senses
- Learn more about sensory processing, how it changes from person to person, and how it affects how we feel and how we act
- How to identify and meet a child's sensory needs based on neurological threshold continuum
- Understand the human stress response system and its impact on learning, behaviour, function
- Teaching Self Regulation (the Alert Program) and how this differs from "emotional regulation"
- Using sensory and motor input to manage levels of arousal - Sensory Diet
- Practical suggestions to help kids calm down
- Incorporating Collaborative Problem Solving & Heavy Work
- Using Sensory Strategies to face and manage stress

This talk demonstrates that what we see as "behaviour" is actually telling us how the brain is working and how to better support development.

★Suitable for all early learning and child care professionals

**Presenter:** *Marc Landry*

Marc has worked as an occupational therapist for over 27 years. He has a private practice in and around Vancouver, where he provides OT services, workshops, and consultation. He most recently worked for Vancouver Coastal Health providing Occupational Therapy for children in Vancouver schools. He trained and worked in Connecticut for 13 years before relocating to Vancouver. Marc has always worked with children, in a variety of settings including public schools, preschools, families' homes, daycares, and institutions. Much of this experience was with children with autism and sensory processing disorders. He has also worked to educate OT's, parents, caregivers, and other professionals. He has one grown son and a 3 year old grandson who also live in Vancouver.



Back by popular demand! This workshop was offered earlier this year and sold out!

There will be a 1/2 hour lunch break; please bring a bag lunch.

## ABC's of Anaphylaxis in Punjabi

Monday, October 20 • 6:30 - 8:30 pm • Cost: \$30.00 • Surrey

Anaphylaxis is a serious allergic reaction that can be life threatening. Food is the most common cause of anaphylaxis, but insect stings, medicine, latex, or exercise can also cause a reaction.

Living with Anaphylaxis is like a hidden disability and yet its dangers affect every minute of the lives of those living with it. It is difficult at times knowing how to cope with these daily challenges and our only safeguard against tragedy is knowledge and sharing information.

This presentation is intended to provide an overview of anaphylaxis, including symptoms, common causes, management and avoidance strategies and the recommended emergency response.

★Suitable for all early learning and child care professionals

**Presenter:** *Rosey Singh*

Rosey started her career in the child care field as the owner/operator of a successful licensed family child care. She started working with OCS in 1994 as an outreach consultant and was a pioneer in teaching the Good Beginnings course in Punjabi. She took a break to raise her family in Seattle, WA in 1999. Rosey resumed her career with Child Care Options in 2009 and since then has had an opportunity to work in various roles as a Good Beginnings facilitator, workshop presenter, child care subsidy support worker and she is currently an outreach consultant.



## Using Visual Information to Promote Successful Participation

Monday, October 27 • 6:30 - 9:00 pm • Cost: \$30.00 • Surrey

In this workshop we will explore the many ways that visual information can guide children in their interactions with peers, materials and environments. We will look at how visual strategies assist in supporting positive behaviours and successful participation in child care programs.

★Suitable for all early learning and child care professionals

**Presenter:** *Judi McCormick*

Judi has recently retired from the Vancouver School Board as a Special Education teacher. Previously Judi worked in child care settings and as a consultant supporting children with extra support needs.



## Tips and Tricks to Planning a Successful Day

Thursday, October 30 • 6:30 - 8:30 pm • Cost: \$30.00 • Surrey

In this workshop we will reflect on the impact of planning a successful day in your child care centre. We will look at transitions in programs and develop strategies that meet the individual needs of children. We will look at ways of creating a positive social environment through collaborative planning with a focus on children's rights.

★Suitable for all early learning and child care professionals

**Presenter:** *Kim Pender*

Kim has been working in the child care field for over 27 years. She has worked with infants, toddlers, special needs children and teenagers who are pregnant and/or parenting. She holds an ECE Diploma and is currently a program manager in a child care centre in Vancouver.

## How Imagination Can Inform Inclusion

Saturday, November 1 • 10:00 am - 2:30 pm • Cost: \$40.00 • Surrey

Inclusion is a difficult concept and an even more difficult reality. Early childhood educators and elementary teachers do struggle with "applying," "adapting," "designing" inclusion in their classrooms. Sometime, this struggle comes from the feelings of helplessness, loneliness, and lack of self-confidence. These feelings are fueled by the lack of time, lack of resources, and mostly... stress. What if they would let go of stress? What if inclusion could morph from a struggle into a fun, imaginative, and relaxed reality? What if educators and teachers could be given the opportunity to see the beauty of inclusion without all the clouding and interfering shadows?

This workshop will walk the participants through a multitude of practical and theoretical aspects of inclusion that will try to shift some of the usual misconceptions and fears around this complex aspect of the ECCE everyday-pedagogy. It also will focus on autism, as one of the most common realities in North America. Here are some questions we will try to answer in a practical and "loud" way:

- How can we develop an inclusive curriculum for children with ASD (Autism Spectrum Disorders) by considering their individual strengths and challenges?
- How can imaginative cognitive tools assist teachers and Special Education Assistants (EA's) to support the ongoing planning, organizing, and implementing of IEP's (Individual Education Plans) in an inclusive environment?

We will analyze IEP's in the context of inclusive classrooms and discuss how imaginative education can be implemented to support students with autism.

★Suitable for all early learning and child care professionals

**Presenter:** *Annabella Cant*

Annabella is an ECCE instructor at Capilano University's School of Education and Childhood Studies, Associate Director of IERG - SFU, and graduate sessional instructor at Simon Fraser University. Most recent publication: Wonder-full Education – The centrality of wonder to science, mathematics, humanities, and arts teaching (as editor and writer) Routledge and the T& F Group (July, 2013). She has held over 200 professional development workshops and trainings for ECCE teachers both in Europe and Canada. Annabella Cant has worked directly with young children in her own pre-schools/kindergartens in Europe (1999-2010).

There will be a 1/2 hour lunch break; please bring a bag lunch.

## 20 Hour Responsible Adult in Child Care Settings Course

Monday & Thursday evenings, 4 weeks, November 3, 6, 10, 13, 17, 20, 24 & 27 • 6:30 - 9:00 pm • Cost: \$180.00 • Surrey

According to provincial child care licensing regulations, you must have completed at least 20 hours of course work in child development, guidance, health and safety, and nutrition to qualify for employment in family child care or school age child care settings as a "responsible adult." This course includes an overview of child development from birth to 12 years of age, child guidance, health and safety, nutrition and basic programming. NOTE: In order for you to receive your certificate at the end of the course, you must attend every session, hand in all assignments and quizzes and score at least 70% on each quiz.

★Suitable for anyone who wants to qualify as a Responsible Adult in a child care setting

**Facilitator: Daljit Sahota**

Daljit has been working with Options Community Services for over six years. Previously, she worked with school aged children through the South Burnaby Neighbourhood House. She is passionate about working in the community service sector, with children and families and most recently her focus has been the early years.

Please bring a 2" binder to the first class.

For more information or to register for this course please speak with Daljit or Pam  
604-572-8032.

## Guiding Children to Problem Solve Together

Monday evenings, 4 weeks, November 10, 17, 24 and December 1 • 6:30 - 9:00 pm • Cost: \$85.00 • Surrey

Are you looking for a way to live with children without using scolding, time out, lectures and punishment? Do you wonder what to do when children fight over a toy, throw sand at each other or say hurtful things? This four session course will guide you to use the problem solving approach which enables children to live and work responsibly together.

★Suitable for all early learning and child care professionals who work with preschoolers and school age children

**Presenter: Bev Superle**

Bev is an early childhood educator. She is an instructor in the Burnaby School district ECCE program, facilitates professional development courses for early childhood educators and mentors early childhood educators on their learning journey toward developing responsive, co-constructed curriculum.

Note from the presenter:  
Participants need to understand that they will engage in a process which they will be expected to use with the children with whom they work.

## Challenging Behaviours? What are They Trying to Tell Us?

Thursday, November 13 • 6:30 - 9:00 pm • Cost: \$30.00 • Surrey

Does it seem you are always reacting to a child's behaviour and nothing seems to work? In this workshop Pam will share ways of looking to see what the behaviour is telling us - and how we can help our students get their needs met in a more appropriate way. Using a Positive Behaviour Approach and pro-active strategies we can help students express themselves in a pro-social way.

★Suitable for all early learning and child care professionals

**Presenter: Pamela Collins**

Pam is the very proud parent of two very different thinking sons! She is also a Positive Behaviour Support Consultant/ Parent Trainer for Reach Child and Youth Development Society. She is a recognized educational speaker for families and teaching staff of exceptional children. She is a co-founder of the Richmond Autism Interagency Committee - a group dedicated to increasing opportunities for people with autism to be accepted and celebrated in their community.





## **Making Sense of Bullying: How to Protect our Children**

Saturday, November 15 • 10:00 am - 2:30 pm • Cost: \$40.00 • Surrey

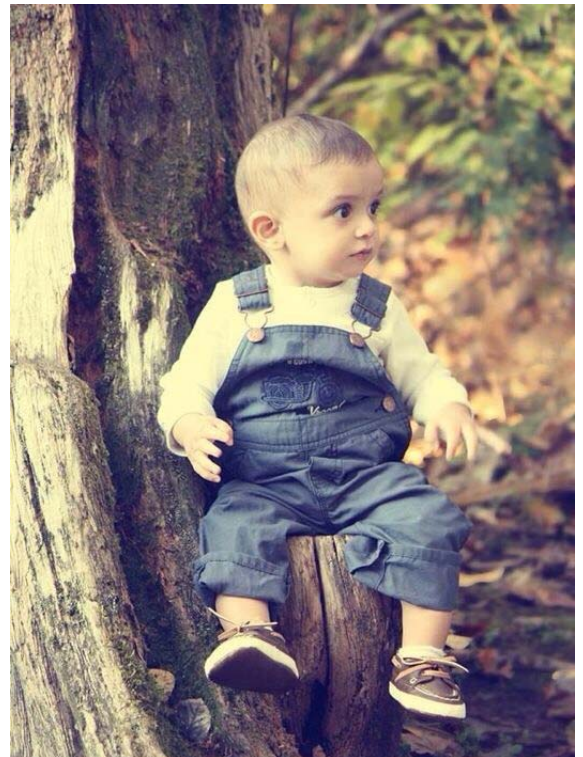
Most approaches to bullying assume the behaviour is either learned or due to a lack of social skills. The bully syndrome is not well understood and has deep and instinctive roots. Every act of frustration and aggression from a child does not stem from the bully syndrome and this distinction is important if we are to protect our children. Today's common approaches to bullying can unknowingly exacerbate instead of remedying, further victimizing the injured. We cannot effectively address a problem we do not understand and there is much we can do as parents to protect and help our children.

★Suitable for all early learning and child care professionals

**Presenter:** *Dr. Deborah MacNamara*

Dr. MacNamara is a counsellor with a private practice in Vancouver and is on faculty at the Neufeld Institute. She works with parents, educators, child-care and mental health professionals in making sense of kids from the inside out. Deborah also provides individual counselling for adolescents who are facing transition issues into adulthood. Deborah has over 20 years experience as a counsellor and teacher working in educational and community mental health settings. She writes for a number of newsletters, parenting magazines, blogs, and is currently

There will be a 1/2 hour lunch break; please bring a bag lunch.



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## **Diversity in Child Care Settings (School-age)**

Saturday, December 6 • 10:00 am - 2:30 pm • Cost: \$40.00 • Surrey

Do you work in a diverse child care setting? Are both your staff and clients from diverse backgrounds? This workshop will explore themes of diversity and inclusion and give you tips for more effective work with children, families and staff teams. Bring your questions and we will work together to problem solve issues that are arising in your centre.

★Suitable for all administrators and early learning and child care professionals who work with school age children

**Presenters:** *Kimberly Barwich & Mackenzie Dean*

Kimberly and Mackenzie work for Burnaby Neighbourhood House in one of the lower mainland's most diverse communities. Through their work with families and with a very diverse staff team, they have gained an understanding of what brings people together and how to build more welcoming and inclusive environments. Kimberly has worked in social services for the past 25 years and Mackenzie, in addition to her work at the Neighbourhood House, also teaches in the Child and Youth Care department at Douglas College.

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## **Emergency Child Care First Aid Course**

Monday, December 8 & Thursday, December 11 • 6:00 - 10:00 pm • Cost: \$90.00 • Surrey

This 8-hour course meets Child Care Licensing regulations and Red Cross standards. Includes obstructed airway procedures, breathing emergencies, CPR for babies, children and youth as well as basic first aid for common injuries. In addition, it has a section on child safety. Participants will receive a manual and a certificate valid for 3 years.

**Instructor:** *Karen Clark*

Karen, as the owner and operator of The Vital Link, has been teaching Red Cross First Aid and CPR courses for over 20 years. She has taught locally, provincially, nationally and internationally. Karen's background and certification in ECE has made her very sought after in this field.

To register for the first aid course please contact Karen at Vital Link 604-644-4709. [www.vital-link.ca](http://www.vital-link.ca)

Please arrive 10 minutes early to complete the registration. Late arrivals will not be admitted into the class.



# Contact Us



PHONE: 604-572-8032  
FAX: 604-572-8185

EMAIL: [childcareoptions@options.bc.ca](mailto:childcareoptions@options.bc.ca)  
WEBSITE: [www.childcareoptions.ca](http://www.childcareoptions.ca)

## Office Hours

Monday	12:00 pm - 8:00 pm
Tuesday	9:00 am - 12:00 pm
Wednesday	9:00 am - 4:00 pm
Thursday	12:00 pm - 8:00 pm
Friday	9:00 am - 4:00 pm
Saturday	1st & 3rd of each month 9:00 -3:00 pm excluding long weekends

## Office Closures

September 1	Labour Day
October 13	Thanksgiving Day
November 11	Remembrance Day
December 24-Jan 1	Holiday break
Reopening on January 2	

Library closed Wednesdays



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Please share our training calendar with staff and colleagues